



Indoor Championship *Athletics Leinster* Records 2024

AGE	Event	CBP	Name	Club	Year
U12 Boys	4x100m Relay	56.18		Kilkenny City Harriers A.C.	2017
	4x200m Relay	2.00.37		Kilkenny City Harriers A.C.	2020
	600m	1.41.37	Daniel Downey	Portlaoise A.C.	2020
	60m Sprint	8.33	John Ikpotokin	St. Michael's A.C.	2016
	60m Hurdles	10.30	Sam O'Neill	Menapians A.C.	2010
	High Jump	1.46	Eoin Hannon	Ballyskenach A.C.	2000
	Long Jump	4.60	Joey Dolan	Na Fianna A.C.	2000
	Shot Putt	10.72	Cian Crampton	Edenderry A.C.	2018
U13 Boys	4x100m Relay	54.9		Boyne A.C.	2018
	4x200m Relay	1.52.72		Mullingar Harriers A.C.	2019
	600m	1.39.11	Callum Costello	Mullingar Harriers A.C.	2018
	60m Sprint	7.93	John Ikpotokin	St. Michael's A.C.	2017
	60m Hurdles	9.56	Toriqu Adegoke	St. L. O'Toole A.C.	2013
	High Jump	1.45	Adam Nolan	St. L. O'Toole A.C.	2016
	Pole Vault	2.00	Calvin McCourt	Dundalk St. Gerards A.C.	2024
	Long Jump	5.12	Kevin O'Manhony	D.M.P. A.C.	2019
U14 Boys	Shot Putt	12.75	Cian Crampton	Edenderry A.C.	2019
	1000m Walk	5.03.80	PJ O'Keeffe	Kilkenny City Harriers A.C.	1998
	4x200m Relay	1.50.09		Newbridge A.C.	2023
	60m Sprint	7.55	Matthew Buckley	Ratoath A.C.	2015
	60m Hurdles	9.26	Jordan Conroy	Tullamore Harriers A.C.	2007
	800m	2.07.7H	Colin Bennett	Mullingar Harriers A.C.	1997
	High Jump	1.58	Mark Rogers	St. Peter's A.C.	2009
	Long Jump	5.46	David McDonald	Menapians A.C.	2012
U15 Boys	Pole Vault	1.90	Matthew Hickey	Guest (Dundrum South Dublin A.C.)	2023
	Shot Putt	14.84	Cian Crampton	Edenderry A.C.	2020
	Triple Jump	10.32	Michael Kent	D.M.P. A.C.	2020
	1000m Walk	4.03.5H	PJ O'Keeffe	Kilkenny City Harriers A.C.	1999
	4x200m Relay	1.42.60		Newbridge A.C.	2024
	60m Sprint	7.2H	Darragh Graham	Inbhear Dee	1998
	60m Hurdles	9.17	David McDonald	Menapians A.C.	2013
	800m	2.05.64	Robert Gleeson	Newbridge A.C.	2024
U16 Boys	High Jump	1.76	Derek O'Brien	St. L. O'Toole A.C.	1995
	Long Jump	5.79	David McDonald	Menapians A.C.	2013
	Pole Vault	2.60	Adam Nolan	St. L. O'Toole A.C.	2018
	Shot Putt	15.97	Karlis Kaugars	Dunleer A.C.	2019
	Triple Jump	10.40	Cillín Hoey	Emo/Rath A.C.	2023
	1500m Walk	6.59.57	Daniel Glennon	Mullingar Harriers A.C.	2024
	1500m	4.10.62	Lorcan Forde-Dunne	Ace A.C.	2023
	200m	23.23	David Murphy	Gowran A.C.	2015
U17 Boys	400m	52.52	Daniel Downey	Portlaoise A.C.	2024
	4x200m Relay	1.38.25		Dunshaughlin A.C.	2014
	60m Sprint	7.2H	Darragh Graham	Inbhear Dee	1999
	60m Hurdles	8.67	Agomide Oke	St. L. O'Toole A.C.	2015
	800m	1.57.83	Mark Milner	Tullamore Harriers A.C.	2015
	High Jump	1.86	Ryan Carthy Walsh	Adamstown A.C.	2014
	Long Jump	6.37	David McDonald	Menapians A.C.	2014
	Pole Vault	3.90	Jamie Hyland	St. L. O'Toole A.C.	2023
U17 Boys	Shot Putt	15.31	Cian Crampton	Edenderry A.C.	2022
	Triple Jump	12.76	Michael Kent	D.M.P. A.C.	2022
	1500m Walk	6.56.94	Evan Walsh	St. Joseph's A.C.	2024
	1500m	4.04.94	Lorcan Forde-Dunne	Ace A.C.	2024
	200m	22.67	David Murphy	Gowran A.C.	2016
	400m	51.96	John Delaney	St. Abban's A.C.	2023
	4x200m Relay	1.34.90		Ratoath A.C.	2024
	60m Sprint	7.11	Israel Olatunde	Dundealga A.C.	2018
U17 Boys	60m Hurdles	8.5H	Luke Maloney	Thomastown A.C.	1994
	60m Hurdles	8.54	Adam Nolan	St. L. O'Toole A.C.	2020
	800m	1.55.93	Mark Milner	Tullamore Harriers A.C.	2016
	High Jump	1.98	Ryan Carthy Walsh	Adamstown A.C.	2015
	Long Jump	6.60	Marc Shelly	Fr. Murphy A.C.	2015
	Pole Vault	4.36	Jamie Hyland	St. L. O'Toole A.C.	2024
	Shot Putt	14.80	Eoin Sheridan	North Westmeath A.C.	2013
	Triple Jump	13.34	Michael Kent	D.M.P. A.C.	2023



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U18 Boys	1500m Walk	6.02.32	Matthew Glennon	Mullingar Harriers A.C.	2020
	1500m	3.59.47	Noah Harris	Parnell A.C.	2024
	200m	22.10	Charles Okafor	Mullingar Harriers A.C.	2020
