

Indoor Championship Best Performances

Girls Under 12					Boys Under 12				
Event	C.B.P.	Year	Name	Club	Event	C.B.P.	Year	Name	Club
60m	8.94	2007	Paige Byrne	St. Cocas	60m	8.54	2005	Jordan Conroy	Tullamore Harriers
60m	8.94	2007	Caoimhe Whittaker	St. Cocas	600m	1.45.96	2006	Shane Fitzsimons	Mullingar Harriers
600m	1.54.08	2006	Elizabeth Carr	Mullingar Harriers	60mHurdles	11.43	2009	Ronan Devereux	Bree
60mHurdles	10.67	2009	Aideen Kane	St Killians	High Jump	1.46	2000	Eoin Hannon	Ballyskenach
High Jump	1.27	2007	Amy McTeggart	Boyne	Long Jump	4.60	2000	Joey Dolan	Na Fianna
Long Jump	4.06	2007	Emer McCabe	Naas	Shot Putt	9.42	2008	Conor Mulligan	Tullamore Harriers
Shot Putt	7.24	2009	Alanah Rowan	SLOT	4 x 100m	59.06	2009	Greystones & Dist	
4 x 100m	1.01.56	2003	Bree						
Girls Under 13					Boys Under 13				
Event	C.B.P.	Year	Name	Club	Event	C.B.P.	Year	Name	Club
60m	8.50	2009	Aoife Campion	North Laois	60m	8.34	2001	Eoin Hannon	Ballyskenach
60mHurdles	10.70	2009	Annabelle Morris	Blackrock	60mHurdles	10.10	2008	Paddy Devereux	Bree
600m	1.45.0	2009	Aoife Campion	North Laois	600m	1.43.9	2007	Shane Fitzsimons	Mullingar Harriers
High Jump	1.38	2006	Emily Rogers	Dunleer	High Jump	1.43	2007	Jamie Murtagh	St.Andrews
Long Jump	4.50	2003	Laura Keegan	Celbridge	Long Jump	4.80	2001	Joey Dolan	Na Fianna
Shot Putt	9.78	2009	Ciara Dunne	Crookstown Millview	Shot Putt	11.39	2009	Connor Mulligan	Tullamore Hrs
4 x 200m	58.52	2005	Newbridge		4 x 200m	56.57	2002	Ballyskenach	
Girls Under 14					Boys Under 14				
Event	C.B.P.	Year	Name	Club	Event	C.B.P.	Year	Name	Club
60m	8.1	1996	Bernadette Byrne	St. Abbans	60m	7.9	1998	Paul Murphy	Kilmore
60m	8.1	1999	Louise Delaney	St. Abbans	60m	7.98	2007	Jordan Conroy	Tullamore Harriers
60m	8.36	2002	Julianne Cantwell	St. Abbans	60mHurdles	9.26	2007	Jordan Conroy	Tullamore Harriers
60mHurdles	9.5	1997	Ciara Kearns	Celbridge	800m	2.07.7	1997	Colin Bennett	Mullingar Harriers
60mHurdles	9.84	2008	Linda Earls	Inbhear Dee	1000mWalk	5.03.8	1998	P.J. O'Keefe	KCH
800m	2.29.90	2003	Maria McGivney	Mullingar Harriers	High Jump	1.58	2009	Mark Rogers	St Peters
1000mWalk	5.17.5	2004	Niamh Sinnott	Monasterevin	Long Jump	5.37	2007	Jordan Broaders	St. Pauls
High Jump	1.54	2007	Emily Rogers	Dunleer	Shot Putt	13.20	2004	Kevin Grace	DMP
Long Jump	4.92	2000	Leona Byrne	SLOT	4 x 200m	1.52.72	2002	K.C.H.	
Shot Putt	11.27	2004	Aoife Hickey	KCH					
4 x 200m	1.57.32	2001	Inbhear Dee						
Girls Under 15					Boys Under 15				
Event	C.B.P.	Year	Name	Club	Event	C.B.P.	Year	Name	Club
60m	7.7	1998	Clare Murphy	Inbhear Dee	60m	7.2	1998	Darragh Graham	Inbhear Dee
60m	8.11	2009	Cliodhna Manning	KCH	60m	7.63	2009	Marcus Lawlor	SLOT
60mHurdles	9.1	1998	Ciara Kearns	Celbridge	60mHurdles	9.3	1999	Paul Murphy	Kilmore
60mHurdles	9.78	2002	Lynsey Porter	Inbhear Dee	800m	2.06.5	2009	Shane Fitzsimons	Mullingar Hrs
800m	2.28.0	1998	Ciara Kearns	Celbridge	1000mWalk	4.03.5	1999	P.J.O'Keefe	KCH
