

# St. Brigid's Athletic Club

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Ballinacree  
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## Order of Events:

All races will complete the starting straight (SS) plus the number of laps indicated below:

Minor Girls:	1000m	SS + 1.5 Laps
Minor Boys:	1000m	SS + 1.5 Laps
Junior Girls:	1000m	SS + 1.5 Laps
Junior Boys:	1500m	SS + 2.5 Laps
Intermediate Girls:	1500m	SS + 2.5 Laps
Intermediate Boys:	2000m	SS + 3.5 Laps
Senior Girls:	1500m	SS + 2.5 Laps
Senior Boys:	2000m	SS + 3.5 Laps

### Rules:

1) The age groups are broken down as follows:

**Minor** - Under 14 on the 1<sup>st</sup> of July in the year of competition – i.e., 2022

**Junior** - Under 15 on the 1<sup>st</sup> of July in the year of competition – i.e., 2022

**Intermediate** - Under 17 on the 1<sup>st</sup> of July in the year of competition – i.e., 2022

**Senior** - Under 19 on the 1<sup>st</sup> of July in the year of competition – i.e., 2022

2) Athletes must run in their own age group except in a team event where ONE athlete from the age group immediately below may complete a team

3) No athlete may run in more than one race

4) **Minor and Junior** girls and boys races will be **teams of four** to count

5) **Intermediate and Senior** girls and boys races will be **teams of three** to count