



## Athletics Leinster Outdoor Championship Best Performance 1985 to 2019

Boys U12	Boys U13	<u>Boys U14</u>
Boys U15	Boys U16	Boys U17
Boys U18	Boys U19	
Junior Men	U23 Men	Senior Men
MasterMen O35	MasterMen O40	MasterMen O45
MasterMen O50	MasterMen O55	MasterMen O60
MasterMen O65	MasterMen O70	MasterMen O75
MasterMen O80	MasterMen O85	

Girls U12	Girls U13	Girls U14
Girls U15	Girls U16	Girls U17
Girls U18	Girls U19	
Junior Women	U23 Women	Senior Women
MasterWomen O35	MasterWomen O40	MasterWomen O45
MasterWomen O50	MasterWomen O55	MasterWomen O60
MasterWomen O65	MasterWomen O70	MasterWomen O75

### KEY

Guest Championship Best Performances

2019 Championship Best Performances

Leinster Events Not Held



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Age Category	Event	Athlete	Club	CBP:	Year
U12Boys	60m Hurdles	Declan Osagie	Edenderry A.C.	10.32	2017
	60m Sprint	Toriq Adegoke	St. L O'Toole	8.24	2012
	600m	Conor Liston	Mullingar Harriers A.C.	1.42.78	2018
	4X100m Relay		Ballyskenach A.C	55.30	2001
	High Jump	Terence O'Neill	Kilcoole A.C.	1.43	2002
	Long Jump	Michael Carroll	D.M.P A.C.	4.65	2011
	Shot Put	Jonathan Cummins	Ardee & District A.C.	10.33	2012
	Turbo Javelin	Aaron Fennell	Boyne	36.05	2017

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Age Category	Event	Athlete	Club	CBP:	Year
U12Girls	60m Hurdles	Mollie Scott	St. L O'Toole	10.02	2011
	60m Sprint	Francesca Reville	Wexford	8.06	2001
	600m	Corrine Kenny	St. L O'Toole	1.42.59	2013
	4X100m Relay		Dundalk St. Gerard A.C.	56.54	2018
	High Jump	Tara O'Connor	Dundalk St. Gerard A.C.	1.36	2018
	Long Jump	Aideen Kane	St. Killians A.C	4.43	2009
	Shot Put	Aoibhin McMahon	Blackrock A.C. (Louth)	9.75	2014
	Turbo Javelin	Enya Silkena	Dundalk St. Gerard A.C.	28.16	2018

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Age Category	Event	Athlete	Club	CBP:	Year
U13Boys	60m Hurdles	Luke Morris	Newbridge A.C.	9.64	2011
	80m Sprint	Eoin Hannon	Ballyskenach	10.06	2001
	600m	Shane Fitzsimons	Mullingar Harriers A.C.	1.37.34	2007
	4X100m Relay		Menapians A.C.	53.72	2011
	High Jump	Cian McBride	Bohermeen	1.54	2013
	Javelin	Karlis Kaugars	Dunleer A.C.	42.36	2017
	Long Jump	David McDonald	Menapians A.C.	5.11	2011
	Shot Put	Rory Nolan	Shillelagh A.C.	12.45	1997

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Age Category	Event	Athlete	Club	CBP:	Year
U13Girls	60m Hurdles	Ruby Reynolds	Menapians A.C.	9.54	2018
	80m Sprint	Patience Jumba Gula	Dundalk St. Gerard A.C.	10.16	2013
	600m	Corrine Kenny	St. L O'Toole	1.36.82	2014
	4X100m Relay		Crookstown Millview A.C.	53.70	2019
	High Jump	Ciara Deely	Kilkenny City Harriers A.C	1.50	2012
	Javelin	Aoibhinn McMahon	Blackrock	30.84	2015
	Long Jump	Lauren Gleeson	Kilkenny City Harriers A.C	4.75	2011
	Shot Put	Katie Murphy	St. Peters A.C.	11.38	2013

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Age Category	Event	Athlete	Club	CBP:	Year
U14Boys	75m Hurdles	Evan Farrelly	Tullamore Harriers A.C.	11.58	2018
	80m Sprint	Matthew Buckley	Ratoath A.C.	9.72	2015
	200m Sprint	Matthew Buckley	Ratoath A.C.	24.25	2015
	300m Sprint	tommaso HICKEY	United Striders A.C.	43.93	2019
	800m	Shane Fitzsimons	Mullingar Harriers A.C.	2.12.59	2008
	1500m	Shane Fitzsimons	Mullingar Harriers A.C.	4.26.98	2008
	2000m Walk	Cormac Byrne	Bree A.C.	11.00.56	2009
	4x100 Relay		St. Josephs A.C.	52.24	2014
	Discus	John Joe Kelly	Brow Rangers A.C.	37.26	2010
	Hammer	Tadhg O'Muircheartaigh	Dunboyne A.C.	44.96	2016
	High Jump	Mark Rogers	St. Peter's A.C.	1.60	2009
	Javelin	Karlis Kuagars	Dunleer A.C.	44.65	2018
	Long Jump	David McDonald	Menapians A.C.	5.62	2012
	Shot put	Karlis Kuagars	Dunleer A.C.	14.74	2018
	Triple Jump	Adam Brennan	Dom Savio	10.55	1994

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Age Category	Event	Athlete	Club	CBP:	Year
U14Girls	75m Hurdles	Sive O'Toole	St. L. O'Toole A.C.	11.58	2014
	80m Sprint	Patience Jumba-Gula	Dundalk St. Gerard's A.C.	10.31	2014
	200m Sprint	Patience Jumba-Gula	Dundalk St. Gerard's A.C.	26.14	2014
	300m Sprint	Kate GORMLEY	Dunboyne A.C.	44.09	2019
	800m	Erinn LEAVY	Dunleer A.C.	2.15.74	2019
	1500m	Erinn LEAVY	Dunleer A.C.	4.51.01	2019
	2000m Walk	Emily MacHugh	Naas A.C.	10.27.86	2015
4X100m Relay		Kilkenny City Harriers A.C.	53.12	2018	



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Discus	Therese Kelly	Brow Rangers A.C.	29.97	2014
Hammer	Kathlyn Furlong	D.M.P A.C.	37.32	2012
High Jump	Ciara Deely	Kilkenny City Harriers A.C.	1.55	2013
Javelin	Aoibhinn McMahon	Blackrock A.C.(Louth)	33.83	2016
Long Jump	Lauren Gleeson	Kilkenny City Harriers A.C.	5.11	2012
Shot put	Aoibhinn McMahon	Blackrock A.C.(Louth)	14.33	2016
Triple Jump	Katie BALDWIN	St. Abbans A.C.	8.79	2019

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Age Category	Event	Athlete	Club	CBP:	Year
U15Boys	80m Hurdles	Paul Murphy	Kilmore A.C.	12.0H	1999
	250m Hurdles	Brandon Sinnott	Bree A.C.	35.56	2014
	100m Sprint	Mathew Buckley	Ratoath A.C	11.64	2016
	200m Sprint	David McDonald	Menapians A.C.	23.76	2013
	300m Sprint	Eoin KANE	Ratoath A.C.	40.02	2019
	800m	Shane Fitzsimons	Mullingar Harriers A.C.	2.01.29	2009
	1500m	Shane Fitzsimons	Mullingar Harriers A.C.	4.13.44	2009
	2000m Walk	Oisin Lane	Mullingar Harriers A.C.	10.09.50	2016
	4x100 Relay		St. L. O'Toole A.C.	48.33	2014
	Discus	Karlis KAUGARS	Dunleer A.C.	44.73	2019
	Hammer	Robert Higgins	Na Fianna A.C.	55.15	2016
	High Jump	Philip Denver	Newbridge A.C.	1.76	1984
	Javelin	Tadhg O'Muircheartaigh	Dunboyne A.C.	53.17	2017
	Long Jump	David McDonald	Menapians A.C.	6.07	2013
	Pole Vault	Adam Nolan	St. L. O'Toole A.C.	2.90	2018
	Shot Put	Karlis KAUGARS	Dunleer A.C.	15.48	2019
	Triple Jump	Scott Browne	North Laois A.C.	11.92	1989

