



**Athletics Leinster**

**Indoor Championship Best Performances**





## Athletics Leinster

### Indoor Championship Best Performances

| <b>Girls U12</b> |             |                      |             |              |
|------------------|-------------|----------------------|-------------|--------------|
| <b>Event</b>     | <b>Year</b> | <b>Athlete Name</b>  | <b>Club</b> | <b>C.B.P</b> |
| 60mHurdles       | 2010        | Molly Scott          | U/A         | 9.90         |
| 60m              | 2010        | Molly Scott          | U/A         | 8.58         |
| 600m             | 2010        | Eva O'Donovan        | Navan       | 1.53.40      |
| High Jump        | 2007        | Amy McTeggart        | Boyne       | 1.27         |
| Long Jump        | 2010        | Molly Scott          | U/A         | 4.29         |
| Shot Putt        | 2010        | Nicole Keogh Dowling | S.L.O.T     | 7.59         |
| 4 x 100m         | 2003        |                      | Bree        | 1.01.56      |

| <b>Girls U13</b>  |             |                     |                     |              |
|-------------------|-------------|---------------------|---------------------|--------------|
| <b>Event</b>      | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>         | <b>C.B.P</b> |
| <b>60mHurdles</b> | <b>2011</b> | <b>Molly Scott</b>  | <b>S.L.O.T</b>      | <b>9.77</b>  |
| 60mHurdles        | 2010        | Aideen Kane         | St. Killian's       | 9.80         |
| <b>60m</b>        | <b>2011</b> | <b>Molly Scott</b>  | <b>S.L.O.T</b>      | <b>8.23</b>  |
| 60m               | 2009        | Aoife Campion       | North Laois         | 8.50         |
| 600m              | 2009        | Aoife Campion       | North Laois         | 1.45.00      |
| High Jump         | 2006        | Emily Rogers        | Dunleer             | 1.38         |
| <b>Long Jump</b>  | <b>2011</b> | <b>Gina Mosses</b>  | <b>St. Gerard's</b> | <b>4.80</b>  |
| <b>Long Jump</b>  | <b>2011</b> | <b>Molly Scott</b>  | <b>S.L.O.T</b>      | <b>4.74</b>  |
| Long Jump         | 2003        | Laura Keegan        | Celbridge           | 4.50         |
| Shot Putt         | 2009        | Ciara Dunne         | Crookstown MV       | 9.78         |
| 4 x 100m          | 2005        |                     | Newbridge           | 58.52        |

| <b>Girls U14</b> |             |                     |              |              |
|------------------|-------------|---------------------|--------------|--------------|
| <b>Event</b>     | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>  | <b>C.B.P</b> |
| 60mHurdles       | 1997        | Ciara Kearns        | Celbridge    | 9.50         |
| 60mHurdles       | 2010        | Aoife Fanning       | Bree         | 9.60         |
| 60m              | 1996        | Bernadette Byrne    | St. Abbans   | 8.10         |
| 60m              | 1999        | Louise Delaney      | St. Abbans   | 8.10         |
| 60m              | 2010        | Grace Lawlor        | S.L.O.T      | 8.26         |
| 800m             | 2010        | Aoife Campion       | North Laois  | 2.25.20      |
| 1000mWalk        | 2004        | Niamh Sinnott       | Monasterevin | 5.17.50      |
| High Jump        | 2007        | Emily Rogers        | Dunleer      | 1.54         |
| Long Jump        | 2000        | Leona Byrne         | S.L.O.T      | 4.92         |
| Shot Putt        | 2004        | Aoife Hickey        | K.C.H        | 11.27        |
| 4 x 200m         | 2001        |                     | Inbhear Dee  | 1.57.32      |



## Athletics Leinster

### Indoor Championship Best Performances

| <b>Girls U15</b> |             |                        |                    |                |
|------------------|-------------|------------------------|--------------------|----------------|
| <b>Event</b>     | <b>Year</b> | <b>Athlete Name</b>    | <b>Club</b>        | <b>C.B.P</b>   |
| 60mHurdles       | 1998        | Ciara Kearns           | Celbridge          | 9.10           |
| 60mHurdles       | 2002        | Lynsey Porter          | Inbhear Dee        | 9.78           |
| <b>60m</b>       | <b>2011</b> | <b>Grace Lawler</b>    | <b>S.L.O.T</b>     | <b>8.09</b>    |
| 60m              | 2009        | Clíodhna Manning       | K.C.H              | 8.11           |
| 60m              | 1998        | Clare Murphy           | Inbhear Dee        | 7.70           |
| <b>800m</b>      | <b>2011</b> | <b>Ciara Gallagher</b> | <b>Naas</b>        | <b>2.24.59</b> |
| 800m             | 2010        | Eileen Rafter          | Tullamore Harriers | 2.26.30        |
| 1000mWalk        | 2010        | Sinead Burke           | St. Coca's         | 5.01.50        |
| High Jump        | 2001        | Leona Byrne            | S.L.O.T            | 1.57           |
| Long Jump        | 2001        | Leona Byrne            | S.L.O.T            | 5.20           |
| Shot Putt        | 2003        | Laura Cogan            | Newbridge          | 11.34          |
| 4 x 200m         | 2002        |                        | Inbhear Dee        | 1.53.49        |

| <b>Girls U16</b>   |             |                     |                            |                |
|--------------------|-------------|---------------------|----------------------------|----------------|
| <b>Event</b>       | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>                | <b>C.B.P</b>   |
| <b>60m Hurdles</b> | <b>2011</b> | <b>Lauren Dwyer</b> | <b>S.L.O.T</b>             | <b>9.40</b>    |
| 60m Hurdles        | 2010        | Lynda Earls         | Inbhear Dee                | 9.50           |
| 60m Hurdles        | 1993        | Grainne Redmond     | Cushinstown                | 9.40           |
| 60m                | 1993        | Siobhan O'Connor    | St. Abbans                 | 7.80           |
| 60m                | 1999        | Clare Murphy        | Inbhear Dee                | 7.80           |
| 60m                | 2010        | Clíodhna Manning    | K.C.H                      | 8.02           |
| 200m               | 1999        | Ciara Kearns        | Celbridge                  | 26.20          |
| 200m               | 2010        | Clíodhna Manning    | K.C.H                      | 26.30          |
| <b>800m</b>        | <b>2011</b> | <b>Linda Conroy</b> | <b>Mullingar Harrier's</b> | <b>2.24.57</b> |
| 800m               | 2007        | Ellie Hartnett      | Greystones & District      | 2.25.94        |
| 1500m              | 2000        | Sharon Monaghan     | Fr. Murphys                | 4.48.24        |
| 1500mWalk          | 2004        | Donna Carolan       | Inbhear Dee                | 7.28.88        |
| High Jump          | 2007        | MaryKate Lanigan    | K.C.H                      | 1.67           |
| Long Jump          | 1999        | Ciara Kearns        | Celbridge                  | 5.40           |
| Shot Putt          | 2006        | Aoife Hickey        | K.C.H                      | 11.88          |
| 4 x 200m           | 2001        |                     | K.C.H                      | 1.51.84        |