800m	2.28.78	2005	Ailish Brennan	St. Abbans	High Jump	1.66	2005	Kevin McManus	St. Peters
1000mWalk	5.21.62	2006	Fiona Dennehy	St. Senans	Long Jump	5.48	1999	Paul Murphy	Kilmore
High Jump	1.57	2001	Leona Byrne	SLOT	Shot Putt	13.20	1999	Paul Murphy	Kilmore
Long Jump	5.20	2001	Leona Byrne	SLOT	4 x 200m	1.46.39	2009	SLOT	
Shot Putt	11.34	2003	Laura Cogan	Newbridge					
4 x 200m	1.53.49	2002	Inbhear Dee						
Girls Under 16					Boys Under 16				
Event	C.B.P.	Year	Name	Club	Event	C.B.P.	Year	Name	Club
60m	7.8	1993	Siobhan O'Connor	St. Abbans	60m	7.2	1999	Darragh Graham	Inbhear Dee
60m	7.8	1999	Clare Murphy	Inbhear Dee	60m	7.54	2009	Conor Wilson	Menapians
60m	8.12	2002	Claire Brady	Celbridge	60mHurdles	8.96	2006	Fergus Hannon	Tullamore Harriers
60m	8.12	2005	Francesca Reville	Wexford	200m	23.6	1999	Darragh Graham	Inbhear Dee
60m	8.12	2007	Claire Mooney	Naas	800m	2.03.78	2001	Colin Costello	Star of the Sea
60m Hurdles	9.4	1993	Grainne Redmond	Cushinstown	1500m	4.15.3	1998	Martin Fagan	Mullingar Harriers
60m Hurdles	9.62	2009	Alison Farrell	SLOT	1500mWalk	7.08	2002	Christopher Dalton	Hacketstown
200m	26.2	1999	Ciara Kearns	Celbridge	High Jump	1.76	1995	Derek O'Brien	SLOT
200m	26.48	2007	Claire Mooney	Naas	High Jump	1.76	2004	Barry Pender	St. Abbans
800m	2.25.94	2007	Ellie Hartnett	Greystones & District	Long Jump	6.04	2004	Eoin Hannon	Tullamore Harriers
1500m	4.48.24	2000	Sharon Monaghan	Fr. Murphys	Shot Putt	14.96	2001	Brendan Callanan	SLOT
1500mWalk	7.28.88	2004	Donna Carolan	Inbhear Dee	4 x 200m	1.42.36	2001	K.C.H.	
High Jump	1.67	2007	MaryKate Lanigan	KCH					
Long Jump	5.40	1999	Ciara Kearns	Celbridge					
Shot Putt	11.88	2006	Aoife Hickey	KCH					
4 x 200m	1.51.84	2001	K.C.H.						
Girls Under 17					Boys Under 17				
Event	C.B.P.	Year	Name	Club	Event	C.B.P.	Year	Name	Club
60m	7.1	1997	Emily Maher	KCH	60m	7.0	1996	Derek O'Brien	SLOT
60m	8.05	2009	Sophie Ellis	Newbridge	60m	7.36	2000	Darragh Graham	Inbhear Dee
60mHurdles	9.2	2003	Leona Byrne	SLOT	60mHurdles	8.5	1994	Luke Maloney	Thomastown
60mHurdles	9.2	1999	Carol Loscher	Roundwood	60mHurdles	8.68	2005	Eoin Hannon	Tullamore Harriers
60mHurdles	9.28	2000	Ciara Kearns	Celbridge	200m	23.86	2000	Darragh Graham	Inbhear Dee
200m	25.7	1997	Emily Maher	KCH	800m	2.03.2	1993	James Nolan	Ferbane
200m	25.82	2000	Joanne Cuddihy	KCH	1500m	4.13.26	2001	Mark Christie	Mullingar Harriers
800m	2.24.62	2008	Ellie Hartnett	Greystones & District	1500mWalk	7.17.41	2006	Padraig Lennox	Gowran
1500m	4.56.62	2001	Sharon Monaghan	Fr. Murphys	High Jump	1.90	1999	Adrian O'Dwyer	KCH
1500mWalk	7.23.2	2005	Donna Carolan	Inbhear Dee	High Jump	1.90	2006	Barry Pender	St. Abbans
High Jump	1.70	2008	Cathriona Farrell	Galway CH	Long Jump	6.36	2005	Eoin Hannon	Tullamore Harriers
High Jump	1.65	2008	Mary-Kate Lanigan	KCH	Shot Putt	14.69	2002	Brendan Callanan	SLOT
Long Jump	5.58	2000	Ciara Kearns	Celbridge	4 x 200m	1.39.9	1997	Celbridge	
Shot Putt	12.21	2007	Aoife Hickey	KCH					
4 x 200m	1.49.06	2000	Celbridge						