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Age Category	Event	Athlete	Club	CBP:	Year
U15Girls	80m Hurdles	Shannon Sheedy	Cushinstown A.C.	12.05	2013
	250m Hurdles	Ciara Kearns	Celbridge A.C.	36.5H	1998
	100m Sprint	Nicola Meenan	Newbridge A.C.	11.6H	1989
	200m Sprint	Nicola Meenan	Newbridge A.C.	25.0H	1987
	300m Sprint	Aisling STRATFORD	Ratoath A.C.	45.83	2019
	800m	Fiona Dillon	Thomastown A.C.	2.16.88	2018
	1500m	Fiona Dillon	Thomastown A.C.	4.45.29	2018
	2000m Walk	Sinead O'Connor	Celbridge A.C.	10.26.00	2011
	4x100 Relay		St. L. O'Toole A.C.	51.20	2016
Discus	Rachel Kelly	Kilkenny City Harriers A.C.	37.41	2015	



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Hammer	Kathlyn Furlong	D.M.P A.C.	47.32	2013
High Jump	Ciara Deely	Kilkenny City Harriers A.C.	1.63	2014
Javelin	Aoibhinn McMahon	Blackrock A.C.(Louth)	40.73	2017
Long Jump	Gina Akpe-Moses	Blackrock A.C.(Louth)	5.31	2013
Pole Vault	Eadaoin Murtagh	Kildare A.C.	2.30	2017
Shot put	Aoibhinn McMahon	Blackrock A.C.(Louth)	12.92	2017
Triple Jump	Gillian DEMPSEY	Eire Og Corra Choill A.C.	9.42	2019

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Age Category	Event	Athlete	Club	CBP:	Year
U16Boys	100m Hurdles	Agomide Oke	St. L. O'Toole A.C.	14.07	2015
	250m Hurdles	Mark Kennedy	Raheen A.C.	33.5H	1998
	100m Sprint	Padraic Lewis	North Laois A.C.	11.2H	1990
	200m Sprint	Darragh Graham	Inbhear Dee A.C.	22.6H	1999
	200m Sprint	Padraic Lewis	North Laois A.C.	22.6H	1990
	300m Sprint	Jack MCGLONE	Greystones & District A.C.	55.52	2019
	800m	James Nolan	Ferbane A.C.	1.55.4H	1992
	1500m	James Nolan	Ferbane A.C.	4.11.9H	1992
	3000m Distance	Mark Christie	Mullingar Harriers A.C.	9.15.78	2000
	3000m Walk	Michael Ryan	St. Josephs A.C.	12.14.36	2001
	4x100 Relay		Kilkenny City Harriers A.C.	46.57	2012
	Discus	Padraig Hore	Taghmon A.C.	51.54	2015
	Hammer	John Thompson	Tullamore Harriers A.C.	58.10	1992
	High Jump	Jack Forde	Oughaval A.C.	1.86	2018
	Javelin	Tadhg OMuircheartaigh	Dunboyne A.C.	52.60	2018
	Long Jump	David McDonald	Menapians A.C.	6.44	2014
	Pole Vault	Matthew Callinan Keenan	St. L. O'Toole A.C.	3.40	2015
	Shot put	Brendan Callanan	St. L. O'Toole A.C.	15.45	2001
	Triple Jump	Jack Forde	St. Killians A.C.	12.42	2018

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Age Category	Event	Athlete	Club	CBP:	Year
U16Girls	80m Hurdles	Molly Scott	St. L. O'Toole A.C.	11.52	2014
	250m Hurdles	Grainne Redmond	Cushinstown A.C.	36.6H	1993
	100m Sprint	Lorraine Lightholder	Navan A.C.	12.2H	1987
	200m Sprint	Emily Maher	Kilkenny City Harriers A.C.	24.6H	1996
	300m Sprint	Aimee DOHERTY	Ratoath A.C.	1:01.14	2019
	800m	Blanaid Quigley	Bray Striders A.C.	2.18	1990
	1500m	Sharon Monaghan	Fr. Murphy's A.C.	4.42.20	2000
	2000m Walk	Emily MacHugh	Naas A.C.	9.53.07	2017



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3000m Distance	Bea Drummond	Mullingar Harriers A.C.	11.19.50	2018
4x100 Relay		St. L. O'Toole A.C.	49.70	2016
Discus	Rachel Kelly	Kilkenny City Harriers A.C.	33.32	2016
Hammer	Kathlyn Furlong	D.M.P A.C.	51.12	2014
High Jump	Elizabeth Morland	Cushinstown A.C.	1.70	2013
Javelin	Aoibhinn McMahon	Blackrock A.C.(Louth)	41.57	2018
Long Jump	Ruby Millet	St Abbans A.C.	5.87	2016
Pole Vault	Eadaoin Murtagh	Kildare A.C.	2.61	2018
Shot put	Aoibhinn McMahon	Blackrock A.C.(Louth)	13.65	2018
Triple Jump	Lisa Aspel	Crookstown M/V A.C.	10.47	2014

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Age Category	Event	Athlete	Club	CBP:	Year
U17Boys	100m Hurdles	John Whelan	St. Andrew's A.C.	13.8H	1991
	110m Hurdles	Ryan Carthy Walshe	Adamstown A.C	15.74	2015
	300m Hurdles	Colin Nolan	Enniscorthy Juvenile A.C.	39.29	2011
	100m Sprint	Kevin Cogley	D.M.P A.C.	10.9H	1992
	200m Sprint	Dean Power	Tullamore Harriers A.C.	22.28	2012
	400m Sprint	John Fitzsimons	Kildare A.C.	50.54	2014
	800m	C. Costello	Star of the Sea A.C.	1.57.08	2002
	800m	J. Nolan	Ferbane A.C.	1.57.0H	1993
	1500m	Nigel Brunton	Bray Striders A.C.	4.01.0H	1988
	1500m Steeplechase	Liam Walsh	Bagenalstown A.C.	4.43.5H	1985
	2000m Steeplechase	Jack Tyas	Mullingar Harriers A.C.	6.51.50	2015
	3000m Distance	Jack O'Leary	Mullingar Harriers A.C.	9.12.71	2013
	3000m Walk	Oisin Lane	Mullingar Harriers A.C.	13.18.44	2018
	4x100 Relay		Newbridge A.C.	45.48	2015
	4x400m Relay		St. L. O'Toole A.C.	3.37.55	2012
	Discus	Eoin Sheridan	N. Westmeath A.C.	50.30	2013
	Hammer	Patrick McCabe	Dunboyne A.C.	54.36	2004
	High Jump	Ryan Carthy Walshe	Adamstown A.C	2.00	2015
	Javelin	Tadhg O` Muircheartaigh	Dunboyne A.C.	58.19	2019
	Long Jump	Rafael McCaffrey	Ratoath A.C.	6.64	2018
	Pole Vault	Matthew Callinan Keenan	St. L. O'Toole A.C.	3.40	2016
	Pole Vault	Robert Ivors	Raheny Shamrock A.C.	3.40	2014
	Pole Vault	Paul Moore	St Abbans A.C.	3.40	2004
	Shot put	Oliver Jageur	Naas A.C.	15.67	2011
	Triple Jump	John Walker	Kilmore A.C.	13.29	1999

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Age Category	Event	Athlete	Club	CBP:	Year
U17Girls	100m Hurdles	Shannen Dawkins	St. Josephs A.C.	14.90	2012
	300m Hurdles	Claire Murphy	St. L. O'Toole A.C.	44.55	2010
	100m Sprint	Patience Jumbo-Gula	Dundalk St. Gerards A.C.	12.10	2017
	200m Sprint	Clare Foley	Greystones & District A.C.	25.12	2011
	300m Sprint	Clíodhna Manning	Kilkenny City Harriers A.C.	39.88	2011
	400m Sprint	Ellie O'Toole	Newbridge A.C.	57.97	2015
	800m	Sinead Delahunty	Kilkenny City Harriers A.C.	2.16.3H	1987
	1500m	Ava O`CONNOR	Tullamore Harriers A.C.	4.32.75	2019
	2000m Steeplechase	Amy O'Brien	Inbhear Dee A.C.	7.14.15	2016
	3000m Distance	Hannah O`KEEFFE	Thomastown A.C.	10:34.50	2019
	3000m Walk	Sarah Glennon	Mullingar Harriers A.C.	14.35.40	2017
	4x100 Relay		St. L. O'Toole A.C.	49.35	2019
	4x300m Relay		Celbridge A.C.	2.56.72	2000
	Discus	Niamh Fogarty	Mullingar Harriers A.C.	36.59	2015
	Hammer	Kathlyn Furlong	D.M.P A.C.	53.64	2015
	High Jump	Shannen Dawkins	St. Josephs A.C.	1.66	2012
	Javelin	Aoibhinn MCMAHON	Blackrock (Louth) A.C.	41.75	2019
	Long Jump	Ruby Millet	St Abbans A.C.	5.96	2017
	Pole Vault	Ella Dunne	St. L. O'Toole A.C.	2.60	2017
	Shot Put	Aoibhinn MCMAHON	Blackrock (Louth) A.C.	14.77	2019
Triple Jump	Mary Morrissey	St. L. O'Toole A.C.	11.28	1987	