	400m	49.72	John Fitzsimons	Kildare A.C.	2015
	4x200m Relay	1.34.21		Ratoath A.C.	2024
	60m Sprint	7.0H	Richard Reville	D.M.P. A.C.	1998
	60m Sprint	7.07	Charles Okafor	Mullingar Harriers A.C.	2020
	60m Hurdles	8.33	Fergus Hannon	Tullamore Harriers A.C.	2008
	800m	1.54.86	Gerry Campbell	Dunleer A.C.	2014
	High Jump	2.06	Donagh Mahon	Gowran A.C.	2014
	Long Jump	6.62	Stephen Darcy	St. L. O'Toole A.C.	2003
	Pole Vault	3.70	Robert Ivers	Raheny Shamrock A.C.	2015
	Shot Putt	17.03	Andrew Cooper	Gowran A.C.	2023
	Triple Jump	13.63	Jordan Hoang	Tullamore Harriers A.C.	2015
U19 Boys	1500m Walk	6.07.0H	David Kidd	St. L. O'Toole A.C.	1998
	1500m	3.58.36	James Dunne	Tullamore Harriers A.C.	2019
	200m	21.80	Marcus Lawlor	St. L. O'Toole A.C.	2013
	400m	50.47	Jack Mitchell	St. L. O'Toole A.C.	2018
	4x200m Relay	1.31.84		Ratoath A.C.	2024
	60m Sprint	6.92	Marcus Lawlor	St. L. O'Toole A.C.	2013
	60m Hurdles	8.3H	Colin Byrne	St. Abban's A.C.	1997
	60m Hurdles	8.25	Adam Nolan	St. L. O'Toole A.C.	2022
	800m	1.55.71	Cian Gorham	St. Peter's A.C.	2023
	High Jump	2.10	Kourosi Foroughi	Star of the Sea A.C.	2008
	Long Jump	6.75	Tony Stafford	Menapians A.C.	2012
	Pole Vault	4.25	Matthew Callinan Keenan	St. L. O'Toole A.C.	2018
	Shot Putt	15.38	Anu Awonusi	St. L. O'Toole A.C.	2015
	Triple Jump	13.72	Shane Joyce	Cushinstown A.C.	2015
U17 Mixed	4x200m Relay	1.39.81		Ratoath A.C.	2024
U19 Mixed	4x200m Relay	1.35.33		Ratoath A.C.	2024
U18 Men	Heptathlon	4158	Jack Forde	St. Killian's A.C.	2020
U20 Men	1500m	3.59.45	Christopher Keenan	Drogheda and District A.C.	2024
	200m Sprint	22.04	Charles Okafor	Mullingar Harriers A.C.	2020
	3000m	8.24.94	Shay McEvoy	Kilkenny City Harriers A.C.	2020
	35lb weight	8.74	James Mulligan	Tullamore Harriers A.C.	2013
	3000m Walk	14.17.02	Adam McInerney	Suncroft A.C.	2018
	3000m Walk	13.46.26	Matthew Newell	Guest (Tuam A.C.)	2023
	400m	49.30	Jamie Pender	St. Abban's A.C.	2017
	4x200m Relay	1.32.34		St. L. O'Toole A.C.	2017
	4x400m Relay	3.25.00		Ratoath A.C.	2023
	60m Hurdles	8.09	Adam Nolan	St. L. O'Toole A.C.	2023
	60m Sprint	7.00	Runo Ayavoro	Newbridge A.C.	2022
	60m Sprint	6.9H	Gordon Kennedy	Tullamore Harriers A.C.	1999
	800m	1.54.14	Shane Fitzsimons	Mullingar Harriers A.C.	2012
	Heptathlon	4545	Diarmuid O'Connor	Guest (Bandon A.C.)	2020
	High Jump	2.10	Barry Pender	St. Abban's A.C.	2009
	Long Jump	7.02	Keith Marks	Cushinstown A.C.	2016
	Pole Vault	4.40	Matthew Callinan Keenan	St. L. O'Toole A.C.	2019
	Shot Putt	17.06	Andrew Cooper	Gowran A.C.	2024
	Shot Putt	17.74	Liam Shaw	Guest (Athenry A.C.)	2022
	Triple Jump	14.15	Shane Joyce	Cushinstown A.C.	2016
Senior Men	1500m Walk	7.08.4H	Padraig Lennon	Gowran A.C.	2001
	1500m	3.54.59	Daire Bermingham	Raheny Shamrock A.C.	2014
	1500m	3.54.23	Patrick McCartan	Guest	2009
	200m Sprint	20.64	Mark Smyth	Raheny Shamrock A.C.	2023
	3000m	8.16.61	Hicko Tenoso	Dundrum South Dublin A.C.	2018
	3000m Walk	11.58.57	Joe Mooney	Adamstown A.C.	2024
	3000m Walk	11.53.80	Jamie Costin	Guest	2010
	400m	48.09	Brian Gegan	Clonliffe Harriers A.C.	2024
	4x200m Relay	1.29.32		TUS Athlone AC	2023
	4x400m Relay	3.23.27		Ratoath A.C.	2023
	56lb Weight	8.34	John Menton	Donore Harriers A.C.	2003
	60m Hurdles	8.13	Ian McDonald	Crusaders A.C.	2014
	60m Sprint	6.85	Mark Smyth	Raheny Shamrock A.C.	2020



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Senior Men	800m	1.51.27	Shane Fitzsimons	Mullingar Harriers A.C.	2013
	Heptathlon	5243	Rolus Olusa	Clonliffe Harriers A.C.	2023
	High Jump	2.16	Kourosi Foroughi	Star of the Sea A.C.	2012
	Long Jump	7.30	Keith Marks	Clonliffe Harriers A.C.	2019
	Pole Vault	4.75	Ian Rogers	Clonliffe Harriers A.C.	2015
	Shot Putt	15.51	Paul Crowe	Menapians A.C.	2003
	Shot Putt	18.27	Sean Breathnach	Guest	2016
