

Track and Field Timetable East Leinster Zone Girls/Boys

Monday 29th of April– Santry

TRACKS EVENTS

TIME	EVENT	TIME	EVENT
9.00am	T1 Senior Boys 5,000m	13.00pm	T22 Relay Junior Girls Heats A & B T23 Relay Inter Girls Heats T24 Relay Senior Girls Heats T25 Relay Junior Boys Heats A & B T26 Relay Inter Boys Heats T27 Relay Senior Boys Heats
9.30am	T2 Senior Boys 400m Hurdles T3 Inter Boys 400m Hurdles T4 Senior Girls 400m Hurdles T5 Inter Girls 300m Hurdles T6 Inter Girls 3000m/Senior Girls 3,000mts		
10.00am	T7 200m Junior Girls Heats T8 200m Under 16 Girls Heats T9 200m Inter Girls Heats T10 200m Senior Girls Heats T11 200m Junior Boys Heats T12 200m Under 16 Boys Heats T13 200m Inter Boys Heats T14 200m Senior Boys Heats (Semi-Finals T7-T14 where necessary)	14.30p.m.	T28 3,000m Inter Boys T29 200m Junior Girls Final T30 200m Under 16 Girls Final T31 200m Inter Girls Final T32 200m Senior Girls Final T33 200m Junior Boys Final T34 200m Under 16 Boys Final T35 200m Inter Boys Final T36 200m Senior Boys Final
11.30am	T15a Minor Girls 800m T15b Minor Boys 800m T16 Junior Girls 800m T17 Junior Boys 800m T18 Inter Girls 800m T19 Inter Boys 800m T20 Senior Girls 800m T21 Senior Boys 800m <i>*Timed if more than one heat</i>	15.15pm	T37 Relay Junior Girls Final A & B T38 Relay Inter Girls Final T39 Relay Senior Girls Final T40 Relay Junior Boys Final A & B T41 Relay Inter Boys Final T42 Relay Senior Boys Final T43 Relay Senior Girls (4 x 300) T44 Relay Senior Boys (4 x 400)

NOTE *Times are approximate – programme will run continuously

Qualification to Leinster:

- *First 2 in laned events, first 3 in non-laned and field events.*
- *'B' races do not qualify to Leinster.*
- *An athlete at minor (500/800/1100m) and junior (800/1500m) level may only compete in one middle distance race.*

Please note only the following events at Minor level qualify to the All-Ireland's:

- *100m*
- *800m*
- *Long Jump*
- *High Jump*
- *Shot*
- *Relay*
- *Hurdles*

FIELD EVENTS DAY 1

TIME	EVENT					
9.30a.m.	Senior Girls Long Jump	Inter Girls High Jump	Junior Girls Javelin	Inter Boys Long Jump	Minor Girls Shot	Senior Boys Discus
10.30a.m.	Inter Girls Long Jump	Senior Girls High Jump	Senior Girls Javelin	Senior Boys Long Jump	Inter Girls Shot	Junior Boys Discus
11.30a.m.	U16 Girls Long Jump	Minor Girls High Jump	Minor Girls Javelin	Minor Boys Long Jump	U16 Girls/ Senior Girls Shot	Inter Boys Discus
12.30a.m	Minor Girls Long Jump	Junior Girls High Jump	Inter Girls Javelin	U16 Boys Long Jump	Junior Girls Shot	Minor Boys Discus
09.00a.m.	<u>Hammer</u>	Junior Boys	Inter Boys	Senior Boys		