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Age Category	Event	Athlete	Club	CBP:	Year
U18Boys	110m Hurdles	Alex Clarkin	Donore Harriers A.C.	14.55	2016
	400m Hurdles	Jack Mitchell	Na Fianna A.C.	54.44	2017
	100m Sprint	Paul Gill	Carbury A.C.	10.52	2002
	200m Sprint	Dean Power	Tullamore Harriers A.C.	21.74	2013
	400m Sprint	Harry Purcell	Trim A.C.	49.45	2013
	800m	James Nolan	Ferbane A.C.	1.55.1H	1994
	1500m	Andrew Walker	Newbridge A.C.	4.01.5H	1994
	2000m Steeplechase	Tomas Cotter	Dunleer A.C.	6.17.42	2007
	3000m Steeplechase	Philip King	Tullamore Harriers A.C.	10.22.02	2018
	3000m Distance	Cormac Finnerty	Mullingar Harriers A.C.	8.45.5H	1987
	5000m Walk	Oisin LANE	Mullingar Harriers A.C.	22:28.82	2019
	4x100 Relay		St. L. O'Toole A.C.	45.00	2012
	4x400m Relay		St. L. O'Toole A.C.	3.36.77	2010
	Discus	Eoin Sheridan	N. Westmeath A.C.	55.40	2014
	Hammer	Padraig White	Dunboyne A.C.	62.62	2003
	High Jump	Donagh Mahon	Gowran A.C.	2.12	2014
	Javelin	Stephen Rice	Greystones & District A.C.	64.41	2013
	Long Jump	Derek O'Brien	St. L. O'Toole A.C.	6.78	1997



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Pole Vault	Conor Bermingham	Raheny Shamrock A.C.	4.00	2014
Pole Vault	Peter O'Brien	Raheny Shamrock A.C.	4.00	2012
Shot put	Anu Awonusi	St. L. O'Toole A.C.	16.40	2014
Triple Jump	Jordan Hoang	Tullamore Harriers A.C.	13.59	2015

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Age Category	Event	Athlete	Club	CBP:	Year
U18Girls	100m Hurdles	Sive OToole	St. L. O'Toole A.C.	14.13	2018
	300m Hurdles	Clare Murphy	St. L. O'Toole A.C.	44.12	2011
	400m Hurdles	Mandy Bloomer	Mountmellick A.C.	61.0H	1993
	100m Sprint	Lorraine Dunne	Newbridge A.C.	11.9H	1989
	200m Sprint	Cliodhna Manning	Kilkenny City Harriers A.C.	24.74	2012
	300m	Fiona Norwood	Kilkenny City Harriers A.C.	41.0H	1995
	400m Sprint	<b>Caoimhe CRONIN</b>	<b>Le Cheile A.C.</b>	<b>58.08</b>	<b>2019</b>
	800m	Geraldine Nolan	Kilkenny City Harriers A.C.	2.10.3H	1987
	1500m	Vanessa Molloy	Shelbourne A.C.	4.46.3H	1989
	1500m Steeplechase	<b>Roseanne Kennedy</b>	<b>St. Senan's A.C.</b>	<b>6.35.84</b>	<b>2008</b>
	2000m Steeplechase	<b>Roisin TREACY</b>	<b>Ashford A.C</b>	<b>7:17.74</b>	<b>2019</b>
	3000m Steeplechase	<b>Elaine McCabe</b>	<b>Bree A.C.</b>	<b>8.47.26</b>	<b>2011</b>
	3000m Distance	Geraldine Hendricken	St. L. O'Toole A.C.	10.20.3H	1987
	3000m Walk	Serena O'Keeffe	Kilkenny City Harriers A.C.	14.38.1H	1998
	4x100 Relay		St Abbans A.C.	50.7H	1995
	4x300m Relay		Kilkenny City Harriers A.C.	2.56.00	2002
	4x400m Relay		Cushinstown A.C.	4.10.4H	1990
	Discus	Niamh Fogarty	North Westmeath A.C.	43.98	2016
	Hammer	Kathlyn Furlong	D.M.P A.C.	53.34	2016
	High Jump	Phillipa Rogan	Greystones & District A.C.	1.75	2011
	Javelin	Grace Casey	Éire Óg Corra Choill A.C.	39.64	2016
	Long Jump	Katherine O'Connor	Dundalk St. Gerards A.C.	6.10	2017
	Pole Vault	Ella Duane	Naas A.C.	2.80	2018
	Shot put	Katherine O'Connor	Dundalk St. Gerards A.C.	14.46	2017
Triple Jump	Carol Loscher	Roundwood & District A.C.	11.49	2000	

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Age Category	Event	Athlete	Club	CBP:	Year
U19Boys	110m Hurdles	Aaron Tierney Smith	Menapians A.C.	15.11	2018
	110m Hurdles	Ian Monaghan	Celbridge A.C.	15.1H	1999
	400m Hurdles	Ian Monaghan	Celbridge A.C.	54.8H	1999
	100m Sprint	Stephen Darcy	St. L. O'Toole A.C.	11.00	2004
	100m Sprint	Aaron Rogers	Dundealghan A.C.	11.0H	1995
	200m Sprint	Jack Manning	Kilkenny City Harriers A.C.	22.07	2016
	400m Sprint	Alan Bloomer	Mountmellick A.C.	50.3H	1996





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800m	Andrew Walker	Newbridge A.C.	1.53.3H	1995
1500m	Andrew Walker	Newbridge A.C.	3.54.8H	1995
2000m Steeplechase	Brian Kirwan	St. L. O'Toole A.C.	6.19.02	2003
3000m Steeplechase	Eion Reidy	St. Coca's A.C.	10.16.45	2016
3000m Distance	Pearse Hickey	Celbridge A.C.	8.51.0H	1996
5000m Walk	David Kidd	St. L. O'Toole A.C.	22.48.3H	1998
4X100m Relay		Tullamore Harriers A.C.	45.07	2012
4x400m Relay		St. L. O'Toole A.C.	3.37.55	2012
Discus	Marco Pons	D.M.P A.C.	55.56	2011
Hammer	John Thompson	Tullamore Harriers A.C.	61.92	1995
High Jump	Adrian O'Dwyer	Kilkenny City Harriers A.C.	2.00	2001
Javelin	David Kelly	Kilcoole A.C.	55.87	1999
Long Jump	Eoin Hannon	Tullamore Harriers A.C.	7.02	2007
Pole Vault	Tadhg Murtagh	Kildare A.C.	3.60	2018
Shot put	Paul Collins	N. Westmeath A.C.	15.08	2012
Triple Jump	Conor Daly	St Abbans A.C.	13.53	2012

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Age Category	Event	Athlete	Club	CBP:	Year
U19Girls	100m Hurdles	Shannen Dawkins	St. Josephs A.C.	14.75	2014
	400m Hurdles	Ciara Kearns	Celbridge A.C.	64.36	2002
	100m Sprint	Siobhan O'Connor	St Abbans A.C.	12.3H	1996
	200m Sprint	Karen Shinkins	Newbridge A.C.	24.4H	1994
	400m Sprint	Mandy Bloomer	Mountmellick A.C.	58.7H	1994
	800m	Emma O'Brien	Inbhear Dee A.C.	2.15.55	2017
	1500m	Stephanie O'Reilly	Inbhear Dee A.C.	4.44.4H	1996
	1500m Steeplechase	Roseanne Kennedy	St. Senan's A.C.	6.43.30	2008
	2000m Steeplechase	Dara Broe	Inbhear Dee A.C.	8.59.41	2010
	3000m Steeplechase	Lauren Dermody	Castlecomer A.C.	11.41.75	2015
	3000m Distance	Stephanie O'Reilly	Inbhear Dee A.C.	10.24.0H	1996
	3000m Walk	Niamh O'Connor	Celbridge A.C.	14.00.52	2018
	4x100 Relay		St Abbans A.C.	51.3H	1995
	4x400m Relay		Tullamore Harriers A.C.	4.09.0H	1997
	Discus	Sophie Parkinson	Gowran A.C.	41.67	2012
	Hammer	Charlotte O'Farrell	D.M.P A.C.	48.43	2011
	High Jump	Mary-Kate Lanigan	Kilkenny City Harriers A.C.	1.70	2010
	High Jump	Leona Byrne	St. L. O'Toole A.C.	1.70	2005
	High Jump	Sharon Kinsella	St Abbans A.C.	1.70	1995
	Javelin	Olivia McDonald	St. Peter's A.C.	36.14	2008
	Long Jump	Lorraine O'Shea	Kilkenny City Harriers A.C.	5.66	2012
	Pole Vault	Laura Fallon	Raheny Shamrock A.C.	2.40	2018
	Shot put	Laura Cogan	Newbridge A.C.	12.48	2007
	Triple Jump	Sarah Buggy	St Abbans A.C.	11.78	2012