Indoor Championship Best Performances

Girls Under 18					Boys Under 18				
Event	C.B.P.	Year	Name	Club	Event	C.B.P.	Year	Name	Club
60m	7.7	1993	Karen Shinkins	Newbridge	60m	7.0	1998	Richard Reville	DMP
60m	8.00	2007	Sandra Lawler	Celbridge	60m	7.24	2001	Darragh Graham	Inbhear Dee
					60m	7.24	2004	Peter McDonald	St. Peters
60mHurdles	9.22	2007	Sandra Lawler	Celbridge	60mHurdles	8.33	2008	Fearghus Hannon	Tullamore Harriers
200m	25.80	1993	Karen Shinkins	Newbridge	200m	23.54	2004	Paul Gill	Carbury
300m	41.60	2001	Joanne Cuddihy	KCH	400m	51.1	1994	James Nolan	Ferbane
800m	2.18.88	2005	Laura Scriven	SLOT	800m	2.00.78	2003	Eoin Everard	KCH
					800m	2.00.4	1994	James Nolan	Ferbane
1500m	4.46.6	2008	Tara Jameson	Inbhear Dee	1500m	4.16.9	1995	Pearse Hickey	Individual
					1500m	4.16.86	2006	Conor Murphy	Naas
1500mWalk	7.33.22	2003	Carol Burtenshaw	Monasterevin	1500mWalk	6.35.88	2004	Michael Doyle	Cushinstown
High Jump	1.69	2009	Mary Kate Lanigan	KCH	High Jump	2.05	2000	Adrian O'Dwyer	KCH
Long Jump	5.64	2004	Jennifer Reddy	SLOT	Long Jump	6.62	2003	Stephen Darcy	SLOT
Triple Jump	10.96	2000	Carol Loscher	Roundwood	Triple Jump	13.14	2008	Francis Egan	St. Abbans
Shot Putt	13.12	2006	Laura Cogan	Newbridge	Shot Putt	15.56	2003	Brendan Callanan	SLOT
4 x 200m	1.48.10	2009	KCH		4 x 200m	1.37.7	1993	Mullingar Harriers	
Girls Under 19					Boys Under 19				
Event	C.B.P.	Year	Name	Club	Event	C.B.P.	Year	Name	Club
60m	7.7	1996	Grainne Redmond	Cushinstown	60m	7.0	1996	Simon Kehoe	Enniscorthy
60m	7.96	2005	Claire Brady	Celbridge	60m	7.18	2002	Darragh Graham	Inbhear Dee
60mHurdles	8.78	2008	Sandra Lawlor	Celbridge	60mHurdles	8.3	1997	Colin Byrne	St. Abbans
					60mHurdles	8.48	2007	Eoin Hannon	Tullamore Harriers
200m	26.44	2004	Catriona Cuddihy	KCH	200m	22.6	2003	Paul Gill	Carbury
400m	59.38	2000	Alex Flamme	Celbridge	400m	50.80	2001	David McCarthy	Celbridge
800m	2.25.08	2001	Aoife McCarthy	St. Peters	800m	1.57.02	2000	David Campbell	Leixlip
1500m	4.57.5	2008	Deirdre Doyle	Tinryland	1500m	4.04.3	1996	Pearse Hickey	Celbridge
1500mWalk	7.15.4	1999	Laura Jane Carroll	Tullamore Harriers	1500mWalk	6.07.0	1998	David Kidd	SLOT
High Jump	1.64	2005	Leona Byrne	SLOT	High Jump	2.10	2008	Kourosh Foroughi	Star of the Sea
Long Jump	5.57	2000	Annemarie Lynch	KCH	Long Jump	6.70	2007	Eoin Hannon	Tullamore Harriers
Triple Jump	11.06	2001	Aoife Hoey	Mountmellick	Triple Jump	13.55	2009	Francis Egan	St Abbans
Shot Putt	13.09	2007	Laura Cogan	Newbridge	Shot Putt	14.44	1996	Killian Smyth	Fr. Murphys (Arklow)
4 x 200m	1.50.82	2001	Celbridge		4 x 200m	1.36.32	2001	Celbridge	
Junior Women					Junior Men				
Event	C.B.P.	Year	Name	Club	Event	C.B.P.	Year	Name	Club
60m	7.84	2008	Sandra Lawlor	Celbridge	60m	6.9	1999	Gordon Kennedy	Tullamore Harriers
60mHurdles	8.78	2008	Sandra Lawlor	Celbridge	60m	7.21	2009	Ferghus Hannon	Tullamore Hrs