## Athletics Leinster

### Indoor Championship Best Performances

| <b>Girls U17</b> |             |                         |                            |                |
|------------------|-------------|-------------------------|----------------------------|----------------|
| <b>Event</b>     | <b>Year</b> | <b>Athlete Name</b>     | <b>Club</b>                | <b>C.B.P</b>   |
| 60mHurdles       | 2003        | Leona Byrne             | S.L.O.T                    | 9.20           |
| 60mHurdles       | 1999        | Carol Loscher           | Roundwood                  | 9.20           |
| 60mHurdles       | 2000        | Ciara Kearns            | Celbridge                  | 9.28           |
| 60m              | 1997        | Emily Maher             | K.C.H                      | 7.10           |
| 60m              | 2009        | Sophie Ellis            | Newbridge                  | 8.05           |
| <b>60m</b>       | <b>2011</b> | <b>Cliodhna Manning</b> | <b>K.C.H</b>               | <b>7.77</b>    |
| <b>200m</b>      | <b>2011</b> | <b>Cliodhna Manning</b> | <b>K.C.H</b>               | <b>25.50</b>   |
| 200m             | 1997        | Emily Maher             | K.C.H                      | 25.70          |
| 200m             | 2000        | Joanne Cuddihy          | K.C.H                      | 25.82          |
| 800m             | 2008        | Ellie Hartnett          | Greystones & District      | 2.24.62        |
| <b>1500m</b>     | <b>2011</b> | <b>Mairead Daly</b>     | <b>Mullingar Harrier's</b> | <b>5.27.44</b> |
| 1500m            | 2001        | Sharon Monaghan         | Fr. Murphys                | 4.56.62        |
| 1500mWalk        | 2005        | Donna Carolan           | Inbhear Dee                | 7.23.20        |
| High Jump        | 2008        | Catriona Farrell (G)    | G.C.H                      | 1.70           |
| High Jump        | 2008        | Mary-Kate Lanigan       | K.C.H                      | 1.65           |
| Long Jump        | 2000        | Ciara Kearns            | Celbridge                  | 5.58           |
| Shot Putt        | 2007        | Aoife Hickey            | K.C.H                      | 12.21          |
| 4 x 200m         | 2000        |                         | Celbridge                  | 1.49.06        |

| <b>Girls U18</b> |             |                     |              |              |
|------------------|-------------|---------------------|--------------|--------------|
| <b>Event</b>     | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>  | <b>C.B.P</b> |
| 60mHurdles       | 2007        | Sandra Lawler       | Celbridge    | 9.22         |
| 60m              | 1993        | Karen Shinkins      | Newbridge    | 7.70         |
| 60m              | 2007        | Sandra Lawler       | Celbridge    | 8.00         |
| 200m             | 1993        | Karen Shinkins      | Newbridge    | 25.80        |
| 300m             | 2001        | Joanne Cuddihy      | K.C.H        | 41.60        |
| 800m             | 2005        | Laura Scriven       | S.L.O.T      | 2.18.88      |
| 1500m            | 2008        | Tara Jameson        | Inbhear Dee  | 4.46.60      |
| 1500mWalk        | 2003        | Carol Burtenshaw    | Monasterevin | 7.33.22      |
| High Jump        | 2009        | Mary Kate Lanigan   | K.C.H        | 1.69         |
| Long Jump        | 2004        | Jennifer Reddy      | S.L.O.T      | 5.64         |
| Triple Jump      | 2000        | Carol Loscher       | Roundwood    | 10.96        |
| Shot Putt        | 2006        | Laura Cogan         | Newbridge    | 13.12        |
| 4 x 200m         | 2009        |                     | K.C.H        | 1.48.10      |



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### Indoor Championship Best Performances

| <b>Girls U19</b> |             |                     |                    |              |
|------------------|-------------|---------------------|--------------------|--------------|
| <b>Event</b>     | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>        | <b>C.B.P</b> |
| 60mHurdles       | 2008        | Sandra Lawlor       | Celbridge          | 8.78         |
| 60m              | 1996        | Grainne Redmond     | Cushinstown        | 7.70         |
| 60m              | 2005        | Claire Brady        | Celbridge          | 7.96         |
| 200m             | 2004        | Catriona Cuddihy    | K.C.H              | 26.44        |
| 400m             | 2000        | Alex Flamme         | Celbridge          | 59.38        |
| 800m             | 2001        | Aoife McCarthy      | St. Peter's        | 2.25.08      |
| 1500m            | 2010        | Claire Earls        | Inbhear Dee        | 4.55.20      |
| 1500m Walk       | 1999        | Laura Jane Carroll  | Tullamore Harriers | 7.15.40      |
| High Jump        | 2010        | Mary-Kate Lanigan   | K.C.H              | 1.72         |
| Long Jump        | 2000        | Annemarie Lynch     | K.C.H              | 5.57         |
| Shot Putt        | 2007        | Laura Cogan         | Newbridge          | 13.09        |
| Triple Jump      | 2001        | Aoife Hoey          | Mountmellick       | 11.06        |
| 4 x 200m         | 2010        |                     | K.C.H              | 1.50.20      |