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## Athletics Leinster Outdoor Championship Best Performance 1985 to 2019

Age Category	Event	Athlete	Club	CBP:	Year
Junior Men	110m Hurdles	Eoin Power	St. Joseph's A.C.	15.04	2012
	400m Hurdles	John Fagan	Kilkenny City Harriers A.C.	57.04	2007
	100m Sprint	Gordon Kennedy	Tullamore Harriers A.C.	10.7H	1999
	100m Sprint	E. Devereux	Kilkenny City Harriers A.C.	10.7H	1985
	200m Sprint	Darragh Graham	Inbhear Dee A.C.	21.64	2002
	400m Sprint	Fergus Hannon	Tullamore Harriers A.C.	48.99	2009
	800m	Michael Dowling	Slí Cualann A.C.	1.56.51	2010
	1500m	Andrew Walker	Newbridge A.C.	3.55.2H	1995
	2000m Steeplechase	Liam Walsh	Bagenalstown A.C.	6.17.0H	1987
	3000m Steeplechase	Tomas Cotter	Dunleer A.C.	9.24.98	2008
	3000m Distance	David Burke	Mullingar Harriers A.C.	8.41.6H	1987
	5000m Distance	Jason O'Byrne	Slí Cualann A.C.	16.08.76	2007
	3000m Walk	Andrew Carroll	Celbridge A.C.	13.55.07	2017
	5000m Walk	P.J. Gregory	Kildare A.C.	23.42.0H	1989
	4*100m Relay		Donore Harriers A.C.	44.34	2016
	4*100m Relay		(G) Irish National A	40.99	2013
	4*400m Relay		St. L. O'Toole A.C.	3.37.0H	1987
	Discus	Eoin Sheridan	North Westmeath A.C	50.96	2016
	Hammer	James McCabe	Dunboyne A.C.	67.68	2012
	High Jump	Donagh Mahon	Gowran A.C.	2.11	2014
	Javelin	Joe Diskin	Kilcoole A.C.	55.02	2001
	Long Jump	Stephen Darcy	St. L. O'Toole A.C.	6.92	2004
	Pole Vault	Matthew Callinan Keenan	St. L. O'Toole A.C.	4.20	2018
	Shot Put	Willie Tyrell	St. Benedict's A.C.	14.44	1990
	Triple Jump	Eoin Kelly	St. Abban's A.C.	14.50	2005

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Age Category	Event	Athlete	Club	CBP:	Year
Junior Women	100m Hurdles	Elizabeth Morland	Cushinstown A.C.	14.53	2013
	2400m Hurdles	Nessa Millet	St. Abban's A.C.	63.13	2011
	100m Sprint	Catherine McManus	Celtic D.C.U A.C.	11.75	2011
	200m Sprint	Lauren Ryan	Dooneen A.C	24.52	2015
	400m Sprint	Joanne Cuddihy	Kilkenny City Harriers A.C.	56.08	2002
	800m	Laura Whitelaw	Mullingar Harriers A.C.	2.15.39	2016
	1500m	Emma O'Brien	Slí Cualann A.C.	4.41.94	2015
	1500m Steeplechase	Una Britton	Slí Cualann A.C.	6.25.49	2006
	2000m Steeplechase	Fionnuala Britton	Slí Cualann A.C.	7.12.70	2002
	3000m Steeplechase	Tara Jameson	Slí Cualann A.C.	10.55.86	2008
	3000m Distance	Avril Deegan	Ballyroan, Abbeyleix & District A.C	10.21.88	2017
	3000m Walk	Niamh O`CONNOR	Celbridge A.C.	13:53.90	2019
	5000m Walk	Marie Walsh	Shelbourne A.C.	27.40.0H	1986
	4*100m Relay		St. Joseph's A.C.	47.48	2012



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4*400m Relay		Kilcoole A.C.	4.10.9H	1987
Discus	Sophie Parkinson	Gowran A.C.	42.79	2013
Hammer	Aoife Hickey	Kilkenny City Harriers A.C.	54.09	2009
High Jump	Shannen Dawkins	St. Joseph's A.C.	1.69	2012
Javelin	Grace Casey	Eire Og Corra Choill A.C.	40.42	2016
Long Jump	Sarah McCarthy	Fingallians A.C.	5.77	2011
Pole Vault	Claire Delaney	St. Abban's A.C.	2.60	2016
Shot Put	Laura Cogan	Newbridge A.C.	13.34	2006
Triple Jump	Sarah Buggy	St. Abban's A.C.	11.58	2012

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Category	Event	Athlete	Club	CBP:	Date
U23Men	110m Hurdles	Sean Cahill	Cushinstown A.C.	14.9H	1988
	400m Hurdles	Colin Byrne	St. Abban's A.C.	54.2H	1999
	100m Sprint	Paul Walsh	Donore Harriers A.C.	10.5H	1988
	200m Sprint	Rob Daly	Dundrum South Dublin A.C.	21.52	2000
	400m Sprint	Stephen Newman	Ashbourne A.C.	49.9H	1989
	800m	Brian Kelly	St. Abban's A.C.	1.53.83	2011
	1500m	Niall Murphy	Kildare A.C.	3.59.5H	1988
	3000m Steeplechase	Gareth Coughlan	Fr. Murphy A.C.	9.14.30	2002
	5000m Distance	Thomas McGrath	Mullingar Harriers A.C.	15.19.5H	1987
	5000m Walk	Pierce O'Callaghan	U.C.D. A.C.	21.10.0H	1996
	4*100m Relay		Clonliffe Harriers A.C.	3.24.60	1990
	4*100m Relay		Tullamore Harriers A.C.	44.60	1988
	Discus	John Menton	Donore Harriers A.C.	47.78	1991
	Hammer	Padraic White	U.C.D. A.C.	58.38	2006
	High Jump	Seamus Cahill	Cushinstown A.C.	1.93	1987
	Javelin	Joe Diskin	Slí Cualann A.C.	65.40	2003
	Long Jump	Thomas Nolan	Newbridge A.C.	6.88	1989
	Pole Vault	Ian Rogers	Clonliffe Harriers A.C.	4.60	2010
	Shot Put	Keith Gilligan	North Laois A.C.	13.88	2003
	Triple Jump	Eoin Kelly	St. Abban's A.C.	14.28	2009
Weight for Distance 35lb	Adrian O'Dwyer	Kilkenny City Harriers A.C.	9.80	2003	

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Category	Event	Athlete	Club	CBP:	Date
U23Women	100m hurdles	Sandra Lawler	Celbridge A.C.	15.29	2010
	400m hurdles	Paula Carthy	Clondalkin A.C.	62.3H	1987
	100m Sprint	Steffi Creaner	Celtic D.C.U A.C.	11.91	2011
	200m Sprint	Marisa Smyth	Boyne A.C.	24.0H	1990
	400m Sprint	Ciara McCallion	Clonliffe Harriers A.C.	58.18	2008
	800m	Catriona O'Brien	Rathfarnham W.S.A.F. A.C.	2.13.4H	1995
1500m	Rachael Smith	St. Coca's A.C.	4.33.67	2014	



## Athletics Leinster Outdoor Championship Best Performance 1985 to 2019

3000m Distance	Fionnuala Britton	Slí Cualann A.C.	9.49.00	2004
3000m Walk	Marie Walsh	Shelbourne A.C.	13.55.00	1989
4*100m Relay		Mullingar Harriers A.C.	4.08.50	1990
4*100m Relay		Rathfarnham W.S.A.F./Ajax A.C.	52.00	1989
Discus	Eileen O'Keeffe	Kilkenny City Harriers A.C.	44.84	2002
Hammer	Eileen O'Keeffe	Kilkenny City Harriers A.C.	59.88	2002
High Jump	Fiona Kavanagh	St. L. O'Toole A.C.	1.69	1991
Javelin	Anita White	Dublin Striders A.C.	40.64	2004
Long Jump	Leona Byrne	St. L. O'Toole A.C.	5.65	2007
Shot Put	B. Wall	Cushinstown A.C.	12.72	1986
Triple Jump	Jenny Reilly	Na Fianna A.C.	11.03	2008