					60mHurdles	9.4	1999	Jonathon Miller	Ballybrack
200m	26.5	2000	Alex Flamme	Celbridge	60mHurdles	9.42	2008	David MacAogain	St Pauls
200m	26.74	2008	Sinead Kelly	St Abbans	200m	23.0	1995	Kevin Cogley	DMP
400m	58.4	1998	Michelle Carey	West Dublin	200m	23.00	2009	Alan Whelan	North Laois
800m	2.24.30	2009	Claire Earls	Sli Cualann	400m	51.56	2009	Alan Whelan	North Laois
1500m	5.04.62	2003	Maria Slattery	St. Benedicts	800m	1.56.7	1999	Michael Wilcox	Kells
1500m	5.02.46	2008	Alvy Carragher	Nenagh Olympic	1500m	4.10.39	2008	Joe Breen	SBR
3000m	10.08.47	2008	Tara Jameson	Sli Cualann	3000m	9.05.4	1998	Tommy Evans	Gowran
3000m Walk	15.51.7	2009	Fiona Dennehy	St Senans					
High Jump	1.70	1998	Deirdre Ryan	DSD	High Jump	2.10	2009	Barry Pender	St Abbans
Long Jump	5.65	2003	Ciara Kearns	Celbridge	Long Jump	6.80	2007	Eoin Hannon	Tullamore Harriers
Triple Jump	11.16	2003	Ciara Kearns	Celbridge	Triple Jump	13.55	2009	Francis Egan	St Abbans
Shot Putt	12.95	2007	Laura Cogan	Newbridge	Shot Putt	12.88	2005	Justin Collins	Mullingar Harriers
4 x 200m	1.51.04	2003	Celbridge		35lb Distance	6.82	2009	Darragh Hanlon	Tullamore Hrs
					4 x 200m	1.36.99	2009	St Abbans	
Senior Women					Senior Men				
Event	C.B.P.	Year	Name	Club	Event	C.B.P.	Year	Name	Club
60m	7.6	1998	Niamh McGlynn	West Dublin	60m	7.0	1995	Kevin Cogley	DMP
60m	7.94	2005	Claire Bergin	DSD	60m	7.0	1999	Pat Shannon	Ballybrack
					60m	7.06	2003	Jer O'Donoghue	Leevale (Guest)
60mHurdles	9.58	2001	Fiona Kavanagh	SLOT	60m	7.08	2001	Gordon Kennedy	Tullamore Harriers
200m	25.17	2009	Marian Andrews	Togher	60m	7.08	2004	Kevin Cogley	Menapians
200m	25.78	2004	Antoinette Furlong	DMP	60mHurdles	9.12	2006	Shane McCormack	Menapians
400m	55.78	2009	Marian Andrews	Togher					
400m	57.32	2005	Claire Bergin	DSD	200m	21.92	2003	David McCarthy	Celbridge
800m	2.18.32	2009	Fiona Kehoe	Kilmore	400m	50.44	2007	Nick Hogan	DSD
1500m	4.52.24	2005	Eilish Connery	SLOT	800m	1.56.3	2002	John Paul O'Brien	Crookstown MillView
					1500m	3.54.23	2009	Patrick McCartan	West Limerick
3000m	10.22.2	2009	Ellis Connery	SLOT	1500m	4.06.48	2009	Tomas Fitzpatrick	Tallaght
					3000m	8.40.05	2002	Pat Byrne	Tinryland
2000m Walk	9.12.70	2001	Ann Gormely	Edenderry	1500mWalk	7.08.4	2001	Padraig Lennon	Gowran
3000mWalk	14.43.08	2008	Georgina Tuohy	Tullamore Harriers	3000mWalk	14.50.00	2008	Bobby King	Dunboyne
High Jump	1.77	2001	Deirdre Ryan	DSD	3000mWalk	13.17.92	2008	Pat Murphy	Castleisland
Long Jump	6.00	2004	Antoinette Furlong	DMP	High Jump	2.11	2002	Adrian O'Dwyer	K.C.H.
Triple Jump	11.15	2008	Rosemary Daniel	Na Fianna	Long Jump	6.85	2009	Brendan Marshall	Mullingar Hrs
Shot Putt	12.95	2007	Laura Cogan	Newbridge	Triple Jump	14.04	2008	Eoin Kelly	St Abbans
4 x 200m	1.52.1	1998	West Dublin		Shot Putt	15.51	2003	Paul Crowe	Menapians
					4 x 200m	1.34.74	2001	Tullamore Harriers	
					56lb	8.34	2003	John Menton	Donore Harriers