	Triple Jump	14.53	Eoin Kelly	St. Abban's A.C.	2013
Master Men O35	1500m	4.15.46	Paul Archbold	Newbridge A.C.	2014
	200m Sprint	23.88	Paul Broderick	St. L. O'Toole A.C.	2022
	3000m	9.05.13	John Fenlon	St. Michael's A.C.	2015
	3000m Walk	14.21.23 (G)	Patrick Roche	Guest	2017
	400m	54.43	Hugh Callan	Drogheda & District A.C.	2018
	400m	54.35	Ross Miotti	Guest	2016
	4x200m Relay	1.51.88		Tullamore Harriers A.C.	2018
	4x200m Relay	1.39.34		Letterkenny (Guest)	2017
	4x400m Relay	4.28.17		Kilcoole A.C.	2017
	56lb Weight	6.69	Oisin Hoey	North Laois	2012
	60m Hurdles	9.07	Ger Cremin	Guest (An Ríocht A.C.)	2024
	60m Hurdles	9.15	Patrick Curran	Tallaght A.C.	2014
	60m Sprint	7.24	Kevin Cooley	Menapians A.C.	2014
	800m	2.03.74	Paddy Kelly	Mullingar Harriers A.C.	2016
	High Jump	1.88	Francois Kullk	Sli Cualann A.C.	2019
	Long Jump	5.74	Jonathan McCabe	Drogheda & District A.C.	2012
	Shot Putt	11.76	Joe Kelly	Brow Rangers A.C.	2008
	Triple Jump	10.95	Francois Kullk	Sli Cualann A.C.	2017
Master Men O40	1500m Walk	7.19.30	John Lennon	Gowran A.C.	2001
	1500m	4.12.94	John Fenlon	St. Abban's A.C.	2017
	200m Sprint	23.84	Ruaidhri Kedney	Dundrum South Dublin A.C.	2024
	3000m	9.12.90	Mick Fogarty	Ferbane A.C.	2019
	3000m Walk	14.24.02	David Kidd	St. L. O'Toole A.C.	2023
	400m	54.85	Shane O'Sullivan	Guest (Dooneen A.C.)	2024
	400m	55.02	Bill Doherty	St. Joseph's A.C.	2001
	4x400m Relay	4.31.46		Tullamore Harriers A.C.	2018
	56lb Weight	7.42	Seamus Fitzpatrick	North Laois	2009
	60m Hurdles	9.82	Colin McHugh	Boyne A.C.	2016
	60m Hurdles	9.15	Ger Cremin	Guest (An Ríocht A.C.)	2020
	60m Sprint	7.45	Gerard Hensey	Tullamore Harriers A.C.	2010
	60m Sprint	7.41	John Corr	Guest	2015
	800m	2.07.01	Garry Mulligan	North East Runners A.C.	2024
	High Jump	1.66	Werner Olivier	St. Coca's A.C.	2023
	Long Jump	5.59	David Rock	Fr. Murphy A.C.	2018
	Pole Vault	2.80	Kevin Byrne	Dundrum South Dublin A.C.	2014
	Shot Putt	12.41	Kieron Stout	Celbridge A.C.	2009
	Triple Jump	11.07	George Wyatt	Dundrum South Dublin A.C.	2009
	Heptathlon	1573	David Moore	Raheny Shamrock A.C.	2024
Master Men O45	1500m	4.21.67	Mel Hillard	Metro/St Brigid	2014
	200m Sprint	24.08	David Hayde	St. L. O'Toole A.C.	2015
	3000m	9.24.48	Paul Smith	Drogheda & District A.C.	2023
	3000m Walk	15.29.38	John White	St. Michael's A.C.	2017
	3000m Walk	13.40.10	Pat Murphy	Guest (Castleisland A.C.)	2009
	400m	53.75	Keith Pollard	St. L. O'Toole A.C.	2024
	4x200m Relay	1.54.90		Metro/St Brigid	2023
	4x400m Relay	4.40.54		Lusk A.C.	2022
	56lb weight	8.04	Seamus Fitzpatrick	North Laois	2010
	60m Hurdles	10.53	Kevin Byrne	Dundrum South Dublin A.C.	2018
	60m Sprint	7.49	David Hayde	St. L. O'Toole A.C.	2014
	800m	2.06.47	Ken Archbold	St. L. O'Toole A.C.	2017
	High Jump	1.65	Ray Swan	Newbridge A.C.	2020
	Long Jump	5.33	Patrick Mahon	Gowran A.C.	2007
	Pole Vault	3.26	Michael Konieczny	Raheny Shamrock A.C.	2014
	Shot Putt	12.57	Seamus Fitzpatrick	North Laois	2010
	Triple Jump	10.81	George Wyatt	Dundrum South Dublin A.C.	2013



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Master Men O50	1500m	4.20.09	Mark O'Shea	Drogheda & District A.C.	2023
	200m Sprint	24.25	David Hayde	St. L. O'Toole A.C.	2018
	3000m	9.10.40	Michael Traynor	Raheny Shamrock A.C.	2015
	35lb Weight	9.96	John Menton	Dundrum South Dublin A.C.	2023
	3000m Walk	16.11.45	John Joe Lawlor	St. Joseph's A.C.	2016
	3000m Walk	13.54.30	Pat Murphy	Guest (Castleisland A.C.)	2011
	4x200m Relay	1.55.42		Lucan Harriers A.C.	2023
	400m	58.23	John O'Loughlin	Crusaders A.C.	2019
	60m Hurdles	9.42	Aidan Gillespie	Guest (Rosses A.C.)	2024
	60m Hurdles	9.73	Kevin Byrne	Dundrum South Dublin A.C.	2023
	60m Sprint	7.47	David Hayde	St. L. O'Toole A.C.	2020
