



Athletics Leinster

Juvenile "B" Cross Country and Juvenile Mixed Cross Country Relays Championships 2023

V2

(29th Jan)

Note: age categories for **2022** shall apply for this event

1	Juvenile "B" Cross Country is open to athletes who did not win a medal at the Athletics Leinster Juvenile Cross Country Championships in 2022, in any age group – even or uneven, i.e. an Individual top-12 place medal, or a medal as a scoring member of a top-3 placed Club or County team.
2	All entrants shall enter the "B" cross country as individuals .
3	Club or County "B" Cross Country team entries are not required; every athlete will be automatically assigned to their Club and County team and results will be determined by the first 4 Club athletes and the first 6 County athletes across the line; NO team declaration is necessary.
4	Mixed Relays are open to all athletes in the relevant age groups and not confined to those only eligible for the "B" Cross Country.
5	Athletes may compete in the relays and in the "B" Championships, but only ELIGIBLE athletes may compete in the "B" (<i>see 1 above</i>)

Contact

Athletics Leinster Cross Country Secretary

Greg Duggan

athleticsleinsterxcsec@gmail.com



Juvenile "B" XC & Mixed XC Relays 2023 Booklet

2023 Athletics Leinster "B" Cross Country & Mixed Relays Programme			
Date	Start Time	Age Category	Venue
Hosted by – Athletics Laois / Oughaval AC			
SATURDAY 25 th February 2023	12:00 Noon	Under 11, 13, 15 & 17	Stradbally Hall, Stradbally, Co. Laois (Eircode R32 PK2R)

Closing Dates: - (All entries are online – No late Entries)

"B" Cross Country & Mixed Relays – Sunday 19th February 2023.

2022 Age Groups

1. Age categories calculated from 31st December **2022**.
2. **Age Categories for 2022 apply.**

Under 11 – born 2012 & 2013

Under 13 – born 2010 & 2011

Under 15 – born 2008 & 2009

Under 17 – born 2006 & 2007

Cross Country Entry Fees

Individual

Juvenile Individual (U11, 13, 15, 17) €5

Juvenile Mixed Relay teams (U11, 13, 15, 17) €12

Entry fee is inclusive of the transaction charge (4%)

Gate Admission:

€5 per person – please have money ready for collection to ensure no delays for parking and your athletes.



Juvenile "B" XC & Mixed XC Relays 2023 Booklet

Online Entry Only – Payment by Credit/Debit Card

All entries *via* link, which is available on the Athletics Leinster website and Facebook page

www.athleticsleinster.com

Online Entries Close – Sunday 19th February 2023 for "B" Cross Country & Mixed Relays

Entry & Competition Rules

Current Athletics Ireland Registration is mandatory for all athletes.

Athletics Leinster "B" Cross Country

Eligibility: Juvenile "B" Cross Country is open to athletes who **did not win** a medal at the Athletics Leinster Cross Country Championships in 2022, in any age group – even or uneven, i.e. an Individual top-12 place medal, or a medal as a **scoring member** of a top-3 placed Club or County team.

Athletics Leinster Juvenile Mixed Relays

Eligibility: Juvenile Mixed Relays are open to all registered athletes affiliated to Athletics Leinster, which comprises the Counties of the Province of Leinster, **excluding** Dublin & Longford.

Age categories for "B" Cross Country & Mixed Relays

- Ages: Under 11, 13, 15, 17. An athlete may move up one age group to compete (e.g. an U10 **in 2022** can move up to U11).
- In "B" Cross Country, ALL entrants shall enter as individuals.
- Club or County team entries are not required; every athlete will be automatically assigned to their Club and County team and results will be determined by the first 4 Club athletes and the first 6 County athletes across the line; no team declaration is necessary.
- In Mixed Relays, Clubs may enter multiple teams; all members of a team may move up one year to make up teams.
- The running order in all Mixed Relays shall be boy – girl – boy – girl.
- Only athletes who are officially entered and have a valid race number are permitted to run. Passing on numbers is not allowed. Any athlete who does this will not be recorded in results and may cause disqualification for team mates/other Club athletes and disqualification from future Athletics Leinster Championship events.