| <b>Junior Women</b> |             |                     |              |              |
|---------------------|-------------|---------------------|--------------|--------------|
| <b>Event</b>        | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>  | <b>C.B.P</b> |
| 60mHurdles          | 2008        | Sandra Lawlor       | Celbridge    | 8.78         |
| 60m                 | 2008        | Sandra Lawlor       | Celbridge    | 7.84         |
| 60m                 | 2010        | Joan Healy (G)      | Bandon       | 7.79         |
| 200m                | 2010        | Jane Dickenson (G)  | Dooneen      | 26.71        |
| 200m                | 2000        | Alex Flamme         | Celbridge    | 26.50        |
| 200m                | 2008        | Sinead Kelly        | St. Abban's  | 26.74        |
| 400m                | 1998        | Michelle Carey      | West Dublin  | 58.40        |
| 800m                | 2010        | Sinead Denny        | D.S.D        | 2.20.20      |
| 1500m               | 2010        | Siobhan McGinley    | Celtic D.C.H | 4.54.48      |
| 3000m               | 2008        | Tara Jameson        | Sli Cualann  | 10.08.47     |
| 3000m Walk          | 2010        | Fiona Dennehy       | St. Senan's  | 14.57.20     |
| High Jump           | 1998        | Deirdre Ryan        | D.S.D        | 1.70         |
| Long Jump           | 2003        | Ciara Kearns        | Celbridge    | 5.65         |
| Shot Putt           | 2007        | Laura Cogan         | Newbridge    | 12.95        |
| Triple Jump         | 2003        | Ciara Kearns        | Celbridge    | 11.16        |
| 4 x 200m            | 2003        |                     | Celbridge    | 1.51.04      |



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### Indoor Championship Best Performances

| <b>Senior Women</b> |             |                     |                    |                |
|---------------------|-------------|---------------------|--------------------|----------------|
| <b>Event</b>        | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>        | <b>C.B.P</b>   |
| 60m Hurdles         | 2010        | Sinead Lawlor       | Celbridge          | 9.20           |
| 60m                 | 1998        | Niamh McGlynn       | West Dublin        | 7.60           |
| 60m                 | 2005        | Claire Bergin       | D.S.D              | 7.94           |
| 200m                | 2009        | Marian Andrews (G)  | Togher             | 25.17          |
| 200m                | 2004        | Antoinette Furlong  | D.M.P              | 25.78          |
| 400m                | 2009        | Marian Andrews (G)  | Togher             | 55.78          |
| 400m                | 2005        | Claire Bergin       | D.S.D              | 57.32          |
| 800m                | 2009        | Fiona Kehoe         | Kilmore            | 2.18.32        |
| 1500m               | 2010        | Caitriona Jennings  | Sportsworld        | 4.51.20        |
| 3000m               | 2010        | Aoife Brady         | Sportsworld        | 10.09.81       |
| 2000m Walk          | 2001        | Ann Gormely         | Edenderry          | 9.12.70        |
| 3000m Walk          | 2009        | Georgina Tuohy      | Tullamore Harriers | 13.48.70       |
| High Jump           | 2001        | Deirdre Ryan        | D.S.D              | 1.77           |
| Long Jump           | 2004        | Antoinette Furlong  | D.M.P              | 6.00           |
| <b>4 x 200m</b>     | <b>2011</b> |                     | <b>Celbridge</b>   | <b>2.05.99</b> |

| <b>Masters Women M1</b> |             |                           |                           |                 |
|-------------------------|-------------|---------------------------|---------------------------|-----------------|
| <b>Event</b>            | <b>Year</b> | <b>Athlete Name</b>       | <b>Club</b>               | <b>C.B.P</b>    |
| <b>60m</b>              | <b>2011</b> | <b>Nicola Hayes</b>       | <b>Menapian's</b>         | <b>8.69</b>     |
| 60m                     | 2005        | Geraldine Finnegan        | Dunleer                   | 8.74            |
| 60mHurdles              | 2006        | Lucy Moore                | D.S.D                     | 10.64           |
| 200m                    | 2001        | Kathy Boothman            | Edenderry                 | 23.76           |
| 400m                    | 2008        | Paula Murray              | Tallaght                  | 67.22           |
| 800m                    | 1998        | Katherine Walley          | Clonliffe Harriers        | 2.32.30         |
| 1500m                   | 2005        | Geraldine Finnegan        | Dunleer                   | 4.59.46         |
| <b>3000m</b>            | <b>2011</b> | <b>Elizabeth Cuskelly</b> | <b>Tullamore Harriers</b> | <b>10.49.90</b> |
| 3000m                   | 2011        | Martina O'Dwyer           | GUEST                     | 10.34.80        |
| 3000m                   | 2008        | Elizabeth Cuskelly        | Tullamore Harriers        | 11.03.03        |
| 3000mWalk               | 2004        | Ann Boyle                 | Dunboyne                  | 20.44.37        |
| High Jump               | 2003        | Geraldine Finnegan        | Dunleer                   | 1.45            |
| Long Jump               | 2003        | Geraldine Finnegan        | Dunleer                   | 4.92            |
| Shot Putt               | 2008        | Verena Fenlon             | St. Joseph's              | 9.95            |



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### Indoor Championship Best Performances

| <b>Masters Women M2</b> |             |                      |                     |              |
|-------------------------|-------------|----------------------|---------------------|--------------|
| <b>Event</b>            | <b>Year</b> | <b>Athlete Name</b>  | <b>Club</b>         | <b>C.B.P</b> |
| 60m                     | 2002        | Geraldine Shortt     | St. Coca's          | 8.90         |
| 60m                     | 2008        | Moira Peppard        | Trim                | 8.96         |
| 60m                     | 2010        | Paula Reilly         | Celbridge           | 8.96         |
| 200m                    | 2008        | Moira Peppard        | Trim                | 30.27        |
| 800m                    | 2008        | Bridget Clarke       | Na Fianna           | 2.31.16      |
| 1500m                   | 2001        | Frances Harney       | North Laois         | 5.22.46      |
| 3000m                   | 2009        | Mary Hanley          | Na Fianna           | 10.41.50     |
| <b>High Jump</b>        | <b>2011</b> | <b>Verena Fenlon</b> | <b>St. Jospeh's</b> | <b>1.30</b>  |
| High Jump               | 2001        | Frances Harney       | North Laois         | 1.25         |
| High Jump               | 2010        | Liz Coomey (G)       | Bandon              | 1.35         |
| Long Jump               | 2008        | Moira Peppard        | Trim                | 3.95         |
| Long Jump               | 2010        | Liz Coomey (G)       | Bandon              | 4.06         |
| <b>Shot Putt</b>        | <b>2011</b> | <b>Verena Fenlon</b> | <b>St. Jospeh's</b> | <b>9.74</b>  |
| Shot Putt               | 2001        | Cathy Daniels        | Na Fianna           | 7.28         |
| Shot Putt               | 2010        | Liz Coomey (G)       | Bandon              | 8.69         |