	800m	2.10.24	Declan Toal	North East Runners A.C.	2023
	Pentathlon	1513	Mark Conway	Ballyskenach A.C.	2023
	High Jump	1.60	Werber Olivier	St. Coca's A.C.	2024
	High Jump	1.55	Tom O'Brein	Guest (Waterford A.C.)	2022
	Long Jump	5.22	George Wyatt	Dundrum South Dublin A.C.	2022
	Long Jump	5.30	Tom O'Brien	Guest (Waterford A.C.)	2022
	Pole Vault	3.3	Kevin Byrne	Dundrum South Dublin A.C.	2024
	Shot Putt	12.42	Tom Power	Bagenalstown A.C.	2001
	Triple Jump	10.30	Pat Power	St. Joseph's A.C.	2011
Master Men O55	1500m	4.39.17	Tom O'Connor	Liffey Valley A.C.	2016
	200m Sprint	24.62	David Hayde	St. L. O'Toole A.C.	2024
	3000m	9.56.63	Martin McDonnell	Ballyroan/Ablix	2014
	35lb Weight	9.26	Seamus Fitzpatrick	Portlaoise A.C.	2020
	3000m Walk	14.18.6H	Bobby King	Dunboyne A.C.	2004
	400m	59.8H	Jim O'Neill	Crusaders A.C.	2001
	400m	58.37	Joe Gough	Guest (West Waterford A.C.)	2008
	56lb Weight	4.90	Murty Kelly	Brow Rangers A.C.	2004
	60m Sprint	7.58	David Hayde	St. L. O'Toole A.C.	2023
	60m Hurdles	12.44	Aidan O'Donoghue	Mullingar Harriers A.C.	2024
	800m	2.11.43	Michael Counsel	Trim A.C.	2023
	Pentathlon	2464	Aidan O'Donoghue	Mullingar Harriers A.C.	2023
	High Jump	1.45	Aidan O'Donoghue	Mullingar Harriers A.C.	2023
	High Jump	1.57	Tom O'Brien	Guest (Waterford A.C.)	2023
	Long Jump	5.01	George Wyatt	Dundrum South Dublin A.C.	2023
	Pole Vault	2.2	Aidan O'Donoghue	Mullingar Harriers A.C.	2024
	Shot Putt	11.68	Tom Power	Bagenalstown A.C.	2003
	Triple Jump	10.37	George Wyatt	Dundrum South Dublin A.C.	2023
Master Men O60	1500m	4.39.95	Richard Burns	Menapians A.C.	2016
	200m Sprint	27.03	Shane Sheridan	Dundrum South Dublin A.C.	2022
	3000m	9.52.71	Brian Lynch	North East Runners A.C.	2014
	35lb Weight	8.67	Willie O'Toole	St. L. O'Toole A.C.	2013
	3000m Walk	15.05.40	Bobby King	Dunboyne A.C.	2009
	400m	66.21	Peadar McGing	Dundrum South Dublin A.C.	2017
	400m	59.46	Joe Gough	Guest (West Waterford A.C.)	2015
	60m Hurdles	14.28	John Wallace	Ratoath A.C.	2024
	60m Sprint	8.19	Shane Sheridan	Dundrum South Dublin A.C.	2019
	800m	2.33.88	Gary Aylward	Raheny Shamrock A.C.	2022
	800m	2.15.33	Joe Gough	Guest (West Waterford A.C.)	2016
	High Jump	1.45	Peadar McGing	Dundrum South Dublin A.C.	2016
	Long Jump	4.21	Michael Flynn	Tullamore Harriers A.C.	2013
	Pole Vault	2.6	Jim O'Connor	Guest (Limerick A.C.)	2024
	Pole Vault	2.4	Peadar McGing	Dundrum South Dublin A.C.	2019
	Triple Jump	9.54	Peadar McGing	Dundrum South Dublin A.C.	2020
	Shot Putt	12.38	Tom Power	Bagenalstown A.C.	2008
Master Men O65	1500m	5.31.63	Patrick Timmons	Raheny Shamrock A.C.	2016
	200m Sprint	28.65	Mattew Slattery	Clonliffe Harriers A.C.	2016
	3000m	12.26.98	Brian McGrath	Le Cheile A.C.	2018
	35lb Weight	8.10	Willie O'Toole	St. L. O'Toole A.C.	2017
	3000m Walk	16.30.60	Sean McMullin	Mullingar Harriers A.C.	2015
	400m	64.83	Matt Slattery	Clonliffe Harriers A.C.	2016
	400m	62.24	Joe Gough	Guest (West Waterford A.C.)	2019
	60m Sprint	8.3	Shane Sheridan	Dundrum South Dublin A.C.	2024
	800m	2.34.52	Mattew Slattery	Clonliffe Harriers A.C.	2016
	800m	2.21.45	Joe Gough	Guest (West Waterford A.C.)	2018
	Pole Vault	2	Peadar McGing	Dundrum South Dublin A.C.	2023
	High Jump	1.37	Mick Priest	Fr. Murphy A.C.	2016



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Master Men O65	Triple Jump	8.19	Joe Frey	Guest (Lagan Valley A.C.)	2024
	Long Jump	3.97	Willie O'Toole	St. L. O'Toole A.C.	2019
	Shot Putt	10.76	Willie O'Toole	St. L. O'Toole A.C.	2017
	Heptathlon	3615	Peadar McGing	Dundrum South Dublin A.C.	2024
Master Men O70	1500m	5.34.69	Patrick Timmons	Raheny Shamrock A.C.	2020
	200m Sprint	30.64	Matt Slattery	Clonliffe Harriers A.C.	2024
	200m Sprint	29.19	John McDermott	Guest (Sligo A.C.)	2017
	3000m	13.31.41	Richard Mullins	St. Abban's A.C.	2020