Indoor Championship Best Performances

Masters Women O35 (W1)

Event	C.B.P.	Year	Name	Club
60m	8.74	2005	Geraldine Finnegan	Dunleer
60mHurdles	10.64	2006	Lucy Moore	DSD
200m	23.76	2001	Kathy Boothman	Edenderry
400m	67.22	2008	Paula Murray	Tallaght
800m	2.32.3	1998	Katherine Walley	Clonliffe Harriers
1500m	4.59.46	2005	Geraldine Finnegan	Dunleer
3000m	11.03.03	2008	Elizabeth Cuskelly	Tullamore Harriers
3000mWalk	20.44.37	2004	Ann Boyle	Dunboyne
Shot Putt	9.95	2008	Verena Fenlon	St Josephs
Long Jump	4.92	2003	Geraldine Finnegan	Dunleer
High Jump	1.45	2003	Geraldine Finnegan	Dunleer

Masters Men O35 (M1)

Event	C.B.P.	Year	Name	Club
60m	7.54	2009	Gerard Hensey	Tullamore Hrs
60m Hurdles	10.94	2009	Kevin Byrne	DSD
200m	25.01	2009	Gerard Hensey	Tullamore Hrs
400m	56.64	2009	Gerard Hensey	Tullamore Hrs
800m	2.10.68	2008	Catch Grennan	Tullamore Harriers
3000m	10.35.76	2009	Gerry Farrell	Gowran
Shot Putt	11.76	2008	Joe Kelly	Brow Rangers
Long Jump	5.37	2009	Kevin Byrne	DSD
High Jump	1.65	2009	Kevin Byrne	DSD
4*200m Relay	2.09.94	2009	Gowran	