| <b>Masters Women M3</b> |             |                     |             |              |
|-------------------------|-------------|---------------------|-------------|--------------|
| <b>Event</b>            | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b> | <b>C.B.P</b> |
| 60m Hurdles             | 2007        | Lucy Moore          | D.S.D       | 12.12        |
| 60m                     | 2008        | Frances Harney      | North Laois | 9.84         |
| 200m                    | 2008        | Frances Harney      | North Laois | 33.03        |
| 400m                    | 2008        | Frances Harney      | North Laois | 72.35        |
| 800m                    | 2008        | Frances Harney      | North Laois | 2.49.03      |
| 1500m                   | 2002        | Liz Hogan           | Naas        | 5.29.00      |
| High Jump               | 2006        | Lucy Moore          | D.S.D       | 1.36         |
| Long Jump               | 2007        | Moira Aston         | Trim        | 3.71         |
| Shot Putt               | 2007        | Lucy Moore          | D.S.D       | 8.83         |

| <b>Masters Women M4</b> |             |                       |                    |              |
|-------------------------|-------------|-----------------------|--------------------|--------------|
| <b>Event</b>            | <b>Year</b> | <b>Athlete Name</b>   | <b>Club</b>        | <b>C.B.P</b> |
| 60m                     | 2006        | Mary Walsh            | Tullamore Harriers | 10.86        |
| 60m                     | 2010        | Mary Whelan           | Dublin Striders    | 10.86        |
| 200m                    | 2001        | Mary Walsh            | Tullamore Harriers | 34.16        |
| <b>High Jump</b>        | <b>2011</b> | <b>Lucy Moore-Fox</b> | <b>D.S.D</b>       | <b>1.25</b>  |
| High Jump               | 2009        | Lucy Moore-Fox        | D.S.D              | 1.20         |
| High Jump               | 2011        | Mary Barrett (G)      | Loughrea           | 1.25         |
| High Jump               | 2010        | Mary Barrett (G)      | Loughrea           | 1.25         |
| Long Jump               | 2011        | Mary Barrett (G)      | Loughrea           | 3.94         |
| Long Jump               | 2010        | Mary Barrett (G)      | Loughrea           | 3.70         |
| Shot Putt               | 2009        | Lucy Moore-Fox        | D.S.D              | 9.55         |



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### Indoor Championship Best Performances

| <b>Masters Women M5</b> |             |                     |                    |              |
|-------------------------|-------------|---------------------|--------------------|--------------|
| <b>Event</b>            | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>        | <b>C.B.P</b> |
| 200m                    | 2007        | Mary Walsh          | Tullamore Harriers | 36.16        |
| 400m                    | 2010        | Sheelagh Morrissey  | Kildare            | 85.23        |
| 800m                    | 2008        | Mary Walsh          | Tullamore Harriers | 3.22.25      |
| Long Jump               | 2010        | Sheelagh Morrissey  | Kildare            | 2.02         |
| Shot Putt               | 2010        | Sheelagh Morrissey  | Kildare            | 5.54         |

| <b>Masters Women M6</b> |             |                     |                    |              |
|-------------------------|-------------|---------------------|--------------------|--------------|
| <b>Event</b>            | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>        | <b>C.B.P</b> |
| <b>60m</b>              | <b>2011</b> | <b>Mary Whelan</b>  | <b>D.S.D</b>       | <b>10.74</b> |
| 200m                    | 2010        | Mary Walsh          | Tullamore Harriers | 36.55        |
| 400m                    | 2009        | Mary Walsh          | Tullamore Harriers | 84.01        |
| 800m                    | 2010        | Mary Walsh          | Tullamore Harriers | 3.23.10      |
| 3000m Walk              | 2008        | Pamela Reynolds     | Dunboyne           | 22.19.34     |





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### Indoor Championship Best Performances

| <b>Boys U12</b> |             |                     |                    |              |
|-----------------|-------------|---------------------|--------------------|--------------|
| <b>Event</b>    | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>        | <b>C.B.P</b> |
| 60m Hurdles     | 2010        | Sam O'Neill         | Menapians          | 10.30        |
| 60m             | 2005        | Jordan Conroy       | Tullamore Harriers | 8.54         |
| 600m            | 2006        | Shane Fitzsimons    | Mullingar Harriers | 1.45.96      |
| High Jump       | 2000        | Eoin Hannon         | Ballyskench        | 1.46         |
| Long Jump       | 2000        | Joey Dolan          | Na Fianna          | 4.60         |
| Shot Putt       | 2008        | Conor Mulligan      | Tullamore Harriers | 9.42         |
| 4 x 100m        | 2010        |                     | Menapians          | 58.61        |

| <b>Boys U13</b>    |             |                     |                    |              |
|--------------------|-------------|---------------------|--------------------|--------------|
| <b>Event</b>       | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>        | <b>C.B.P</b> |
| <b>60m Hurdles</b> | <b>2011</b> | <b>Sam O'Neill</b>  | <b>Menapians</b>   | <b>9.75</b>  |
| 60mHurdles         | 2010        | Ryan Murray         | Bree               | 9.80         |
| 60m                | 2001        | Eoin Hannon         | Ballyskench        | 8.34         |
| 600m               | 2007        | Shane Fitzsimons    | Mullingar Harriers | 1.43.90      |
| High Jump          | 2007        | Jamie Murtagh       | St.Andrews         | 1.43         |
| Long Jump          | 2001        | Joey Dolan          | Na Fianna          | 4.80         |
| Shot Putt          | 2009        | Connor Mulligan     | Tullamore Harriers | 11.39        |
| <b>4 x 100m</b>    | <b>2011</b> |                     | <b>Menapian's</b>  | <b>55.86</b> |
| 4 x 100m           | 2002        |                     | Ballyskench        | 56.57        |

| <b>Boys U14</b> |             |                     |                    |              |
|-----------------|-------------|---------------------|--------------------|--------------|
| <b>Event</b>    | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>        | <b>C.B.P</b> |
| 60mHurdles      | 2007        | Jordan Conroy       | Tullamore Harriers | 9.26         |
| 60m             | 2007        | Jordan Conroy       | Tullamore Harriers | 7.98         |
| 60m             | 1998        | Paul Murphy         | Kilmore            | 7.90         |
| 800m            | 1997        | Colin Bennett       | Mullingar Harriers | 2.07.70      |
| 1000mWalk       | 1998        | P.J. O'Keeffe       | K.C.H              | 5.03.80      |
| High Jump       | 2009        | Mark Rogers         | St. Peter's        | 1.58         |
| Long Jump       | 2007        | Jordan Broaders     | St. Paul's         | 5.37         |
| Shot Putt       | 2004        | Kevin Grace         | D.M.P              | 13.20        |
| 4 x 200m        | 2002        |                     | K.C.H              | 1.52.72      |