	28lb Weight	8.29	Willie O'Toole	St. L. O'Toole A.C.	2023
	3000m Walk	15.51.15	Sean McMullin	Mullingar Harriers A.C.	2016
	400m	72.14	Matt Slattery	Clonliffe Harriers A.C.	2024
	60m Sprint	9.53	David Leech	Blackrock (Dublin) A.C.	2020
	60m Hurdles	11.62	John McDermott	Guest (Sligo A.C.)	2019
	800m	2.51.02	Terry Mee	Donore Harriers A.C.	2014
	800m	2.24.01	Joe Gough	Guest (West Waterford A.C.)	2023
	Long Jump	3.48	Willie O'Toole	St. L. O'Toole A.C.	2024
	Shot Putt	10.69	Murty Kelly	Brow Rangers A.C.	2020
	Shot Putt	11.33	Jim McClean	Guest (North Belfast Harriers)	2020
Master Men O75	1500m	6.19.27	Tom Durcan	Bohermeen A.C.	2023
	200m Sprint	32.03	Earl Fee	Dunleer A.C.	2008
	3000m	12.38.76	Tom Durcan	Bohermeen A.C.	2020
	3000m Walk	18.45.58	Sean McMullin	Mullingar Harriers A.C.	2023
	28lb Weight	7.71	Tom Walsh	Mullingar Harriers A.C.	2023
	400m	73.14	Earl Fee	Dunleer A.C.	2008
	60m Sprint	10.57	John Gorman	Gowran A.C.	2012
	Long Jump	2.35	Brian Dowling	Naas A.C.	2024
	Long Jump	2.35	Paddy Boyhan	Mullingar Harriers A.C.	2024
	800m	3.05.25	Jim Langan	Tullamore Harriers A.C.	2012
	Triple Jump	5.42	Brian Dowling	Naas A.C.	2024
	Shot Putt	8.92	Murty Kelly	Brow Rangers A.C.	2024
Master Men O80	Triple Jump	4.58	George Salter-Townshend	Guest (Skibbereen A.C.)	2024
	60m Sprint	12.6	George Salter-Townshend	Guest (Skibbereen A.C.)	2024
	1500m	8.44.10	Jim Langan	Tullamore Harriers A.C.	2024
	Shot Putt	7.15	Thomas Toner	St. Andrew's A.C.	2016



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U12 Girls	4x100m Relay	58.57		Ratoath A.C.	2018
	4x200m Relay	2.03.09		Tara A.C.	2024
	600m	1.45.15	Corrine Kenny	St. L. O'Toole A.C.	2013
	60m Sprint	8.58	Molly Scott	St. L. O'Toole A.C.	2010
	60m Hurdles	9.90	Molly Scott	St. L. O'Toole A.C.	2010
	High Jump	1.39	Ava Wilson	Bree A.C.	2022
	Long Jump	4.29	Molly Scott	St. L. O'Toole A.C.	2010
	Shot Putt	8.86	Aoibhinn McMahon	Blackrock (Louth) A.C.	2014
U13 Girls	4x100m Relay	54.77		Cushinstown A.C.	2017
	4x200m Relay	1.54.67		Crookstown Millview A.C.	2019
	600m	1.39.48	Corrine Kenny	St. L. O'Toole A.C.	2014
	60m Sprint	8.08	Sabia Doyle	Menapians A.C.	2015
	60m Hurdles	9.77	Molly Scott	St. L. O'Toole A.C.	2011
	High Jump	1.46	Amy Callaghan	Cushinstown A.C.	2016
	Pole Vault	1.70	Nora Entrialgo Bayon	Celbridge A.C.	2024
	Long Jump	4.80	Gina Apke Moses	St. Gerard's A.C.	2011
U14 Girls	Shot Putt	13.02	Aoibhin McMahon	Blackrock (Louth) A.C.	2015
	1000m Walk	5.06.60	Elena O'Toole	Celbridge A.C.	2015
	4x200m Relay	1.50.95		Ratoath A.C.	2020
	60m Sprint	7.96	Patience Jumba Gula	St. Gerard's A.C.	2014
	60m Hurdles	9.18	Ciara Deely	Kilkenny City Harriers A.C.	2013
	800m	2.19.07	Aimee Wallace	Mullingar Harriers A.C.	2019
	High Jump	1.62	Ciara Deely	Kilkenny City Harriers A.C.	2013
	Long Jump	5.13	Lauren Gleeson	Kilkenny City Harriers A.C.	2012
U15 Girls	Pole Vault	2.00	Doireann Doyle	Bray Runners A.C.	2024
	Shot Putt	14.33	Aoibhinn McMahon	Blackrock (Louth) A.C.	2016
	Triple Jump	9.75	Florence Harte	Crookstown Millview A.C.	2024
	1000m Walk	4.47.36	Niamh O'Connor	Celbridge A.C.	2014
	4x200m Relay	1.46.70		Ratoath A.C.	2020
	60m Sprint	7.7H	Clare Murphy	Inbhear Dee	1998
	60m Hurdles	8.94	Laura Gleeson	Kilkenny City Harriers A.C.	2013
	800m	2.20.98	Aimee Doherty	Ratoath A.C.	2018
U16 Girls	High Jump	1.61	Ciara Deely	Kilkenny City Harriers A.C.	2014
	High Jump	1.61	Emma Cheshire	Dunleer A.C.	2014
	High Jump	1.61	Daena Kealy	St. Abban's A.C.	2014
	Long Jump	5.30	Gina Apke-Moses	St. Gerard's A.C.	2013
	Pole Vault	2.05	Eadaoin Murtagh	Kildare A.C.	2017
	Shot Putt	13.64	Aobhinn McMahon	Blackrock (Louth) A.C.	2017
	Triple Jump	9.62	Georgia Myerscough	Crookstown Millview A.C.	2023
	1500m Walk	7.04.74	Sarah Glennon	Mullingar Harriers A.C.	2016