Masters Women O40 (W2)

Event	C.B.P.	Year	Name	Club
60m	8.9	2002	Geraldine Shortt	St. Coca's
60m	8.96	2008	Maira Peppard	Trim
200m	30.27	2008	Maira Peppard	Trim
800m	2.31.16	2008	Bridget Clarke	Na Fianna
1500m	5.22.46	2001	Frances Harney	North Laois
3000m	10.41.5	2009	Mary Hanley	Na Fianna
Shot Putt	7.28	2001	Cathy Daniels	Na Fianna
Long Jump	3.95	2008	Maira Peppard	Trim
High Jump	1.25	2001	Frances Harney	North Laois

Masters Men O40 (M2)

Event	C.B.P.	Year	Name	Club
60m	7.6	2002	Greg Duggan	Mullingar Harriers
60m	7.6	2000		
60m	7.76	2004	Anthony Geoghegan	SL.O.T.
200m	25.0	2000		
200m	25.42	2001	Greg Duggan	Mullingar Harriers
400m	55.02	2001	Bill Doherty	St. Joseph's
800m	2.06.9	2000		
1500m	4.15	1996	Pat Corcoran	Tinryland
3000m	9.13.1	2005	Pat Malone	Newbridge
1500mWalk	7.19.3	2001	John Lennon	Gowran
3000m Walk	17.16.68	2008	Tony Gartland	Sli Cualann
Shot Putt	12.41	2009	Kieron Stout	Celbridge
56lbs	7.42	2009	Seamus Fitzpatrick	North Laois
Long Jump	5.37	2009	George Wyatt	DSD
High Jump	1.65	2000		
Triple Jump	11.07	2009	George Wyatt	DSD

Masters Women O45 (W3)

Event	C.B.P.	Year	Name	Club
60m	9.84	2008	Frances Harney	North Laois
200m	33.03	2008	Frances Harney	North Laois
400m	72.35	2008	Frances Harney	North Laois
800m	2.49.03	2008	Frances Harney	North Laois
1500m	5.29.0	2002	Liz Hogan	Naas
60m Hurdles	12.12	2007	Lucy Moore	DSD
Shot Putt	8.83	2007	Lucy Moore	DSD
High Jump	1.36	2006	Lucy Moore	DSD
Long Jump	3.71	2007	Moira Aston	Trim

Masters Men O45 (M3)

Event	C.B.P.	Year	Name	Club
60m	7.90	2005	Greg Duggan	Mullingar Harriers
200m	25.3	2002	Kevin Carey	Crusaders
200m	25.84	2005	Greg Duggan	Mullingar Harriers
400m	57.20	2004	Kevin Carey	Navan
800m	2.10.10	2005	Bill Doherty	St. Joseph's
1500m	5.09.71	2008	Michael Cornyn	Dunboyne
3000m	11.51.86	2007	David Percival	Menapians
3000mWalk	13.40.1	2009	Pat Murphy	Castleisland
3000mWalk	16.05.3	2009	Derek McConnon	Rathfarnham WSAF
60m Hurdles	12.28	2008	Pat Power	St Josephs
Shot Putt	10.21	2008	John Territt	St Abbans
56lbs	4.72	2005	Michael Kenny	Kildare
Long Jump	5.33	2007	Patrick Mahon	Gowran
High Jump	1.45	2004	John Keogh	Sli Cualann
High Jump	1.45	2007	John Territt	St Abbans
Triple Jump	9.24	2008	Ciaran Tobin	Trim

Masters Women O50 (W4)

Event	C.B.P.	Year	Name	Club
60m	10.86	2006	Mary Walsh	Tullamore Harriers
200m	34.16	2001	Mary Walsh	Tullamore Harriers
Shot Putt	9.55	2009	Lucy Moore-Fox	DSD
High Jump	1.20	2009	Lucy Moore-Fox	DSD

Masters Men O50 (M4)

