



Leinster Junior, Senior Master Championships 2024 SETU South Sports Campus, Carlow

As of 04/06/2025

Saturday 7th June 2025							
Track				Field			
10:00	80mH	Mas Women	2	10:00	Long Jump	U20 + Senior Women	18
	100mH	U18, U20SM Women	13	11:15	Long Jump	U20, Senior Men +CE	19
	100mH	Mas Men	1	12:30	Long Jump	Master Women	4
	110mH	U18, U20SM Men	7	14:00	Long Jump	Master Men	13
	100m	All Men CE	6				
				10:00	Shot Put	U20, Senior Men, Mas O35-49	17
10:40	1500m	Women	29	10:50	Shot Put	Master Men O50+	20
11:00	1500m	Men	44	11:50	Seated SP	All	6
				12:20	Shot Put	U20 + Senior Women	6
11:30	110mH	Series 2	6	12:50	Shot Put	Men CE	6
	100mH	Series 2	7	13:20	Shot Put	Master Women	22
				14:30	Weight D	Men	30
12:00	3000m SC	Women	2	16:00	Weight D	Women	16
12:00	2000m SC	U18 Women	3				
				10:00	Javelin	U20 + Senior Women	14
12:20	100m	Women (U20U23SM)	65	11:00	Javelin	Master Women	15
13:00	100m	Men (U20U23SM)	82	11:40	Javelin	U20 + Senior Men	16
				12:30	Seated JT	All	6
14:00	2000m SC	U18 Men	6	13:00	Javelin	Master Men	23
14:10	3000m SC	Mas Men	2				
14:25	3000m SC	U20, Sen Men	1	14:00	Seated DT	All	6
				14:30	Discus	Women	21
14:40	100m	Finals (U20, U23 Sen)		15:30	Discus	U20 + Senior Men	16
		Series 2 where no Final		16:30	Discus	Master Men	25
15:00	400m	Women	31	11:00	Pole Vault	Women	11
15:20	400m	Men	52	12:30	Pole Vault	Men	6
				TBC	High Jump	Combined Events	6
16:00	400m	Men CE	6	Heats available for U20 & Senior Athletes in the Short Hurdles, 100m & 200m. Wind Direction choosen at start of first set of races for Event.			
16:10	Relays	4x100m	8				
Sunday 8th June 2025							
10:00	110mH	Men CE	6				
10:30	300mH	Mas Women; Mas Men	4	10:30	High Jump	Women	7
	400mH	U18, JSM Women	9	11:30	High Jump	Men	14
	400mH	U18, JSM Men	11				
				12:30	Triple Jump	Women	10
11:00	800m	Women	29	13:30	Triple Jump	Men	13
11:20	800m	Men	30				
12:00	5k, 3k Walks	Men + Women	11	TBC	Pole Vault	Men CE	6
				TBC	Javelin	Men CE	6
13:00	200m	Women	63				
13:25	200m	Men	66	10:00	Hammer	Women	17
				11:00	Discus	Men CE	6
14:00	3000m	Women	22	11:30	Hammer	U20 + Sen Men	12
14:30	3000m	U20 Men + Mas O65+	14	12:30	Hammer	Master Men	22
				13:30	H Hammer	Women	11
14:50	200m	U20+Sen Finals		14:30	H Hammer	Men	25
15:00	Relays	Mixed 4x400m	0				
15:20	5000m	Senior Men + Mas Men	23	15:00	Weight H	Women	6
16:00	Relays	4x400m	9	16:00	Weight H	Men	17
16:30	1500m	Combined Events	6				

NB - Schedule can run upto 1 hour ahead.

Listen to PA for Announcements of Changes in the Timetable

Check-In for Events Closes at 14:00

Implement Check 1hr before event Schedule