U16 Girls	1500m	4.39.77	Eilidh Dallas	Croghan A.C.	2024
	200m	25.48	Molly Daly	Kilkenny City Harriers A.C.	2023
	400m	60.20	Aobh Forde	Ratoath A.C.	2020
	4x200m Relay	1.45.01		Ratoath A.C.	2022
	60m Sprint	7.64	Molly Scott	St. L. O'Toole A.C.	2014
	60m Hurdles	8.60	Molly Scott	St. L. O'Toole A.C.	2014
	800m	2.14.74	Chloe Cooney	Ace A.C.	2024
	High Jump	1.67	Mary Kate Lanigan	Kilkenny City Harriers A.C.	2007
U17 Girls	Long Jump	5.75	Gina Apke Moses	Blackrock (Louth) A.C.	2014
	Pole Vault	2.50	Lara O'Byrne	Guest (Donore Harriers A.C.)	2015
	Pole Vault	2.50	Eimear McBride	Guest (Lusk A.C.)	2023
	Pole Vault	2.00	Ailbhe Steiger	Gowran A.C.	2023
	Shot Putt	12.73	Aoibhinn McMahon	Blackrock (Louth) A.C.	2018
	Triple Jump	10.48	Ellen McNally	Greystones & District A.C.	2018
	1500m	4:48.77	Eimear Cooney	Ace A.C.	2023
	1500m Walk	6.44.93	Sarah Glennon	Mullingar Harriers A.C.	2017
U17 Girls	200m	24.57	Molly Daly	Kilkenny City Harriers A.C.	2024
	400m	58.29	Maria Zakharenko	Kilcoole A.C.	2023
	4x200m Relay	1.43.39		Ratoath A.C.	2022
	60m Sprint	7.66	Sive O'Toole	St. L. O'Toole A.C.	2017
	60m Hurdles	8.50	Elizabeth Morland	Cushinstown A.C.	2014
	800m	2.15.83	Clodagh O'Callaghan	Kilkenny City Harriers A.C.	2024
	High Jump	1.71	Shannon Sheehy	Cushinstown A.C.	2015
	Long Jump	5.72	Elizabeth Morland	Cushinstown A.C.	2014
U17 Girls	Pole Vault	2.65	Ella Dunne	St. L. O'Toole A.C.	2017
	Shot Putt	14.92	Aoibhinn McMahon	Blackrock (Louth) A.C.	2019
	Triple Jump	10.69	Ellen McNally	Sli Cualann A.C.	2019



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U18 Girls	1500m	4.33.43	Ava O'Connor	Tullamore Harriers A.C.	2020
	1500m Walk	7.01.57	Sarah Glennon	Mullingar Harriers A.C.	2018
	200m	24.81	Katie Doherty	Ratoath A.C.	2024
	400m	55.31	Maria Zakharenko	Kilcoole A.C.	2024
	4x200m Relay	1:42.85		Ratoath A.C.	2023
	60m Sprint	7.54	Patience Jumbo-Gula	Dundalk St. Gerards A.C.	2018
	60m Hurdles	8.58	Molly Scott	St. L. O'Toole A.C.	2016
	800m	2.12.41	Ava O'Connor	Tullamore Harriers A.C.	2020
	High Jump	1.75	Tara O'Connor	Dundalk St. Gerards A.C.	2024
	Long Jump	5.98	Elizabeth Morland	Cushinstown A.C.	2015
	Pole Vault	3.00	Kara Morrissey	St. L. O'Toole A.C.	2024
	Pole Vault	3.00	Chloe Lynch	Gowran A.C.	2024
	Shot Putt	13.71	Katherine O'Connor	Dundalk St. Gerards A.C.	2017
	Triple Jump	11.40	Ella-Cynty Banjoko-Johnson	St. Michael's A.C.	2020
U19 Girls	1500m	4:43.89	Alex Carey	Inbhear Dee	2023
	1500m Walk	6.45.90	Sarah Glennon	Mullingar Harriers A.C.	2019
	200m	24.78	Ciara Deely	Kilkenny City Harriers A.C.	2018
	400m	56.62	Camille Madden	Kilcoole A.C.	2024
	4x200m Relay	1.42.81		Ratoath A.C.	2024
	60m Sprint	7.46	Patience Jumbo-Gula	Dundalk St. Gerards A.C.	2019
	800m Hurdles	8.69	Elizabeth Morland	Cushinstown A.C.	2016
	600m	2.15.68	Ruby Steuven	Tullamore Harriers A.C.	2022
	High Jump	1.73	Elizabeth Morland	Cushinstown A.C.	2016
	Long Jump	5.79	Elizabeth Morland	Cushinstown A.C.	2016
	Pole Vault	2.80	Aoibhin McDonald	St. Abban's A.C.	2023
	Pole Vault	2.90	Ailbhe Healy	Guest (Donore Harriers A.C.)	2016
	Pole Vault	2.90	Megan Seaton	Guest (Lusk A.C.)	2023
	Shot Putt	13.11	Niamh Fogarty	North Westmeath A.C.	2017
	Triple Jump	11.63	Sarah Buggy	St. Abban's A.C.	2012
U18 Women	Pentathlon	2960	Saidhbhe Byrne	Enniscorthy A.C.	2020
U20 Women	1500m	4.41.14	Jodie McCann	Dundrum South Dublin A.C.	2017
	200m Sprint	24.06	Rhasidat Adeleke	Tallaght A.C.	2018
	28lb Weight	7.7	Claire Kennedy	Birr A.C.	2024
	3000m	9.45.36	Sophie Murphy	Dundrum South Dublin A.C.	2017
	3000m Walk	14.12.80	Niamh O'Connor	Celbridge A.C.	2019
	400m	54.78	Davicia Patterson	Beechmount Harriers A.C.	2018
	60m Hurdles	8.60	Shannen Dawkins	St. Joseph's A.C.	2014
	60m Sprint	7.44	Ara Freeman	Sli Cualann A.C.	2015