Event	C.B.P.	Year	Name	Club
60m	8.48	2007	John Molloy	Celbridge
60m	7.95	2008	Brendan Moran	West Waterford
200m	25.64	2003	Tom Clinton	Navan
400m	65.18	2009	Loughlin Campion	Civil Service
800m	2.19.94	2009	Martin McDonald	North Laois
1500m	4.39.91	2009	Martin McDonald	North Laois
3000m	10.59.24	2009	Michael Mulligan	Dunleer
Shot Putt	12.42	2001	Tom Power	Bagenalstown
Long Jump	4.81	2007	John Molloy	Celbridge
High Jump	1.30	2001	Jimmy Kelly	Brow Rangers

Masters Women O55 (W5)

Event	C.B.P.	Year	Name	Club
200m	36.16	2007	Mary Walsh	Tullamore Harriers
400m	86.28	2008	Mary Walsh	Tullamore Harriers
800m	3.22.25	2008	Mary Walsh	Tullamore Harriers

Masters Men O55 (M5)

Event	C.B.P.	Year	Name	Club
60m	8.44	2008	David Leech	Blackrock
60m	8.44	2007	Tom Clinton	Navan
200m	25.78	2003	Eamonn Fitzsimons	Kildare
400m	59.80	2001	Jim O'Neill	Crusaders
400m	58.37	2008	Joe Gough	West Waterford
800m	2.16.98	2001	Jim O'Neill	Crusaders
1500m	5.53.31	2009	Jim Boland	Sli Cualann
3000m	12.28.91	2008	Jim Boland	Sli Cualann
3000mWalk	14.18.6	2004	Bobby King	Dunboyne
Shot Putt	11.68	2003	Tom Power	Bagenalstown
56lbs	4.90	2004	Murty Kelly	Brow Rangers
Long Jump	3.97	2002	Jimmy Kelly	Brow Rangers
High Jump	1.25	2002	Jimmy Kelly	Brow Rangers

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Masters Women O60 (W6)					Masters Men O60 (M6)				
Event	C.B.P.	Year	Name	Club	Event	C.B.P.	Year	Name	Club
200m	36.73	2009	Mary Walsh	Tullamore Hrs	60m	9.75	2009	Patrick Dolan	Tullamore Hrs
400m	84.01	2009	Mary Walsh	Tullamore Hrs	200m	32.38	2009	Patrick Dolan	Tullamore Hrs
3000m Walk	22.19.34	2008	Pamela Reynolds	Dunboyne	400m	72.47	2009	Patrick Dolan	Tullamore Hrs
					800m	2.56.27	2008	Patrick R. Dolan	Tullamore Harriers
					1500m	6.34.75	2009	Sean McMullin	Mullingar Hrs
					3000m	12.15.84	2007	Sean McMullin	Mullingar Harriers
					3000m Walk	15.05.4	2009	Bobby King	Dunboyne
					Shot Putt	12.38	2008	Tom Power	Bagenalstown
					56lbs	5.21	2005	John O'Connor	Naas
					Long Jump	2.94	2006	Sean McMullin	Mullingar Harriers
					High Jump	1.20	2006	Sean McMullin	Mullingar Harriers
					Masters Men O65 (M7)				
					Event	C.B.P.	Year	Name	Club
					200m	34.44	2008	Sean Conroy	Dunboyne
					Shot Putt	9.15	2006	John O'Connor	Naas
					Long Jump	3.23	2006	John O'Connor	Naas
					High Jump	1.20	2006	John O'Connor	Naas
					Masters Men O70 (M8)				
					Event	C.B.P.	Year	Name	Club
					60m	10.64	2009	John Gorman	Gowran
					200m	34.21	2009	John Gorman	Gowran
					400m	84.35	2009	John Gorman	Gowran
					800m	3.26.96	2009	Barry Keane	Sih Cualann
					Shot Putt	8.64	2008	Tom Toner	St Andrews
					Masters Men O75 (M9)				
					Event	C.B.P.	Year	Name	Club
					200m	32.03	2008	Earl Fee	Dunleer
					400m	73.14	2008	Earl Fee	Dunleer
					Shot Putt	6.81	2008	Earl Fee	Dunleer