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Category	Event	Athlete	Club	CBP:	Date
Senior Men	110m Hurdles	Sean Cahill	Cushinstown A.C.	14.4H	1990
	400m Hurdles	C. McDunphy	Raheny Shamrocks A.C.	53.1H	1985
	100m Sprint	Peter Lyons	Drogheda & District A.C.	10.6H	1993
	200m Sprint	Stephen Gaffney	Rathfarnham W.S.A.F. A.C.	21.55	2015
	400m Sprint	Gordon Kennedy	Tullamore Harriers A.C.	47.62	2007
	800m	Charlie Milner	Tullamore Harriers A.C.	1.54.4H	1987
	1500m	M. Flynn	Tullamore Harriers A.C.	3.51.2H	1985
	3000m Steeplechase	Ben Brady	Raheny Shamrocks A.C.	8.54.3H	1992
	5000m Distance	E. Toomey	Clonliffe Harriers A.C.	14.07.9H	1985
	5000m Walk	Colin Griffen	(G) Ballinamore A.C.	20.04.29	2008
	5000m Walk	Michael Lane	Mullingar Harriers A.C.	20.04.3H	1990
	4*100m Relay		Clonliffe Harriers A.C.	43.5H	1985
	4*400m Relay		Tullamore Harriers A.C.	3.32.1H	1986
	Discus	Eoin Leen	(G) Tralee Harriers A.C.	53.38	2007
	Discus	John Menton	Donore Harriers A.C.	48.68	2005
	Hammer	Garry Halpin	Kilkenny City Harriers A.C.	69.04	1989
	High Jump	Mark Mandy	(G) Unattached	2.05	1992
	Javelin	Louis Wildenleven	North Laois A.C.	65.56	2001
	Long Jump	Eoin Hannon	Tullamore Harriers A.C.	7.20	2010
	Pole Vault	Dave Donegan	Clonliffe Harriers A.C.	4.55	2013
	Shot Put	Victor Costello	Dundrum South Dublin A.C.	18.80	1992
	Triple Jump	Eoin Kelly	St. Abban's A.C.	14.95	2009
Weight for Distance 56lb	Paul Crowe	Menapians A.C.	8.36	2005	

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## Athletics Leinster Outdoor Championship Best Performance 1985 to 2019

Category	Event	Athlete	Club	CBP:	Date
Senior Woman	100m Hurdles	Sarah Lavin	U.C.D. A.C.	13.91	2018
	400m Hurdles	Mary Parr	West Dublin A.C.	60.1H	1985
	100m Sprint	Lorraine Dunne	Newbridge A.C.	11.9H	1992
	200m Sprint	Stephanie Creaner	Drogheda & District A.C.	23.86	2015
	400m Sprint	Jenna Bromell	(G)Emerald A.C.	54.06	2017
	400m Sprint	Joanne Cuddihy	Kilkenny City Harriers A.C.	54.7H	2001
	800m	Bernie Kavanagh	Lucan Harriers A.C.	2.07.2H	1990
	1500m	Ann Buckley	Clonliffe Harriers A.C.	4.20.3H	1988
	2000m Steeplechase	Emily Grennan	Tullamore Harriers A.C.	13.00.91	2013
	3000m Steeplechase	Niamh Kearney	Slí Cualann A.C.	11.10.18	2017
	3000m Steeplechase	Jessica Coyne	(G)Dooneen A.C.	10.37.42	2018
	3000m Distance	Anne Keenan Buckley	North Laois A.C.	9.21.50	2001
	5000m Distance	Claire Phelan	St. Abban's A.C.	18.00.80	2009
	3000m Walk	Naimh O'Connor	Celbridge A.C.	14.40.07	2018
	4*100m Relay		Mullingar Harriers A.C.	49.69	2018
	4*400m Relay		West Dublin A.C.	4.13.2H	1987
	Discus	Eileen O'Keefe	Kilkenny City Harriers A.C.	48.20	2000
	Discus	Claire Fitzgerald	(G)Tralee Harriers A.C.	53.65	2016
	Hammer	Eileen O'Keefe	Kilkenny City Harriers A.C.	70.13	2008
	High Jump	Rosemary Daniels	Na Fianna A.C.	1.75	2005
	Javelin	Anita Fitzgibons	Dundrum South Dublin A.C.	49.18	2016
	Long Jump	Sarah Mc Carthy	Mid Sutton A.C.	6.16	2015
	Pole Vault	Zoe Brown	Raheny Shamrocks A.C.	3.95	2011
	Shot Put	Marita Walton	Crusaders A.C.	15.16	1985
	Triple Jump	Saragh Buggy	St. Abban's A.C.	12.89	2016
	Weight for Distance 35lb	Laura Dolan	Ferbane A.C.	8.15	2017

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Category	Event	Athlete	Club	CBP:	Date
Master Men 035	110m Hurdles	Patrick Curran	Tallaght A.C.	16.97	2012
	400m Hurdles	Jonathan McCabe	Drogheda & District A.C.	60.80	2010
	100m Sprint	Stuart McQuade	Tallaght A.C.	11.67	2014
	200m Sprint	Peter Doherty	Ratoath Ms A.C.	24.28	2013
	200m Sprint	Peter Lyons	Kilkenny City Harriers A.C.	24.28	2010
	200m Sprint	Jer O'Donoghue	(G) An Ríocht A.C.	23.77	2018
	400m Sprint	Simon Everard	Crusaders A.C.	54.73	2016
	800m	Fintan Reilly	Dunleer A.C.	2.02.14	2010
	1500m	John Fenlon	St. Abban's A.C.	4.09.67	2017
	3000m Steeplechase	No Record			
	5000m Distance	Noel Kelly	Mullingar Harriers A.C.	15.15.60	2008
	5000m Walk	New Event			
	Discus	Ger Nagle	Star of the Sea A.C.	44.19	2009
	Hammer	Joe Kelly	Brow Rangers A.C.	28.21	2008



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High Jump	Francois Kulik	Slí Cualann A.C.	1.75	2019
Javelin	Rory GUNNING	Clonliffe Harriers A.C.	62.71	2019
Long Jump	Antonio Andujar	Clonliffe Harriers A.C.	5.85	2015
Pole Vault	David Donegan	Clonliffe Harriers A.C.	4.60	2016
Shot Put	Ger Nagle	Star of the Sea A.C.	13.54	2010
Triple Jump	Antonio Andujar	Clonliffe Harriers A.C.	13.15	2015
Weight for Distance 56lb	Barry Delaney	Star of the Sea A.C.	6.70	2010

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Category	Event	Athlete	Club	CBP:	Date
Master Women 035	100m Hurdles	No Record			
	400m Hurdles	Emily Waldron	Enniscorthy A.C.	77.38	2018
	100m Sprint	Snezana Bechtina	Clonliffe Harriers A.C.	12.89	2017
	200m Sprint	Snezana Bechtina	Clonliffe Harriers A.C.	26.54	2017
	400m Sprint	Geraldine Finegan	Dunleer A.C.	62.72	2004
	800m	Niamh Fitzgerald	Lucan Harriers A.C.	2.22.88	2014
	1500m	Mary Hanley	Na Fianna A.C.	4.51.44	2007
	3000m Steeplechase	No Record			
	3000m Distance	Michelle Cox	Newbridge A.C.	10.31.44	2018
	5000m Distance	Elizabeth Cuskelly	Tullamore Harriers A.C.	18.48.62	2008
	3000m Walk	Georgina Tuohy	Tullamore Harriers A.C.	17.43.07	2011
	5000m Walk	Pamela Reynolds	St. Andrew's A.C.	33.49.50	2003
	Discus	Gabriella Sztojalovszky	Metro/ST. Bridget's A.C.	25.67	2018
	Hammer	Karen Conway	Crusaders A.C.	33.90	2015
	High Jump	Erika JUOZAPAITE	Blackrock (Louth) A.C.	1.40	2019
	Javelin	Geraldine Finegan	Dunleer A.C.	31.43	2005
	Long Jump	Geraldine Finegan	Dunleer A.C.	4.88	2003
	Triple Jump	Erika JUOZAPAITE	Blackrock (Louth) A.C.	10.29	2019
	Pole Vault				
	Shot Put	Geraldine Finegan	Dunleer A.C.	9.93	2004
Weight for Distance 35lb	Emma Jane Hutton	St. L. O'Toole A.C.	6.17	2018	