## Athletics Leinster

### Indoor Championship Best Performances

| <b>Boys U15</b> |             |                     |               |              |
|-----------------|-------------|---------------------|---------------|--------------|
| <b>Event</b>    | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>   | <b>C.B.P</b> |
| 60m             | 1998        | Darragh Graham      | Inbhear Dee   | 7.20         |
| 60m             | 2009        | Marcus Lawlor       | SLOT          | 7.63         |
| 60mHurdles      | 2010        | Paddy Deveraux      | Bree          | 9.20         |
| 800m            | 2009        | Shane Fitzsimons    | Mullingar Hrs | 2.06.50      |
| 1000mWalk       | 1999        | P.J.O'Keeffe        | KCH           | 4.03.50      |
| High Jump       | 2005        | Kevin McManus       | St. Peters    | 1.66         |
| Long Jump       | 1999        | Paul Murphy         | Kilmore       | 5.48         |
| Shot Putt       | 1999        | Paul Murphy         | Kilmore       | 13.20        |
| 4 x 200m        | 2009        | SLOT                |               | 1.46.39      |

| <b>Boys U16</b> |             |                     |                    |              |
|-----------------|-------------|---------------------|--------------------|--------------|
| <b>Event</b>    | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>        | <b>C.B.P</b> |
| 60mHurdles      | 2006        | Fergus Hannon       | Tullamore Harriers | 8.96         |
| 60m             | 2010        | Marcus Lawlor       | S.L.O.T            | 7.45         |
| 60m             | 1999        | Darragh Graham      | Inbhear Dee        | 7.20         |
| 200m            | 2010        | Marcus Lawlor       | S.L.O.T            | 23.46        |
| 800m            | 2010        | Shane Fitzsimons    | Mullingar Harriers | 1.58.50      |
| 1500m           | 1998        | Martin Fagan        | Mullingar Harriers | 4.15.30      |
| 1500mWalk       | 2002        | Christopher Dalton  | Hacketstown        | 7.08         |
| High Jump       | 1995        | Derek O'Brien       | S.L.O.T            | 1.76         |
| High Jump       | 2004        | Barry Pender        | St. Abban's        | 1.76         |
| Long Jump       | 2004        | Eoin Hannon         | Tullamore Harriers | 6.04         |
| Shot Putt       | 2001        | Brendan Callanan    | S.L.O.T            | 14.96        |
| 4 x 200m        | 2001        |                     | K.C.H.             | 1.42.36      |

| <b>Boys U17</b> |             |                      |                    |              |
|-----------------|-------------|----------------------|--------------------|--------------|
| <b>Event</b>    | <b>Year</b> | <b>Athlete Name</b>  | <b>Club</b>        | <b>C.B.P</b> |
| 60mHurdles      | 1994        | Luke Maloney         | Thomastown         | 8.50         |
| 60mHurdles      | 2005        | Eoin Hannon          | Tullamore Harriers | 8.68         |
| <b>60m</b>      | <b>2011</b> | <b>Marcus Lawlor</b> | <b>S.L.O.T</b>     | <b>7.26</b>  |
| 60m             | 2000        | Darragh Graham       | Inbhear Dee        | 7.36         |
| 60m             | 1996        | Derek O'Brien        | S.L.O.T            | 7.00         |
| <b>200m</b>     | <b>2011</b> | <b>Marcus Lawlor</b> | <b>S.L.O.T</b>     | <b>23.05</b> |
| 200m            | 2010        | Conor Wilson         | Menapians          | 23.77        |
| 800m            | 1993        | James Nolan          | Ferbane            | 2.03.20      |
| 1500m           | 2001        | Mark Christie        | Mullingar Harriers | 4.13.26      |
| 1500mWalk       | 2006        | Padraig Lennon       | Gowran             | 7.17.41      |
| High Jump       | 1999        | Adrian O'Dwyer       | K.C.H              | 1.90         |
| High Jump       | 2006        | Barry Pender         | St. Abbans         | 1.90         |
| Long Jump       | 2005        | Eoin Hannon          | Tullamore Harriers | 6.36         |
| Shot Putt       | 2002        | Brendan Callanan     | S.L.O.T            | 14.69        |
| 4 x 200m        | 1997        | Celbridge            |                    | 1.39.90      |



## Athletics Leinster

### Indoor Championship Best Performances

| <b>Boys U18</b> |             |                      |                    |              |
|-----------------|-------------|----------------------|--------------------|--------------|
| <b>Event</b>    | <b>Year</b> | <b>Athlete Name</b>  | <b>Club</b>        | <b>C.B.P</b> |
| 60mHurdles      | 2008        | Fergus Hannon        | Tullamore Harriers | 8.33         |
| 60m             | 1998        | Richard Reville      | D.M.P              | 7.00         |
| 60m             | 2001        | Darragh Graham       | Inbhear Dee        | 7.24         |
| 60m             | 2004        | Peter McDonald       | St. Peter's        | 7.24         |
| <b>200m</b>     | <b>2011</b> | <b>Tony Stafford</b> | <b>Menapian's</b>  | <b>23.42</b> |
| 200m            | 2004        | Paul Gill            | Carbury            | 23.54        |
| 400m            | 1994        | James Nolan          | Ferbane            | 51.10        |
| 800m            | 2003        | Eoin Everard         | K.C.H              | 2.00.78      |
| 800m            | 1994        | James Nolan          | Ferbane            | 2.00.40      |
| 1500m           | 1995        | Pearse Hickey        | U/A                | 4.16.90      |
| 1500m           | 2006        | Conor Murphy         | Naas               | 4.16.86      |
| 1500mWalk       | 2004        | Michael Doyle        | Cushinstown        | 6.35.88      |
| High Jump       | 2000        | Adrian O'Dwyer       | K.C.H              | 2.05         |
| Long Jump       | 2003        | Stephen Darcy        | S.L.O.T            | 6.62         |
| Shot Putt       | 2003        | Brendan Callanan     | S.L.O.T            | 15.56        |
| Triple Jump     | 2008        | Francis Egan         | St. Abban's        | 13.14        |
| 4 x 200m        | 1993        |                      | Mullingar Harriers | 1.37.70      |

