

# Athletics Leinster



Juvenile Championships Day 1  
Saturday 17th June 2023, Tullamore Harriers

## Timetable

		<u>Track</u>		<u>Field</u>	
Time				Time	
10:00	3000m Walk	U16-U17 Boys	Final	10:00	Long Jump U13 Girls
10:00	3000m Walk	U17-U19 Girls	Final	10:00	Long Jump U13 Boys
10:00	5000m Walk	U18+U19 Boys	Final	11:30	Triple Jump U17 - U19 Boys
10:25	2000m Walk	U14-U16 Girls	Final	12:00	Long Jump U17 Girls
10:40	2000m Walk	U14-U15 Boys	Final	12:30	Triple Jump U14 + U16 Girls
11:00	80m Sprints	U14s	Heats	13:30	Triple Jump U15 Girls
	100m Sprints	U15s	Heats	14:00	Long Jump U14 Boys
	100m Sprints	U16s	Heats	14:30	Long Jump U18-U19 Girls
	100m Sprints	U17s	Heats	15:30	Long Jump U15 Boys
	100m Sprints	U18s	Heats	16:00	Long Jump U16 Boys
	100m Sprints	U19s	Final		
12:20	1500m	U14s	Timed	10:30	High Jump U17 - U19 Boys
	1500m	U15s	Final	11:30	High Jump U14 Girls
	1500m	U16s	Final	12:30	High Jump U15 Girls
	1500m	U17s	Final	14:00	High Jump U16 Girls
	1500m	U18s	Final		
	1500m	U19s	Final	11:00	Pole Vault U13 - U19 Girls
13:25	80m Sprints	U14s	Final	12:30	Pole Vault U13 - U19 Boys
	100m Sprints	All	Final		
14:00	Star Awards Presentations			10:00	Discus U17 - U19 Boys
14:40	400m Sprint	U16s	Heats	11:00	Discus U14 Girls
	400m Sprint	U17s	Final	12:00	Discus U15 - U16 Girls
	400m Sprint	U18s	Heats	14:00	Hammer U17 - U19 Boys
	400m Sprint	U19s	Final	14:30	Hammer U14 - U16 Girls
15:10	300m Sprint	U14s	Timed		
	300m Sprint	U15s	Timed	10:00	Javelin U17 - U19 Girls
15:40	2000m SC (0.762m)	U17+U18 Girls	Final	11:00	Javelin U14 + U16 Boys
	3000m SC (0.762m)	U19 Girls	Final	12:30	Javelin U15 Boys
	3000m SC (0.914m)	U19 Boys	Final	14:00	Javelin U13 Girls
	3000m SC (0.838m)	U18 Boys	Final	15:00	Javelin U13 Boys
	2000m SC (0.762m)	U17 Boys	Final		
16:30	400m Sprint	All	Finals	10:00	Shot Put U14 Boys
16:50	Inter County 4x100m	U15s	Final	11:00	Shot Put U15 Boys
	Inter County 4x100m	U17s	Final	12:00	Shot Put U16 Boys
	Inter County 4x100m	U19s	Final	14:00	Shot Put U17 Girls
				15:00	Shot Put U18-U19 Girls

Based on Final entries, some time changes may take place.  
Please pay attention to PA timetable can go up to 1 hour forward.

# Athletics Leinster



Juvenile Championships Day 2  
Sunday 18th June 2023, Tullamore Harriers

## Timetable

<u>Track</u>				<u>Field</u>		
Time				Time		
10:00	250m Hurdles	U15s	Heats	10:00	Long Jump	U12 Boys
	250m Hurdles	U16s	Final	10:00	Long Jump	U12 Girls
	300m Hurdles	U17s	Final	11:30	Triple Jump	U17 - U19 Girls
	400m Hurdles	U18+U19 Girls	Final	12:00	Long Jump	U18+U19 Boys
	400m Hurdles	U18+U19 Boys	Final	12:30	Triple Jump	U14 - U16 Boys
10:45	800m	U14s	Heats	12:45	Long Jump	U17 Boys
	800m	U15s	Heats	14:00	Long Jump	U14 Girls
	800m	U16s	Heats	14:00	Long Jump	U15 Girls
	800m	U17s	Heats	15:15	Long Jump	U16 Girls
	800m	U18s	Final			
	800m	U19s	Final	10:00	High Jump	U14 Boys
12:00	250m Hurdles	U15s	Final	11:00	High Jump	U15 Boys
12:15	200m Sprints	U14s	Heats	12:00	High Jump	U16 Boys
	200m Sprints	U15s	Heats	13:30	High Jump	U17 + U19 Girls
	200m Sprints	U16s	Heats	14:30	High Jump	U18 Girls
	200m Sprints	U17s	Heats			
	200m Sprints	U18s	Final	10:00	Discus	U17 - U19 Girls
	200m Sprints	U19s	Final	11:00	Discus	U14-U15 Boys
13:15	Star Awards Presentations			12:00	Discus	U16 Boys
14:00	200m Sprints	Final	All	14:00	Hammer	U14 - U16 Boys
14:25	60m Hurdles	U12s	Heats	14:40	Hammer	U17 - U19 Girls
	60m Hurdles	U13s	Heats			
	75m Hurdles	U14s	Heats	10:00	Javelin	U14 Girls
	80m Hurdles	U15 Girls	Final	10:50	Javelin	U15 Girls
	80m Hurdles	U16 Girls	Final	11:40	Javelin	U17 - U19 Boys
	80m Hurdles	U15 Boys	Final	12:20	Javelin	U16 Girls
	100m Hurdles	U17 Girls	Final	13:30	Turbo Javelin	U12 Girls
	100m Hurdles	U18 Girls	Final	15:30	Turbo Javelin	U12 Boys
	100m Hurdles	U16 Boys	Final			
	100m Hurdles	U19 Girls	Final	10:00	Shot Put	U16 Girls
	100m Hurdles	U17 Boys	Final	10:50	Shot Put	U14 Girls
	110m Hurdles	U18+U19 Boys	Final	12:00	Shot Put	U15 Girls
	15:25	3000m	U16+U17 Girls	Final	13:30	Shot Put
3000m		U16+U17 Boys	Final			
3000m		U18+U19 Girls	Final			
3000m		U18+U19 Boys	Final			
16:15	800m	All	Final			
16:40	Sprint Hurdles	All	Final			

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