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Category	Event	Athlete	Club	CBP:	Date
Master Men 040	110m Hurdles	Patrick Curran	Tallaght A.C.	17.75	2019
	400m Hurdles	Stephen Flavin	Slí Cualann A.C.	59.82	2008
	100m Sprint	Ger Hensey	Tullamore Harriers A.C.	11.63	2010
	100m Sprint	Glen Scullion	(G) Mid Ulster A.C.	11.53	2019
	200m Sprint	Ger Hensey	Tullamore Harriers A.C.	23.88	2010
	400m Sprint	B. Doherty	St. Joseph's A.C.	52.52	2000
	800m	Simon Meyler	Donore Harriers A.C.	2.05.90	2010
	1500m	George Maybury	Civil Service A.C.	4.08.4H	1994
	3000m Steeplechase	Richie Faulkner	Tullamore Harriers A.C.	11.53.17	2014



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3000m Distance	Eugene Coppinger	Civil Service A.C.	9.02.1H	1999
5000m Distance	Colm Burke	St. Abban's A.C.	15.35.84	2009
3000m Walk	P.J. Brennan	St. L. O'Toole A.C.	14.00.4H	1994
Discus	Phil Conway	Crusaders A.C.	36.91	2000
Hammer	Paddy Hanily	Fr. Murphy A.C.	40.31	2005
High Jump	Raymond Swan	Newbridge A.C.	1.70	2017
High Jump	Werner Olivier	St. Coca's A.C.	1.70	2017
Javelin	Denis Delaney	Clonliffe Harriers A.C.	52.10	2008
Long Jump	George Wyatt	Dundrum South Dublin A.C.	5.86	2008
Pole Vault	Patrick Curran	Tallaght A.C.	3.20	2017
Shot Put	Kieron Stout	Celbridge A.C.	12.82	2009
Triple Jump	George Wyatt	Dundrum South Dublin A.C.	11.06	2010
Triple Jump	Michael McDonald	(G)Ballymena & Antrim A.C.	11.17	2010
Weight for Distance 56lb	Seamus Fitzpatrick	North Laois A.C.	8.01	2004

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Category	Event	Athlete	Club	CBP:	Date
Master Women O40	80m Hurdles	Mary Scanlon	Blackrock (Louth)	15.41	2019
	100m Hurdles	Niamh McGuire	Rathkenny A.C.	15.22	2015
	400m Hurdles	Cera Nolan	Naas A.C.	75.93	2010
	100m Sprint	Antoinette Stafford	D.M.P. A.C.	13.46	2018
	200m Sprint	Caitriona Corr	Gowran A.C.	28.16	2019
	400m Sprint	Eileen Kelly	St. Abban's A.C.	65.94	2005
	800m	Niamh Fitzgerald	Lucan Harriers A.C.	2.22.88	2015
	1500m	Niamh Fitzgerald	Lucan Harriers A.C.	4:50.56	2017
	3000m Steeplechase	No Record			
	3000m Distance	Nicola Welsh	Dunleer A.C.	10.25.24	2019
	3000m Walk	Georgina Touhy	Tullamore Harriers A.C.	15.38.30	2016
	Discus	Pauline Kenny	Newbridge A.C.	27.02	2010
	Hammer	Pauline Kenny	Newbridge A.C.	36.44	2010
	High Jump	Verena Fenlon	St. Joseph's A.C.	1.25	2010
	High Jump	Mary Scanlon	Blackrock (Louth)	1.25	2019
	Javelin	Maria Macken Duffy	St. Peter's A.C.	21.39	2005
	Long Jump	Antoinette Stafford	D.M.P. A.C.	5.40	2018
	Pole Vault				
	Shot Put	Verena Fenlon	St. Joseph's A.C.	8.90	2010
	Triple Jump	Rosemary Gibson	North East Runners A.C.	7.47	2018
	Weight for Distance 35lb	Verena Fenlon	St. Joseph's A.C.	4.48	2013
	Weight for Distance 35lb	Priscilla O'Sullivan	(G) Clonakilty Runners	4.65	2010

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Category	Event	Athlete	Club	CBP:	Date
Master Men O45	110m Hurdles	Kevin Byrne	Dundrum South Dublin A.C.	20.21	2017
	400m Hurdles	Ronan Gatley	Dundrum South Dublin A.C.	70.24	2018
	100m Sprint	David Hayde	St. L. O'Toole A.C.	11.72	2014
	200m Sprint	David Hayde	St. L. O'Toole A.C.	24.29	2014
	400m Sprint	Ken Deavy	Kilkenny City Harriers A.C.	55.12	2005
	400m Sprint	Patrick Crossan	(G)St Annes A.C.	54.70	2009
	800m	Gerry Kinsella	Slí Cualann A.C.	2.06.27	2008
	1500m	Paul Cowhie	Civil Service A.C.	4.26.30	2006
	3000m Steeplechase	Joseph Walsh	Portlaoise A.C.	13.14.57	2014
	5000m Distance	Adrian Curley	Tullamore Harriers A.C.	15.57.00	2014
	3000m Walk	John Joe Lawlor	St. Joseph's A.C.	15.34.91	2014
	Discus	Dave Sweeney	Slí Cualann A.C.	38.25	2009
	Hammer	Seamus FitzPatrick	Portlaoise A.C.	32.74	2012
	High Jump	Kevin Byrne	Dundrum South Dublin A.C.	1.60	2019
	Javelin	Andreas Purrmann	(G)Leevale A.C.	49.75	2017
	Javelin	Denis Delaney	Dunboyne A.C.	46.65	2013
	Long Jump	Kevin Byrne	Dundrum South Dublin A.C.	5.75	2018
	Pole Vault	Kevin Byrne	Dundrum South Dublin A.C.	3.20	2018
	Shot Put	Babu Matthew	Tullamore Harriers A.C.	12.18	2009
	Triple Jump	Ciaran Tobin	Trim A.C.	9.29	2008
Weight for Distance 56lb	Seamus Fitzpatrick	North Laois A.C.	7.91	2011	

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Category	Event	Athlete	Club	CBP:	Date
Master Women O45	80m Hurdles	Margaret O'Connor	Enniscorthy A.C.	17.15	2019
	100m Hurdles	Niamh McGuire	Rathkenny A.C.	14.73	2016
	400m Hurdles	Niamh McGuire	Rathkenny A.C.	75.61	2016
	400m Hurdles	Michelle Lannon	(G)Carrick-on-Shannon A.C.	70.15	2018
	100m Sprint	Katherine Markey	Fingallians A.C.	13.99	2016
	100m Sprint	Majella LOFTUS	(G)Galway City Harriers A.C.	13.72	2019
	200m Sprint	Roisin Bell	Dunboyne A.C.	28.98	2018
	200m Sprint	Majella LOFTUS	(G)Galway City Harriers A.C.	28.48	2019
	400m Sprint	Geraldine Finegan	Dunleer A.C.	65.43	2014
	800m	Bridget Clarke	Na Fianna A.C.	2.27.99	2013
	1500m	Maria Griffin	St. Joseph's A.C.	5.06.00	2014
	3000m Steeplechase	No Record			
	3000m Distance	Ursula Byrne	Dunshaughlin A.C.	11.47.28	2015
	3000m Distance	Michelle Lannon	(G)Carrick-on-Shannon A.C.	10.59.33	2018
	5000m Distance	Helen Cheshire	Dunleer A.C.	22.16.89	2012
	3000m Walk	No Record			
	Discus	Pauline Kenny	Newbridge A.C.	22.83	2018
	Discus	Maureen Glanton	(G)Skibbereen A.C.	31.26	2011
	Hammer	Orlaith Read	Donore Harriers A.C.	32.97	2016





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High Jump	Siobheal Cummins	Ratoath Ms A.C.	1.45	2013
Javelin	Marion Feehan	Ferbane A.C.	21.23	2010
<b>Javelin</b>	<b>Mary Barrett</b>	<b>(G)Loughrea A.C.</b>	<b>21.60</b>	<b>2008</b>
Long Jump	Niamh McGuire	Rathkenny A.C.	4.55	2016
Shot Put	Verena Fenlon	St. Joseph's A.C.	9.03	2017
Pole Vault				
Triple Jump	Finola Moore	Celbridge A.C.	7.70	2012
Weight for Distance 35lb	Verena Fenlon	St. Joseph's A.C.	6.53	2017