| <b>Boys U19</b> |             |                     |                    |              |
|-----------------|-------------|---------------------|--------------------|--------------|
| <b>Event</b>    | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>        | <b>C.B.P</b> |
| 60mHurdles      | 1997        | Colin Byrne         | St. Abbans         | 8.30         |
| 60mHurdles      | 2007        | Eoin Hannon         | Tullamore Harriers | 8.48         |
| 60m             | 1996        | Simon Kehoe         | Enniscorthy        | 7.00         |
| 60m             | 2002        | Darragh Graham      | Inbhear Dee        | 7.18         |
| 200m            | 2003        | Paul Gill           | Carbury            | 22.60        |
| 400m            | 2001        | David McCarthy      | Celbridge          | 50.80        |
| 800m            | 2000        | David Campbell      | Leixlip            | 1.57.02      |
| 1500m           | 1996        | Pearse Hickey       | Celbridge          | 4.04.30      |
| 1500mWalk       | 1998        | David Kidd          | S.L.O.T            | 6.07.00      |
| High Jump       | 2008        | Kourosh Foroughi    | Star of the Sea    | 2.10         |
| Long Jump       | 2007        | Eoin Hannon         | Tullamore Harriers | 6.70         |
| Shot Putt       | 1996        | Killian Smyth       | Fr. Murphy's       | 14.44        |
| Triple Jump     | 2009        | Francis Egan        | St. Abban's        | 13.55        |
| 4 x 200m        | 2001        |                     | Celbridge          | 1.36.32      |



## Athletics Leinster

### Indoor Championship Best Performances

| Junior Men        |             |                      |                     |             |
|-------------------|-------------|----------------------|---------------------|-------------|
| Event             | Year        | Athlete Name         | Club                | C.B.P       |
| 60mHurdles        | 1999        | Jonathon Miller      | Ballybrack          | 9.40        |
| <b>60mHurdles</b> | <b>2011</b> | <b>Eoin Power</b>    | <b>St. Joseph's</b> | <b>9.16</b> |
| 60mHurdles        | 2008        | David MacAogain      | St Paul's           | 9.42        |
| 60m               | 1999        | Gordon Kennedy       | Tullamore Harriers  | 6.90        |
| 60m               | 2010        | Paul Whelan          | Dublin Striders     | 7.20        |
| 200m              | 1995        | Kevin Cogley         | D.M.P               | 23.00       |
| 200m              | 2009        | Alan Whelan          | North Laois         | 23.00       |
| 400m              | 2009        | Alan Whelan          | North Laois         | 51.56       |
| 800m              | 1999        | Michael Wilcox       | Kells               | 1.56.70     |
| 1500m             | 2008        | Joe Breen            | S.B.R               | 4.10.39     |
| 3000m             | 1998        | Tommy Evans          | Gowran              | 9.05.40     |
| 35lb Weight       | 2009        | Darragh Hanlon       | Tullamore Harriers  | 6.82        |
| High Jump         | 2009        | Barry Pender         | St. Abban's         | 2.10        |
| Long Jump         | 2007        | Eoin Hannon          | Tullamore Harriers  | 6.80        |
| <b>Pole Vault</b> | <b>2011</b> | <b>James Delaney</b> | <b>St. Abban's</b>  | <b>2.80</b> |
| Shot Putt         | 2005        | Justin Collins       | Mullingar Harriers  | 12.88       |
| Shot Putt         | 2010        | Eanna O'Cathain (G)  | GCH                 | 13.14       |
| Triple Jump       | 2009        | Francis Egan         | St. Abban's         | 13.55       |
| 4 x 200m          | 2009        |                      | St. Abban's         | 1.36.99     |



## Athletics Leinster

### Indoor Championship Best Performances

| Senior Men        |             |                           |                         |                |
|-------------------|-------------|---------------------------|-------------------------|----------------|
| Event             | Year        | Athlete Name              | Club                    | C.B.P          |
| 60m               | 1995        | Kevin Cogley              | D.M.P                   | 7.00           |
| 60m               | 1999        | Pat Shannon               | Ballybrack              | 7.00           |
| 60m               | 2010        | Patrick Phelan            | D.S.D                   | 7.02           |
| <b>60mHurdles</b> | <b>2011</b> | <b>Simon Taggart</b>      | <b>Donore Harrier's</b> | <b>8.89</b>    |
| 60mHurdles        | 2006        | Shane McCormack           | Menapians               | 9.12           |
| 200m              | 2003        | David McCarthy            | Celbridge               | 21.92          |
| 400m              | 2007        | Nick Hogan                | D.S.D                   | 50.44          |
| 800m              | 2002        | John Paul O'Brien         | Crookstown MV           | 1.56.30        |
| 1500m             | 2009        | Patrick McCartan (G)      | West Limerick           | 3.54.23        |
| 1500m             | 2010        | Thomas Fitzpatrick        | Tallaght                | 3.56.94        |
| <b>3000m</b>      | <b>2011</b> | <b>Thomas Fitzpatrick</b> | <b>Tallaght</b>         | <b>8.33.80</b> |
| 3000m             | 2002        | Pat Byrne                 | Tinryland               | 8.40.05        |
| 1500mWalk         | 2001        | Padraig Lennon            | Gowran                  | 7.08.40        |
| 3000mWalk         | 2008        | Bobby King                | Dunboyne                | 14.50.00       |
| 3000m Walk        | 2010        | Jamie Costin (G)          | West Waterford          | 11.53.80       |
| 56lb Weight       | 2003        | John Menton               | Donore Harriers         | 8.34           |
| High Jump         | 2002        | Adrian O'Dwyer            | K.C.H.                  | 2.11           |
| Long Jump         | 2009        | Brendan Marshall          | Mullingar Harriers      | 6.85           |
| Shot Putt         | 2003        | Paul Crowe                | Menapians               | 15.51          |
| Shot Putt         | 2010        | Sean Breathnach (G)       | G.C.H                   | 15.57          |
| Triple Jump       | 2010        | Eoin Kelly                | St. Abban's             | 14.51          |
| 4 x 200m          | 2001        |                           | Tullamore Harriers      | 1.34.74        |