	800m	2.17.56	Corrine Kenny	Dundrum South Dublin A.C.	2018
	High Jump	1.74	Shannon Sheehy	Cushinstown A.C.	2018
	Long Jump	5.77	Sarah McCarthy	Mid Sutton A.C.	2013
	Pentathlon	2908	Saidhbhe Byrne	Enniscorthy A.C.	2022
	Pole Vault	3.11	Kara Morrissey	St. L. O'Toole A.C.	2024
	Pole Vault	3.55	Una Brice	Guest (Leevale A.C.)	2022
	4x200m Relay	1.44.04		St. L. O'Toole A.C.	2017
	4x400m Relay	3.56.82		Ratoath A.C.	2023
	Shot Putt	12.95	Laura Cogan	Newbridge A.C.	2007
	Triple Jump	11.73	Sarah Buggy	St. Abban's A.C.	2012
Senior Women	1500m	4.26.07	Fiona Kehoe	Kilmore A.C.	2017
	1500m	4.22.37	Kelly Neely	Guest (City of Lisburn A.C.)	2016
	200m Sprint	24.38	Sarah McCarthy	Mid Sutton A.C.	2017
	28lb Weight	8.05	Laura Dolan	Ferbane A.C.	2018
	2000m Walk	9.12.7H	Anne Gormley	Edenderry A.C.	2001
	3000m	9.39.00	Abigail Taylor	Dundrum South Dublin A.C.	2018
	3000m Walk	13.48.7H	Georgina Tuohy	Tullamore Harriers A.C.	2009
	400m	55.61	Kate O'Connell	Lucan Harriers A.C.	2024
	4x200m Relay	1.48.97		Dundrum South Dublin A.C.	2019
	4x400m Relay	4.19.83		Tallaght A.C.	2018
	60m Hurdles	8.53	Molly Scott	St. L. O'Toole A.C.	2013
	60m Sprint	7.60	Claire Brady	Celbridge A.C.	2015
	60m Sprint	7.54	Derval O'Rourke	Guest (Leevale A.C.)	2013
	800m	2.03.73	Ciara Mageean	UCD A.C.	2017
	High Jump	1.77	Deirdre Ryan	Dundrum South Dublin A.C.	2001
	Long Jump	6.00	Antoinette Furlong	D.M.P. A.C.	2004
	Pentathlon	3258	Karen Dunne	Bohermeen A.C.	2020
	Pole Vault	3.10	Ruth Larragy	Le Cheile A.C.	2015
	Shot Putt	12.95	Laura Cogan	Newbridge A.C.	2007
	Triple Jump	13.21	Sarah Buggy	St. Abban's A.C.	2017



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Master Women O35	1500m	4.47.45	Denise Toner	Clones A.C.	2018
	200m Sprint	23.76	Kathy Boothman	Edenderry A.C.	2001
	28lb Weight	5.49	Emma Conway	Dundealgar A.C.	2020
	3000m	10.30.47	Jane Bandila	Dunboyne A.C.	2018
	3000m Walk	18.47.64	Lisa Shine	Crusaders A.C.	2019
	400m	63.02	Bronwen McDonald	St. L. O'Toole A.C.	2023
	4x200m Relay	2.02.02		Lusk A.C.	2022
	4x400m Relay	4.32.20		Dunboyne A.C.	2018
	60m Hurdles	9.91	Avril Dillon	Dundrum South Dublin A.C.	2018
	60m Sprint	8.34	Avril Dillon	Dundrum South Dublin A.C.	2018
	60m Sprint	8.18	Gemma Thompson	Guest (City of Derry Spartans A.C.)	2023
	800m	2.18.25	Denise Toner	Clones A.C.	2018
	High Jump	1.45	Geraldine Finegan	Dunleer A.C.	2003
	Long Jump	4.92	Geraldine Finegan	Dunleer A.C.	2003
	Pole Vault	1.8	Alison Beck	Dundrum South Dublin A.C.	2023
Master Women O40	Shot Putt	9.95	Verena Fenlon	St. Joseph's A.C.	2008
	Triple Jump	10.53	Erika Juozapaite	Blackrock (Louth) A.C.	2020
	1500m	4.52.14	Niamh Fitzgerald	Lucan Harriers A.C.	2017
	200m Sprint	26.68	Antoinette Stafford	D.M.P. A.C.	2015
	28lb Weight	5.51	Erika Juozapaite	Blackrock (Louth) A.C.	2024
	3000m	10.18.50	Pauline Curley	Tullamore Harriers A.C.	2014
	3000m	9.40.90	Kelly Neely	Guest (City of Lisburn A.C.)	2019
	3000m Walk	16.56.20	Maggie O'Connor	St. Joseph's A.C.	2015
	400m	61.83	Bronwen McDonald	St. L. O'Toole A.C.	2024
	60m Hurdles	8.68	Avril Dillon	Dundrum South Dublin A.C.	2023
	60m Sprint	8.27	Avril Dillon	Dundrum South Dublin A.C.	2020
	800m	2.17.08	Niamh Fitzgerald	Lucan Harriers A.C.	2018
	High Jump	1.44	Erika Juozapaite	Blackrock (Louth) A.C.	2023
	Long Jump	5.52	Antoinette Stafford	D.M.P. A.C.	2015
Master Women O45	Triple Jump	10.36	Erika Juozapaite	Blackrock (Louth) A.C.	2023
	Shot Putt	9.94	Niamh McGuire	Rathkenny A.C.	2014
	1500m	4.52.89	Jackie Carty	Kilmore A.C.	2017
	200m Sprint	27.00	Adina Gheorghiu	Dundrum South Dublin A.C.	2020
	28lb Weight	5.43	Verena Fenlon	St. Joseph's A.C.	2020
	3000m	10.36.89	Karen Costello	Dunleer A.C.	2022
	3000m Walk	16.08.30	Maggie Helen O'Connor	St. Joseph's A.C.	2020
	400m	64.03	Marie Tobin	Dunboyne A.C.	2014
