

St. Brigid's Athletic Club

Chairman: Gerard Heery
Hammondstown, Castlepollard
086 2499886

Secretary: Ann Lynch
Rathgarve, Castlepollard
087 1934194

Ballinacree
Oldcastle
Co. Meath

Dear Sir/Madam,

St. Brigid's Athletic Club would like to invite your school to participate in the Geraldine Dolan Memorial Trail Run on **Tuesday the 11th of October 2022**, at **our club grounds adjacent to the St Brigid's GFC Pitch**. Competition to commence at **11.00 am** with events for minor girls and boys up to senior girls and boys.

The age groups are broken down as follows:

Minor - Under 14 on the 1st of July in the year of competition - i.e., 2022

Junior - Under 15 on the 1st of July in the year of competition - i.e., 2022

Intermediate - Under 17 on the 1st of July in the year of competition - i.e., 2022

Senior - Under 19 on the 1st of July in the year of competition - i.e., 2022

I have attached an order of events which is aimed at catering for all competitors, with distances ranging from 1,000m to 2,000m. Points will be awarded to the **first 10 individuals** in each race, with the winner getting 10 points, second placed 9 points... In the case where there are not 10 individuals in a race, points will be scaled back in line with the number of finishers - e.g., if there are only six finishers in a race the winner will get 6 points, second placed 5 points...

In addition, there will be a team competition - **minor** and **junior girls** and **boys** races will be **teams of four** to count, while **intermediate** and **senior girls** and **boys** races will be **teams of three** to count. Points will be based on the number of teams in each race - e.g. if 12 teams finish, the winners will get 12 points, second placed 11 points... while if only 4 teams finish, the winners will get 4 points, second placed 3 points...

Athletes must run in their own age group except in a team event where ONE athlete from the age group immediately below may complete a team. No athlete may run in more than one race.

Finally, **individual** and **team points** will then be **added together** with the **best overall school** receiving the **Geraldine Dolan Perpetual Cup**.

Entry Fee **€2.00** per athlete.

There is no restriction on the number of individuals or teams any school can bring - the more the merrier. I would be grateful if you could **please advise us of your participation** at your earliest convenience.

For further information on any of the above please contact either Martin J Heery on **086 8564160** / mjheery@yahoo.com

Yours in sport,

Martin J Heery
St. Brigid's Athletic Club