## Athletics Leinster

### Indoor Championship Best Performances

| <b>Master Men M1</b> |             |                        |                          |                 |
|----------------------|-------------|------------------------|--------------------------|-----------------|
| <b>Event</b>         | <b>Year</b> | <b>Athlete Name</b>    | <b>Club</b>              | <b>C.B.P</b>    |
| 60m                  | 2009        | Gerard Hensey          | Tullamore Harriers       | 7.54            |
| 60m                  | 2010        | John Corr (G)          | Leevale                  | 7.46            |
| <b>60m Hurdles</b>   | <b>2011</b> | <b>Colin McHugh</b>    | <b>Drogheda &amp; D.</b> | <b>9.56</b>     |
| 60m Hurdles          | 2010        | Kevin Byrne            | D.S.D                    | 10.34           |
| <b>200m</b>          | <b>2011</b> | <b>Colm Keogh</b>      | <b>Ratoath Ms.</b>       | <b>24.70</b>    |
| 200m                 | 2009        | Gerard Hensey          | Tullamore Harriers       | 25.01           |
| 400m                 | 2009        | Gerard Hensey          | Tullamore Harriers       | 56.64           |
| <b>800m</b>          | <b>2011</b> | <b>Paul Flemming</b>   | <b>Rathfarnham WSAF</b>  | <b>2.09.54</b>  |
| 800m                 | 2008        | Catch Grennan          | Tullamore Harriers       | 2.10.68         |
| <b>3000m</b>         | <b>2011</b> | <b>Fred Kirwan</b>     | <b>Donore Harrier's</b>  | <b>10.06.20</b> |
| 3000m                | 2010        | Brendan Kavanagh       | Gowran                   | 10.20.60        |
| <b>56lb Weight</b>   | <b>2011</b> | <b>Oisín Hoey</b>      | <b>St, Michael's</b>     | <b>6.40</b>     |
| <b>High Jump</b>     | <b>2011</b> | <b>Kevin Byrne</b>     | <b>D.S.D</b>             | <b>1.65</b>     |
| High Jump            | 2009        | Kevin Byrne            | D.S.D                    | 1.65            |
| <b>Long Jump</b>     | <b>2011</b> | <b>Jonathan McCabe</b> | <b>Drogheda &amp; D.</b> | <b>5.65</b>     |
| Long Jump            | 2009        | Kevin Byrne            | D.S.D                    | 5.37            |
| Shot Putt            | 2008        | Joe Kelly              | Brow Rangers             | 11.76           |
| 4*200m Relay         | 2009        |                        | Gowran                   | 2.09.94         |

| <b>Master Men M2</b> |             |                     |                    |              |
|----------------------|-------------|---------------------|--------------------|--------------|
| <b>Event</b>         | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>        | <b>C.B.P</b> |
| 60m                  | 2010        | Gerard Hensey       | Tullamore Harriers | 7.45         |
| 200m                 | 2000        |                     |                    | 25.00        |
| 200m                 | 2001        | Greg Duggan         | Mullingar Harriers | 25.42        |
| 400m                 | 2001        | Bill Doherty        | St.Joseph's        | 55.02        |
| 800m                 | 2000        |                     |                    | 2.06.90      |
| 1500m                | 1996        | Pat Corcoran        | Tinryland          | 4.15         |
| 3000m                | 2005        | Pat Malone          | Newbridge          | 9.13.10      |
| 1500m Walk           | 2001        | John Lennon         | Gowran             | 7.19.30      |
| 3000m Walk           | 2009        | Michael O'Keeffe    | Thomastown         | 17.04.60     |
| 56lb Weight          | 2009        | Seamus Fitzpatrick  | North Laois        | 7.42         |
| High Jump            | 2000        |                     |                    | 1.65         |
| Long Jump            | 2009        | George Wyatt        | D.S.D              | 5.37         |
| Shot Putt            | 2009        | Kieron Stout        | Celbridge          | 12.41        |
| Triple Jump          | 2009        | George Wyatt        | D.S.D              | 11.07        |



## Athletics Leinster

### Indoor Championship Best Performances

| <b>Master Men M3</b> |             |                     |                    |              |
|----------------------|-------------|---------------------|--------------------|--------------|
| <b>Event</b>         | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>        | <b>C.B.P</b> |
| 60m Hurdles          | 2008        | Pat Power           | St. Joseph's       | 12.28        |
| 60m                  | 2005        | Greg Duggan         | Mullingar Harriers | 7.90         |
| 200m                 | 2002        | Kevin Carey         | Crusaders          | 25.30        |
| 200m                 | 2005        | Greg Duggan         | Mullingar Harriers | 25.84        |
| 400m                 | 2004        | Kevin Carey         | Navan              | 57.20        |
| 800m                 | 2005        | Bill Doherty        | St. Joseph's       | 2.10.10      |
| 1500m                | 2010        | Owen McLoughlin     | Rathfarnham WSAF   | 4.41.58      |
| 3000m                | 2007        | David Percival      | Menapians          | 11.51.86     |
| 3000mWalk            | 2009        | Pat Murphy          | Castleisland       | 13.40.10     |
| 3000mWalk            | 2009        | Derek McConnon      | Rathfarnham WSAF   | 16.05.30     |
| 56lb Weight          | 2010        | Seamus Fitzpatrick  | North Laois        | 8.04         |
| High Jump            | 2010        | John Territt        | St. Abban's        | 1.50         |
| Long Jump            | 2007        | Patrick Mahon       | Gowran             | 5.33         |
| Shot Putt            | 2010        | Seamus Fitzpatrick  | North Laois        | 12.57        |
| Triple Jump          | 2008        | Ciaran Tobin        | Trim               | 9.24         |

| <b>Master Men M4</b> |             |                         |                     |                 |
|----------------------|-------------|-------------------------|---------------------|-----------------|
| <b>Event</b>         | <b>Year</b> | <b>Athlete Name</b>     | <b>Club</b>         | <b>C.B.P</b>    |
| 60m                  | 2010        | Pat Power               | St. Joseph's        | 8.16            |
| 60m                  | 2008        | Brendan Moran (G)       | West Waterford      | 7.95            |
| 200m                 | 2003        | Tom Clinton             | Navan               | 25.64           |
| 400m                 | 2009        | Loughlin Campion        | Civil Service       | 65.18           |
| 800m                 | 2009        | Martin McDonald         | North Laois         | 2.19.94         |
| 1500m                | 2009        | Martin McDonald         | North Laois         | 4.39.91         |
| 3000m                | 2009        | Michael Mulligan        | Dunleer             | 10.59.24        |
| 3000mWalk            | 2011        | Pat Murphy              | GUEST               | 13.54.30        |
| <b>3000mWalk</b>     | <b>2011</b> | <b>Martain Mcdonald</b> | <b>North Laois</b>  | <b>16.32.50</b> |
| 35lb Weight          | 2009        | Jim Dolan               | Tullamore Harriers  | 6.30            |
| <b>High Jump</b>     | <b>2011</b> | <b>Joe Davies</b>       | <b>D.S.D</b>        | <b>1.45</b>     |
| High Jump            | 2001        | Jimmy Kelly             | Brow Rangers        | 1.30            |
| Long Jump            | 2007        | John Molloy             | Celbridge           | 4.81            |
| Shot Putt            | 2001        | Tom Power               | Bagenalstown        | 12.42           |
| <b>Triple Jump</b>   | <b>2011</b> | <b>Pat Power</b>        | <b>St. Joseph's</b> | <b>10.30</b>    |