2023 "B" Cross Country & Mixed Relay Race Distances

Distance	Female	Male	Distance
1,000m	U11	Under 11	1,000m
1,500m	U13	Under 13	1,500m
2,500m	U15	Under 15	2,500m
3,000m	U17	Under 17	3,000m
4 x 250m relay	Under 11	Under 11	4 x 250m relay
4 x 250m relay	Under 13	Under 13	4 x 250m relay
4 x 500m relay	Under 15	Under 15	4 x 500m relay
4 x 500m relay	Under 17	Under 17	4 x 500m relay

"B" Cross Country Club Teams

Scoring:

Enter	Scoring	Age Category	Category
Automatic entry	4	U11	Boys & Girls
Automatic entry	4	U13	Boys & Girls
Automatic entry	4	U15	Boys & Girls
Automatic entry	4	U17	Boys & Girls

"B" Cross Country County Teams

Scoring:

Enter	Scoring	Age Category	Category
Automatic entry	6	U11	Boys & Girls
Automatic entry	6	U13	Boys & Girls
Automatic entry	6	U15	Boys & Girls
Automatic entry	6	U17	Boys & Girls

PLEASE NOTE: "B" Cross Country Club or County team entries are not required; every athlete will be automatically assigned to their Club and County team and results will be determined by the first 4 Club athletes and the first 6 County athletes across the line; NO team declaration is necessary.



Juvenile "B" XC & Mixed XC Relays 2023 Booklet

"B" Cross Country Awards

Juvenile – Under 11, 13, 15, 17

Championship medals to:

- Top **12** Individuals in each category
- Top **3** Club Teams in each category (4 medals awarded)
- Top **3** County Teams in each category (6 medals awarded)

Mixed Relay Awards

Juvenile – Under 11, 13, 15, 17

Championship medals to:

- Top **3** Teams in each category (4 medals awarded)



Juvenile "B" XC & Mixed XC Relays 2023 Booklet

Start Area, Finish Area, Cross Country Course and medal presentation area –

These areas are for officials and athletes only. COACHES AND PARENTS ARE STRICTLY NOT ALLOWED in these areas at any time. Those found to be in violation of this guideline risk disqualification of their athletes and possibly their Club. Please stay outside of the perimeter ropes around the course and areas mentioned at all times.

Photography

In line with the recommendation in Athletics Ireland's Code of Conduct, Athletics Leinster requests that any person(s) wishing to engage in any video, zoom or close-range photography should register their details with **Greg Duggan, Athletics Leinster Road and Cross Country Secretary** prior to commencing. It is not advisable that children are photographed or filmed without their permission and/or the permission of their parent/ guardian.

Athletics Leinster Appeals Procedure

Any appeal in the first instance shall be presented in writing to either the competition manager or track referee as appropriate within 15 minutes of the finish of the event. Appeals will only be accepted when presented by a competent Club official citing basis for appeal and any backup evidence. If the initial appeal is unsatisfactory, the decision may then be appealed to a Jury of Appeal accompanied by a fee of €20 (refundable in the case of a successful appeal). This appeal must be presented on the official Appeals Form available on request at "Check-In", within 20 minutes of the outcome of the initial appeal. The Jury of Appeal shall, in the first instance, be comprised of the Athletics Leinster Chairperson, the Athletics Leinster Road and Cross Country Secretary and the Track Referee on the day. In the case of a conflict of interest on any matter an alternate shall replace the conflicted member(s) for the determination of that issue. In the event that any member/alternate of first instance is unavailable on the day of competition they may be substituted by the Athletics Leinster Vice-Chairman, the Athletics Leinster Treasurer or such other Athletics Leinster Officers as are present on the day, as appropriate. All appeals will be dealt with on the day. The ruling of the Jury of Appeal shall be final.

Respect

Athletics Leinster Officials and Club Officials, who are vital in ensuring our Championships can take place and run smoothly, are to be shown respect at all times. Athletes, parents/guardians and coaches are to ensure that if they have a grievance the proper appeal procedure is used. Verbal or physical abuse will not be tolerated and will be reported to your Club officials and followed up by Athletics Leinster.



Athletics Leinster Officers

Athletics Leinster Officers	
Chair	Catriona Duffy
Vice Chair	Joe Walsh
Secretary & Registrar	Paul Archbold
Treasurer	Majella McGrath
Assistant Treasurer	Ciara Henaghan
Road & Cross Country Secretary	Greg Duggan
Assistant Road & Cross Country Secretary	Martin Heery
Indoor Track & Field Competition Secretary	Laura Henaghan
Outdoor Track & Field Competition Secretary	David Denieffe
Coaching & Development Officer	Vacant
Technical Support	Andrew Lynam
PRO	Mary Daly
PRO	Adrian Martin
Child Welfare Officer	Margaret Daly
Child Welfare Officer	Joe Walsh

END