

South Leinster Track and Field Minor and Junior

Thursday April 25th 2024

Starting Time: 10:45am at SETU Carlow
9.30am Hammer Junior Boys&Girls together

Order of Events - Track

Order of Events - Field

Order of heats Minor Girls Minor Boys Junior Girls Junior Boys

1*	300m Hurdles Inter Girls - Heats			
2*	400m Hurdles Senior Girls - Heats			
3*	400m Hurdles Inter Boys - Heats			
4*	400m Hurdles Senior Boys - Heats			
5 \ 8	4x100m Relays - Heats			
9 \ 10	4x300m Relays Boys&Girls Under 16	11:00 Minor Girls		13:00 Junior Boys
11 \ 12	1,200m Walks - Junior Girls and Boys	12:00 Minor Boys		14:00 Junior Girls
13 \ 14	2,000m Walks - Inter Girls and Boys			
15 \ 18	3,000m Walks Senior Girls and Boys			
19 \ 22	4x100m Relays - Finals			
23 \ 24	200m Under 16 Boys and girls Heats	11:00 Junior Boys		13:00 Minor Girls
25 \ 26	200m Girls and Boys Junior Heats	12:00 Junior Girls		14:00 Minor Boys
27 \ 28	500m Girls and Boys - Heats			
29 \ 30	800m Girls and Boys - Heats			
31 \ 32	100m Girls and Boys - Heats			
33 \ 34	75m Hurdles Minor&Junior Girls Minor B	11:00 Junior Boys 4kg		13:00 Minor Boys 3kg
35 \ 36	80m Hurdles Junior Boys Heats	12:00 Junior Girls 3kg		14:00 Minor Girls 2.72kg
37 \ 40	Finals of Hurdles, In the same order 3pm	Under 16 Girls 3kg 4pm		Under 16 boys 4kg
41 \ 42	200m Girls and Boys - Finals			
43 \ 44	500m Girls and Boys - Finals			
45 \ 46	1500m Steeplechase I&S Girls	11:00 Junior Girls .75 Kg		13:00 Minor Girls .75 Kg
47 \	1,500m Steeplechase Inter Boys	12:00 Junior Boys 1.00 Kg		14:00 Minor Boys .75 Kg
48 \	2,000m Steeplechase Senior Boys			
49 \ 50	800m Girls and Boys - Finals			
51 \ 52	100m Girls and Boys - Finals			
53 \ 54	1,100m Minor Girls and Boys -Finals	12:00 Minor Boys 500 Gr.		14:00 Junior Boys 600 Gr
	1,500m Junior Girls and Boys - Finals	13:00 Junior Girls 400 Gr.		15:00 Minor Girls 400Gr
	Mile Under 16 Boys and Girls			

Long Jump - Pit No. 1

High Jump

Shot Putt

Discus

Javelin

Triple Jump - Pit No. 2

Please note Finals will take place at
heat time if there are no heats



11:00 Junior Boys 12:00 Junior Girls

Long Jump Pit No.2

1pm Under 16 Boys 2pm Under 16 Girls

Hammer

09:30 Junior Girl: 2.5 Kg
09:30 Junior Boy 4.00Kg

Pole Vault

2pm All Girls
3pm All Boys