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Category	Event	Athlete	Club	CBP:	Date
Master Men 050	<b>110m Hurdles</b>	<b>Joe Davis</b>	<b>Dundrum South Dublin A.C.</b>	<b>18.46</b>	<b>2012</b>
	400m Hurdles	David Keenan	Ballyfin A.C.	77.11	2014
	100m Sprint	David Hayde	St. L. O'Toole A.C.	11.75	2019
	200m Sprint	David Hayde	St. L. O'Toole A.C.	24.17	2019
	400m Sprint	Tom Gallagher	Naas A.C.	56.75	2015
	800m	Frank Hearn	Drogheda & District A.C.	2.13.7H	1993
	1500m	Jim Stafford	Slaney Olympic A.C.	4.18.44	2000
	5000m Distance	Phelim Glynn	Dunboyne A.C.	16.28.81	2015
	3000m Walk	John Joe Lawlor	St. Joseph's A.C.	15.50.16	2016
	<b>3000m Walk</b>	<b>Patrick Murphy</b>	<b>(G)Castleisland A.C.</b>	<b>14.40.39</b>	<b>2015</b>
	Discus	Joe KELLY	Brow Rangers A.C.	36.65	2019
	Hammer	Paddy Hanily	Fr. Murphy A.C.	41.46	2006
	High Jump	Patrick Gately	D.M.P. A.C.	1.50	2018
	High Jump	Stephen Flavin	Croghan A.C.	1.50	2016
	Javelin	Denis Delany	Dunboyne A.C.	45.40	2019
	Long Jump	Patrick Mahon	Gowran A.C.	5.71	2010
	Shot Put	Tom Power	Bagenalstown A.C.	12.31	1999
Triple Jump	John Wallace	Ratoath Ms A.C.	9.04	2017	
35lb Weight for Distance	Seamus Fitzpatrick	Portlaoise A.C.	10.20	2016	

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Category	Event	Athlete	Club	CBP:	Date
Master Women 050	100m Sprint	Moira Groome	Trim A.C.	14.08	2016
		Katherine MARKEY	Fingallians A.C.	14.08	2019
	200m Sprint	Katherine MARKEY	Fingallians A.C.	29.01	2019
	400m Sprint	Geraldine Finegan	North East Runners A.C.	66.97	2018
	800m	Geraldine Finegan	North East Runners A.C.	2.39.53	2016
	1500m	Anne Glishinan	Slaney Olympic A.C.	4.58.39	2018
	3000m Distance	Cathryn Brady	Dundrum South Dublin A.C.	11.36.18	2018
	3000m Walk	Anne Gormley	Donore Harriers A.C.	19.06.24	2013
	Discus	Jean Daly	Na Fianna A.C.	23.93	2016
	<b>Discus</b>	<b>Mary Barrett</b>	<b>(G)Loughrea A.C.</b>	<b>25.38</b>	<b>2009</b>



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Hammer	Jean Daly	Na Fianna A.C.	34.32	2019
High Jump	Siobhéal Murray	Ratoath Ms A.C.	1.50	2018
Javelin	Geraldine Finegan	North East Runners A.C.	30.55	2018
Long Jump	Siobheal Murray	Ratoath Ms A.C.	3.99	2017
Shot Put	Geraldine Finegan	North East Runners A.C.	10.74	2016
Triple Jump	Lucy Moore-Fox	Dundrum South Dublin A.C.	8.17	2011
35lb Weight for Distance	Jean Daly	Na Fianna A.C.	6.18	2017

Category	Event	Athlete	Club	CBP:	Date
Master Men O55	100m Sprint	Shane Sheridan	Dundrum South Dublin A.C.	12.57	2014
	200m Sprint	Shane Sheridan	Dundrum South Dublin A.C.	25.94	2014
	400m Sprint	Shane Sheridan	Dundrum South Dublin A.C.	60.94	2015
	800m	John Baldwin	Kilcoole A.C.	2.22.77	2017
	1500m	Martin McDonald	Ballyroan Abbeyleix & District AC	4.45.35	2013
	5000m Distance	Martin McDonald	Ballyroan Abbeyleix & District AC	17.19.00	2014
	3000m Walk	Bobby King	Dunboyne A.C.	15.06.00	2005
	3000m Walk	Patrick Murphy	(G)Castleisland A.C.	14.58.40	2016
	Discus	Seamus Fitzpartrick	Portlaoise A.C.	34.45	2019
	Hammer	Paddy Hanily	Fr. Murphy A.C.	38.25	2008
	High Jump	John WALLACE	Ratoath A.C.	1.42	2019
	Javelin	John Territt	St. Abban's A.C.	34.03	2016
	Long Jump	Patrick Mahon	Gowran A.C.	4.97	2016
	Shot Put	Seamus Fitzpartrick	Portlaoise A.C.	11.38	2019
	Triple Jump	Michael Flynn	Tullamore Harriers A.C.	8.80	2010
Weight for Distance 35lb	Seamus Fitzpartrick	Portlaoise A.C.	9.41	2019	

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Category	Event	Athlete	Club	CBP:	Date
Master Women O55	100m hurdles	Mary Barrett	(G) Loughrea A.C.	14.98	2014
	100m Sprint	Mary McDonnell	Drogheda & District A.C.	15.22	2016
	200m Sprint	Mary McDonnell	Drogheda & District A.C.	31.44	2015
	400m Sprint	Deirdre O'Reilly	St. Coca's A.C.	71.54	2016
	800m	Nuala Reilly	Drogheda & District A.C.	3.01.29	2012
	1500m	Ann Sullivan	D.M.P. A.C.	5.23.25	2018
	3000m Distance	Ann Sullivan	D.M.P. A.C.	11.27.04	2018
	3000m Walk	Brid Lawlor	St. Joseph's A.C.	19.54.03	2015
	Discus	Mary Barrett	(G)Loughrea A.C.	24.85	2018
	Discus	Lucy Moore-Fox	Dundrum South Dublin A.C.	18.99	2013
	Hammer	Lucy Moore-Fox	Dundrum South Dublin A.C.	28.03	2012
	High Jump	Finola Moore	Celbridge A.C.	1.20	2016
	High Jump	Lucy Moore Fox	Dundrum South Dublin A.C.	1.20	2012
	Javelin	Mary Breen	St. Joseph's A.C.	9.07	2018
	Javelin	Mary Barrett	(G)Loughrea A.C.	21.18	2016
	Long Jump	Finola Moore	Celbridge A.C.	3.55	2018



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Shot Put	Lucy Moore-Fox	Celbridge A.C.	9.16	2013
<b>Shot Put</b>	<b>Mary Barrett</b>	<b>(G)Loughrea A.C.</b>	<b>9.93</b>	<b>2015</b>
Weight for Distance 35lb	Mary Breen	St. Joseph's A.C.	4.56	2018

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Category	Event	Athlete	Club	CBP:	Date
Master Men O60	110m Hurdles	Earl Taylor	Dunleer A.C.	21.72	2010
	300m Hurdles	Mick Priest	Fr. Murphy A.C.	59.17	2014
	100m Sprint	Shane SHERIDAN	Dundrum South Dublin A.C.	12.65	2019
	200m Sprint	Shane SHERIDAN	Dundrum South Dublin A.C.	26.48	2019
	400m Sprint	Terry Kavanagh	Slí Cualann A.C.	67.71	2013
	<b>400m Sprint</b>	<b>Alex Donald</b>	<b>(G) North Down A.C.</b>	<b>64.37</b>	<b>2008</b>
	800m	Terry Mee	Donore Harriers A.C.	2.34.92	2005
	1500m	Pat Timmons	Raheny Shamrocks A.C.	4.55.92	2010
	5000m Distance	Martin McDonald	Ballyroan Abbeyleix & District AC	18.36.81	2017
	3000m Walk	Bobby King	Dunboyne A.C.	14.45.98	2007
	Discus	Phillip Conway	Crusaders A.C.	39.46	2010
	Hammer	Paddy Hanily	Fr. Murphy A.C.	43.39	2016
	High Jump	Peadar McGing	Dundrum South Dublin A.C.	1.40	2016
	Javelin	Willie O'Toole	St. L. O'Toole A.C.	32.60	2012
	Long Jump	Willie O'Toole	St. L. O'Toole A.C.	4.24	2015
	Shot Put	Tom Power	Bagenalstown A.C.	11.78	2006
	Weight for Distance 35lb	Paddy Hanily	Fr. Murphy A.C.	8.80	2016
Triple Jump	Peadar McGing	Dundrum South Dublin A.C.	9.38	2018	