## Athletics Leinster

### Indoor Championship Best Performances

| <b>Master Men M5</b> |             |                     |                    |              |
|----------------------|-------------|---------------------|--------------------|--------------|
| <b>Event</b>         | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>        | <b>C.B.P</b> |
| 60m                  | 2008        | David Leech         | Blackrock          | 8.44         |
| 60m                  | 2007        | Tom Clinton         | Navan              | 8.44         |
| 200m                 | 2003        | Eamonn Fitzsimons   | Kildare            | 25.78        |
| 400m                 | 2001        | Jim O'Neill         | Crusaders          | 59.80        |
| 400m                 | 2008        | Joe Gough           | West Waterford     | 58.37        |
| 800m                 | 2001        | Jim O'Neill         | Crusaders          | 2.16.98      |
| 1500m                | 2009        | Jim Boland          | Sli Cualann        | 5.53.31      |
| 3000m                | 2010        | Jim Boland          | Sli Cualann        | 11.57.01     |
| 3000mWalk            | 2004        | Bobby King          | Dunboyne           | 14.18.60     |
| <b>35lb Weight</b>   | <b>2011</b> | <b>Gerry Grehan</b> | <b>U/A</b>         | <b>6.38</b>  |
| 35lb Weight          | 2010        | Tom Feighrey        | Tullamore Harriers | 6.38         |
| 56lb Weight          | 2004        | Murty Kelly         | Brow Rangers       | 4.90         |
| High Jump            | 2002        | Jimmy Kelly         | Brow Rangers       | 1.25         |
| Long Jump            | 2002        | Jimmy Kelly         | Brow Rangers       | 3.97         |
| Shot Putt            | 2003        | Tom Power           | Bagenalstown       | 11.68        |

| <b>Master Men M6</b> |             |                     |                    |                |
|----------------------|-------------|---------------------|--------------------|----------------|
| <b>Event</b>         | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>        | <b>C.B.P</b>   |
| 60m                  | 2010        | Tom Clinton         | Navan              | 8.95           |
| 200m                 | 2010        | Tom Clinton         | Navan              | 29.18          |
| 400m                 | 2010        | Patrick Dolan       | Tullamore Harriers | 70.48          |
| 800m                 | 2010        | Pat Healy           | Clonliffe Harriers | 2.45.10        |
| <b>1500m</b>         | <b>2011</b> | <b>Jim Boland</b>   | <b>Sli Cualann</b> | <b>5.41.32</b> |
| 1500m                | 2009        | Sean McMullin       | Mullingar Harriers | 6.34.75        |
| 3000m                | 2007        | Sean McMullin       | Mullingar Harriers | 12.15.84       |
| 3000m Walk           | 2009        | Bobby King          | Dunboyne           | 15.05.40       |
| 35lb Weight          | 2005        | John O'Connor       | Naas               | 5.21           |
| High Jump            | 2006        | Sean McMullin       | Mullingar Harriers | 1.20           |
| High Jump            | 2010        | Donal Crowley (G)   | Tralee Harriers    | 1.20           |
| Long Jump            | 2006        | Sean McMullin       | Mullingar Harriers | 2.94           |
| Long Jump            | 2010        | Donal Crowley (G)   | Tralee Harriers    | 3.44           |
| Shot Putt            | 2008        | Tom Power           | Bagenalstown       | 12.38          |

| <b>Master Men M7</b> |             |                     |                     |              |
|----------------------|-------------|---------------------|---------------------|--------------|
| <b>Event</b>         | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>         | <b>C.B.P</b> |
| 200m                 | 2008        | Sean Conroy         | Dunboyne            | 34.44        |
| High Jump            | 2006        | John O'Connor       | Naas                | 1.20         |
| Long Jump            | 2006        | John O'Connor       | Naas                | 3.23         |
| Shot Putt            | 2006        | John O'Connor       | Naas                | 9.15         |
| <b>35lb Weight</b>   | <b>2011</b> | <b>Paddy Reilly</b> | <b>St. Andrew's</b> | <b>5.25</b>  |





## Athletics Leinster

### Indoor Championship Best Performances

| <b>Master Men M8</b> |             |                     |                     |              |
|----------------------|-------------|---------------------|---------------------|--------------|
| <b>Event</b>         | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b>         | <b>C.B.P</b> |
| 60m                  | 2009        | John Gorman         | Gowran              | 10.64        |
| 200m                 | 2009        | John Gorman         | Gowran              | 34.21        |
| 400m                 | 2009        | John Gorman         | Gowran              | 84.35        |
| 800m                 | 2009        | Barry Keane         | Sli Cualann         | 3.26.96      |
| <b>35lb Weight</b>   | <b>2011</b> | <b>Tom Toner</b>    | <b>St. Andrew's</b> | <b>4.58</b>  |
| 35lb Weight          | 2010        | Tom Toner           | St. Andrew's        | 4.58         |
| Shot Putt            | 2008        | Tom Toner           | St. Andrew's        | 8.64         |

| <b>Master Men M9</b> |             |                     |             |              |
|----------------------|-------------|---------------------|-------------|--------------|
| <b>Event</b>         | <b>Year</b> | <b>Athlete Name</b> | <b>Club</b> | <b>C.B.P</b> |
| 200m                 | 2008        | Earl Fee            | Dunleer     | 32.03        |
| 400m                 | 2008        | Earl Fee            | Dunleer     | 73.14        |
| Shot Putt            | 2008        | Earl Fee            | Dunleer     | 6.81         |