

**The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.**

**Check in closes 9.30 a.m. (400m/1500m)**

**10.00 a.m.**

Girls & Boys	18	400m Heats
Girls & Boys	19	400m Heats

**10.50 a.m.**

Girls & Boys	16	1500m
Girls & Boys	17	1500m
Girls & Boys	18	1500m
Girls & Boys	19	1500m

**400m/1500m FINALS WILL BE HELD AT HEAT TIME IF HEATS ARE NOT REQUIRED**

**Check in closes 10.30 p.m. (Walks)**

**11.45 a.m.**

Boys	16	1500m Walk
Boys	17	1500m Walk
Boys	18	1500m Walk
Boys	19	1500m Walk
Boys	14	1000m Walk
Boys	15	1000m Walk

**NOTE: THERE WILL BE A 20 MINUTE BREAK ON THE TRACK AFTER THE BOYS WALK**

Girls	14	1000m Walk
Girls	15	1000m Walk
Girls	16	1500m Walk
Girls	17	1500m Walk
Girls	18	1500m Walk
Girls	19	1500m Walk

**2.00 p.m. Finals 400m**

**Check in closes 1.30 p.m. (60m)**

**2.30 p.m.**

Girls & Boys	12	60m	Heats
Girls & Boys	13	60m	Heats
Girls & Boys	14	60m	Heats
Girls & Boys	15	60m	Heats
Girls & Boys	16	60m	Heats
Girls & Boys	17	60m	Heats
Girls & Boys	18	60m	Heats
Girls & Boys	19	60m	Heats

**FINALS 1500m, 60M SPRINTS**

**Check in Closes 9.30 a.m. first field events**

**Long Jump**

10.00 a.m.	Girls	(Pit 1)	12
11.30 a.m.	Boys	(Pit 1)	13
1.00 p.m.	Girls	(Pit 1)	14
2.15 p.m.	Girls	(Pit 1)	19
3:00 p.m.	Girls	(Pit 1)	18
4:00 p.m.	Girls	(Pit 1)	17

**Pole Vault (warm up at 10:00/12:30)**

11.00 a.m.	Boys	15-16
1:30 p.m.	Boys	17-19

**Shot Putt**

10.00 a.m.	Boys	13 (2k)
11.00 a.m.	Girls	15 (3k)
12.00 p.m.	Girls	13 (2k)
1.00 p.m.	Girls	16 (3k)
2.00 p.m.	Boys	15 (3k)

**High Jump**

10.00 a.m.	Girls	13	(Mat 1)
	Girls	18+19	(Mat 2)
11.30 a.m.	Girls	14	(Mat 1)
	Girls	16	(Mat 2)
1.00 p.m.	Girls	17	(Mat 1)
	Boys	14	(Mat 2)
3.00 p.m.	Girls	12	(Mat 1)
4.30 p.m.	Girls	15	(Mat 1)

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**Check in closes 9.15 a.m (200m)**

**10.00 a.m**

Girls & Boys	16	200m heats
Girls & Boys	17	200m heats
Girls & Boys	18	200m heats
Girls & Boys	19	200m heats

**Check in closes 10.00 a.m (600m/800m)**

**11.15 p.m.**

Girls & Boys	12	600m
Girls & Boys	13	600m
Girls & Boys	14	800m
Girls & Boys	15	800m
Girls & Boys	16	800m
Girls & Boys	17	800m
Girls & Boys	18	800m
Girls & Boys	19	800m