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Category	Event	Athlete	Club	CBP:	Date
Master Women O60	100m Sprint	Bernie Bannon	St. Michael's A.C.	16.08	2019
	200m Sprint	Mary Walsh	Tullamore Harriers A.C.	36.48	2010
	<b>200m Sprint</b>	<b>Hazel Galloway</b>	<b>(G)Clonmel A.C.</b>	<b>34.51</b>	<b>2018</b>
	400m Sprint	Mary Walsh	Tullamore Harriers A.C.	83.56	2009
	800m	Maxine Jones	Dundrum South Dublin A.C.	2.58.43	2017
	1500m	Ann Sullivan	D.M.P. A.C.	5:30.46	2019
	3000m Distance	Ann Sullivan	D.M.P. A.C.	11:47.47	2019
	3000m Walk	Pamela Reynolds	Dunboyne A.C.	20.26.84	2008
	Discus	Betty Cunningham	Dunboyne A.C.	13.79	2011
	Long Jump	Bernie BANNON	St. Michael's AC	3.05	2019
	Hammer	Lucy Moore-Fox	Dundrum South Dublin A.C.	23.89	2017
	Javelin	Betty Cunningham	Dunboyne A.C.	5.70	2011
	<b>Javelin</b>	<b>Mary BARRETT</b>	<b>(G)Loughrea A.C.</b>	<b>19.38</b>	<b>2019</b>
	Shot Put	Bernie BANNON	St. Michael's AC	7.41	2019
	Weight for Distance 35lb	Betty Cunningham	Dunboyne A.C.	2.17	2009



## Athletics Leinster Outdoor Championship Best Performance 1985 to 2019

Category	Event	Athlete	Club	CBP:	Date
Master Men 065	100m Sprint	David Leech	Blackrock A.C. (Dublin)	14.38	2016
	<b>100m Sprint</b>	<b>Patrick Forbes</b>	<b>(G) Mid Ulster A.C.</b>	<b>13.87</b>	<b>2010</b>
	200m Sprint	Tom Clinton	Navan A.C.	29.84	2014
	<b>200m Sprint</b>	<b>Patrick Forbes</b>	<b>(G) Mid Ulster A.C.</b>	<b>29.03</b>	<b>2010</b>
	400m Sprint	Patrick Timmons	Raheny Shamrocks A.C.	69.04	2015
	800m	Jim McEvoy	Lourdes A.C.	2.45.14	2006
	<b>800m</b>	<b>Barry Morris</b>	<b>(G) City of Lisburn A.C.</b>	<b>2.36.18</b>	<b>2016</b>
	<b>1500m</b>	<b>Brian McGrath</b>	<b>Le Cheile A.C.</b>	<b>5.42.12</b>	<b>2019</b>
	3000m Distance	Peter McDermott	Rathfarnham W.S.A.F. A.C.	12.18.24	2014
	<b>5000m Distance</b>	<b>Sean McMullin</b>	<b>Mullingar Harriers A.C.</b>	<b>22.03.54</b>	<b>2012</b>
	3000m Walk	Bobby King	St. Coca's A.C.	14.37.80	2011
	Discus	Murty Kelly	Brow Rangers A.C.	32.03	2013
	Hammer	Patsy Conboy	Brothers Pearse A.C.	44.75	2006
	High Jump	Mick Priest	Fr. Murphy A.C.	1.37	2016
	<b>Javelin</b>	<b>Willie O'Toole</b>	<b>St. L. O'Toole A.C.</b>	<b>30.28</b>	<b>2019</b>
	Long Jump	Willie O'Toole	St. L. O'Toole A.C.	4.22	2016
	<b>Shot Put</b>	<b>Willie O'Toole</b>	<b>St. L. O'Toole A.C.</b>	<b>10.36</b>	<b>2019</b>
<b>Weight for Distance 35lb</b>	<b>Paddy HANILY</b>	<b>Fr. Murphy A.C.</b>	<b>8.07</b>	<b>2019</b>	

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Category	Event	Athlete	Club	CBP:	Date
Master Women 065	200m Sprint	Mary Walsh	Tullamore Harriers A.C.	38.82	2011
	400m Sprint	Mary Walsh	Tullamore Harriers A.C.	1.26.55	2011
	800m	Mary Walsh	Tullamore Harriers A.C.	3.20.37	2011

Category	Event	Athlete	Club	CBP:	Date
Master Men 070	100m Sprint	John D. Ryan	Crusaders A.C.	14.39	2010
	<b>100m Sprint</b>	<b>Patrick Forbes</b>	<b>(G) Mid Ulster A.C.</b>	<b>14.34</b>	<b>2013</b>
	200m Sprint	John D. Ryan	Crusaders A.C.	30.44	2010
	<b>200m Sprint</b>	<b>Patrick Forbes</b>	<b>(G) Mid Ulster A.C.</b>	<b>29.64</b>	<b>2013</b>
	400m Sprint	John D. Ryan	Crusaders A.C.	70.33	2010
	<b>400m Sprint</b>	<b>John Mac Dermott</b>	<b>(G)Sligo A.C.</b>	<b>69.77</b>	<b>2017</b>
	800m	Jim McEvoy	Lourdes A.C.	2.42.08	2008
	1500m	Jim McNamara	Donore Harriers A.C.	5.47.74	2009
	<b>3000m Distance</b>	<b>Tom DURCAN</b>	<b>Bohermeen A.C.</b>	<b>12.40.78</b>	<b>2019</b>
	<b>5000m Distance</b>	<b>Jim Langan</b>	<b>Tullamore Harriers A.C.</b>	<b>29.42.10</b>	<b>2013</b>
	<b>3000m Walk</b>	<b>Sean MCMULLIN</b>	<b>Mullingar Harriers A.C.</b>	<b>17:49.08</b>	<b>2019</b>
	<b>Discus</b>	<b>Murty Kelly</b>	<b>Brow Rangers A.C.</b>	<b>32.24</b>	<b>2019</b>



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	Hammer	Patsy Conboy	Brothers Pearse A.C.	35.02	2012
	Javelin	Tony Jenkins	Donore Harriers A.C.	23.25	2015
	Shot Put	Murty Kelly	Brow Rangers A.C.	9.74	2018
	Weight for Distance 35lb	Tom Walsh	Mullingar Harriers A.C.	8.39	2018

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Category	Event	Athlete	Club	CBP:	Date
Master Women 070	100m Sprint	Mary Walsh	Tullamore Harriers A.C.	39.97	2019
	3000m Walk	Pamela Reynolds	St. Andrew's A.C.	25.36.84	2019
	Discus	Frances Mansfield	Clonliffe Harriers A.C.	13.73	2017
	Hammer	Frances Mansfield	Clonliffe Harriers A.C.	15.25	2015

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Category	Event	Athlete	Club	CBP:	Date
Master Men 075	100m Sprint	John Cotter	Dunboyne A.C.	20.08	2016
	200m Sprint	Paddy Craddock	Blackrock A.C. (Dublin)	43.38	2010
	200m Sprint	John MACDermott	(G) Sligo A.C.	30.08	2019
	400m Sprint	Jim McEvoy	Drogheda & District A.C.	80.21	2013
	800m	Jim McEvoy	Drogheda & District A.C.	2.54.37	2013
	1500m	Jim Langan	Tullamore Harriers A.C.	6.57.47	2018
	3000m	Jim Langan	Tullamore Harriers A.C.	20.09.19	2019
	3000m Walk	Sean McMullin	Mullingar Harriers A.C.	17.33.20	2016
	Discus	Michael McGarry	Dundrum South Dublin A.C.	28.18	2010
	Hammer	Michael McGarry	Dundrum South Dublin A.C.	28.64	2010
	Shot Put	Michael McGarry	Dundrum South Dublin A.C.	8.51	2010
	Weight for Distance 35lb	Patsy Conboy	Brothers Pearse A.C.	6.62	2019

Category	Event	Athlete	Club	CBP:	Date
Master Women 075	100m Sprint	Maire Gately	Bree A.C.	33.93	2015

Category	Event	Athlete	Club	CBP:	Date
Master Men 080	Discus	Thomas Toner	St. Andrew's A.C.	16.11	2016
	Hammer	Thomas Toner	St. Andrew's A.C.	29.07	2016
	Shot Put	Michael McGarry	Dundrum South Dublin A.C.	7.94	2018
	Weight for Distance 35lb	Thomas Toner	St. Andrew's A.C.	4.84	2016