**200m/600m/800m FINALS WILL BE HELD AT HEAT TIME IF HEATS ARE NOT REQUIRED**

**NOTE: THERE WILL BE A 20 MINUTE BREAK ON THE TRACK AFTER THE 800m HEATS**

**1.45 p.m.**

200m Finals

**Check in closes 1.15 (Hurdles)**

**2.15 p.m.**

Girls	13	60m Hur	2'3"	Heats
Boys	13	60m Hur	2'3"	Heats
Girls	14	60m Hur	2'3"	Heats
Boys	14	60m Hur	2'6"	Heats
Girls	15	60m Hur	2'6"	Heats
Girls	16	60m Hur	2'6"	Heats
Boys	15	60m Hur	2'9"	Heats
Boys	16	60m Hur	2'9"	Heats
Girls	17	60m Hur	2'6"	Heats
Girls	18	60m Hur	2'6"	Heats
Girls	19	60m Hur	2'9"	Heats
Boys	17	60m Hur	3'0"	Heats
Boys	18	60m Hur	3'0"	Heats
Boys	19	60m Hur	3'3"	Heats

**FINALS 600m, 800m, HURDLES**

**Check in Closes 9.30 a.m. first field event**

**Long Jump**

10.00 a.m.	Boys	(Pit 1)	12
11.30 p.m.	Girls	(Pit 1)	13
1.00 p.m.	Boys	(Pit 1)	14
3.00 p.m.	Boys	(Pit 1)	18
4:00 p.m.	Boys	(Pit 1)	19

**Pole Vault (warm up at 10:00/12:30)**

11.00 a.m.	Girls 15-16
1:30 p.m.	Girls 17-19

**Shot Putt**

10.00	Girls	12	(2k)
11.00	Boys	14	(2.72k)
12.00	Boys	16	(4k)
1.00	Girls	14	(2k)
2.00	Boys	12	(2k)

**High Jump**

10.00 a.m.	Boys	16	(Mat 1)
	Boys	15	(Mat 2)
11.30 a.m.	Boys	12	(Mat 1)
	Boys	13	(Mat 2)
1.00 p.m.	Boys	17	(Mat 1)
	Boys 18 + 19		(Mat 2)

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**Check in opens 9.00 a.m.**

**Inter-Club Relays**

**10.30 a.m.**

Girls	13	4 x 200m	FINALS (Heat Declared Winners)
Boys	13	4 x 200m	FINALS (Heat Declared Winners)
Girls	15	4 x 200m	Heats
Boys	15	4 x 200m	Heats
Girls	17	4 x 200m	Heats
Boys	17	4 x 200m	Heats
Girls	19	4 x 200m	Heats
Boys	19	4 x 200m	Heats

**FINALS OF ABOVE**

**Check in closes 12.30 p.m.**

**1.30 p.m.**

Girls	12	4 x 200m	FINALS (Heat Declared Winners)
Boys	12	4 x 200m	FINALS (Heat Declared Winners)
Girls	14	4 x 200m	Heats
Boys	14	4 x 200m	Heats
Girls	16	4 x 200m	Heats
Boys	16	4 x 200m	Heats
Girls	18	4 x 200m	Heats
Boys	18	4 x 200m	Heats

**FINALS OF ABOVE**

**Field Events**

<b>10:00 AM</b>	Shot Putt	U17 Boys (5k)
<b>10:45 AM</b>	Shot Putt	U19 Girls (4k)
<b>11:30 PM</b>	Shot Putt	U18 Boys (5k)
<b>12:45 PM</b>	Shot Putt	U18 Girls (3k)
<b>1:30 PM</b>	Shot Putt	U19 Boys (6k)
<b>2:15 PM</b>	Shot Putt	U17 Girls (3k)

<b>10:00 AM</b>	Triple Jump	U18 Girls
<b>11:00 AM</b>	Triple Jump	U18 Boys
<b>12:00 AM</b>	Triple Jump	U19 Girls
<b>13:00 PM</b>	Triple Jump	U19 Boys

<b>10:00 AM</b>	Long Jump	U16 Girls (Pit 1)
<b>11:15 AM</b>	Long Jump	U16 Boys (Pit 1)
<b>12:30 PM</b>	Long Jump	U15 Girls (Pit 1)
<b>2:30 PM</b>	Long Jump	U17 Boys (Pit 1)
<b>2:30 PM</b>	Long Jump	U15 Boys (Pit 2)