	60m Hurdles	10.61	Geraldine Finegan	North East Runners A.C.	2020
	60m Sprint	8.13	Adina Gheorghiu	Dundrum South Dublin A.C.	2024
	800m	2.25.68	Maria Dunne	St. L. O'Toole A.C.	2023
	Pentathlon	1575	Rosemary Gibson	Blackrock (Louth) A.C.	2023
	High Jump	1.45	Siobheal Murray	Ratoath A.C.	2015
	Long Jump	4.15	Niamh McGuire	Rathkenny A.C.	2016
Master Women O50	Pole Vault	2.20	Geraldine Finegan	North East Runners A.C.	2020
	Pentathlon	1680	Orla Murray	Rathfarnham W.S.A.F. A.C.	2024
	Shot Putt	9.59	Geraldine Finegan	Dunleer A.C.	2014
	Triple Jump	8.88	Geraldine Finegan	North East Runners A.C.	2020
	1500m	4.52.88	Anne Gilshinan	Menapians A.C.	2016
	20lb Weight	6.67	Verena Fenlon	St. Joseph's A.C.	2023
	200m Sprint	28.87	Geraldine Finegan	North East Runners A.C.	2017
	200m Sprint	28.58	Linda Nally	Guest (Galway City Harriers A.C.)	2023
	3000m	11.11.24	Yasmin Canning	Drogheda & District A.C.	2023
	3000m	10.55.66	Michelle Lannon	Guest (Carrick-on-Shannon A.C.)	2023
	3000m Walk	17.56.40	Susanne O'Beirne	Guest (North Leitrim A.C.)	2024
	400m	66.91	Geraldine Finegan	North East Runners A.C.	2017
	60m Sprint	8.74	Dara Carr	Lambay Sports Academy	2023
	60m Sprint	8.63	Linda Nally	Guest (Galway City Harriers A.C.)	2023
Master Women O50	800m	2.21.37	Anne Gilshinan	Slaney Olympic A.C.	2019
	High Jump	1.46	Siobheal Murray	Ratoath A.C.	2018
	Long Jump	4.33	Geraldine Finegan	North East Runners A.C.	2016
	Pentathlon	1810	Vanessa Sallier	Rathfarnham W.S.A.F. A.C.	2024
	Shot Putt	11.25	Geraldine Finegan	North East Runners A.C.	2018
	Triple Jump	11.33	Geraldine Finegan	North East Runners A.C.	2017



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Master Women O55	1500m	4.46.10	Anne Gilshinan	Slaney Olympic A.C.	2020
	20lb Weight	6.78	Jean Daly	Na Fianna A.C.	2023
	200m Sprint	29.57	Moirá Groome	Trim A.C.	2024
	3000m	10.40.13	Annette Kealy	Raheny Shamrock A.C.	2023
	3000m Walk	20.01.07	Brid Lawlor	St. Joseph's A.C.	2019
	400m	66.76	Carol Kearney	Lucan Harriers A.C.	2023
	60m Sprint	8.84	Dara Carr	Lambay Sports Academy A.C.	2024
	800m	2.21.02	Anne Gilshinan	Slaney Olympic A.C.	2022
	High Jump	1.40	Siobheal Murray	Ratoath A.C.	2022
	Long Jump	4.04	Siobheal Murray	Ratoath A.C.	2024
	Shot Putt	9.11	Lucy Moore-Fox	Dundrum South Dublin A.C.	2013
	Shot Putt	10.72	Mary Barrett	Guest (Loughrea A.C.)	2016
	Triple Jump	8.38	Lucy Moore-Fox	Dundrum South Dublin A.C.	2013
Master Women O60	1500m	5.49.80	Maxine Jones	Dundrum South Dublin A.C.	2017
	20lb Weight	5.6	Lucy Moore	Dundrum South Dublin A.C.	2022
	200m Sprint	31.42	Edel Maguire	Clonliffe Harriers A.C.	2022
	3000m Walk	20.32.31	Brid Lawlor	St. Joseph's A.C.	2020
	400m	67.23	Edel Maguire	Clonliffe Harriers A.C.	2023
	60m Sprint	\	Edel Maguire	Clonliffe Harriers A.C.	2023
	800m	2.55.25	Maxine Jones	Dundrum South Dublin A.C.	2017
	High Jump	1.36	Edel Maguire	Clonliffe Harriers A.C.	2023
	Long Jump	3.86	Edel Maguire	Clonliffe Harriers A.C.	2022
	Shot Putt	8.06	Lucy Moore	Dundrum South Dublin A.C.	2022
	Shot Putt	8.95	Mary Barrett	Guest (Loughrea A.C.)	2022
Master Women O65	200m Sprint	39.51	Mary Walsh	Tullamore Harriers A.C.	2012
	60m Sprint	11.66	Mary Whelan	Dublin Striders A.C.	2022
	20lb Weight	5.68	Lucy Moore	Dundrum South Dublin A.C.	2023
	High Jump	1.05	Margaret Higgins	Guest (Loughrea A.C.)	2017
	Triple Jump	5.83	Margaret Higgins	Guest (Loughrea A.C.)	2017
Master Women O70	1500m	7.09.76	Mary Martin	Dunboyne A.C.	2019
	20lb Weight	3.00	Frances Mansfield	Clonliffe Harriers A.C.	2019
	200m Sprint	39.88	Mary Walsh	Tullamore Harriers A.C.	2019
	3000m Walk	25.25.21	Pam Reynolds-Reilly	St. Andrew's A.C.	2019
	800m	3.42.78	Mary Martin	Dunboyne A.C.	2019
	Shot Putt	5.21	Frances Mansfield	Clonliffe Harriers A.C.	2017
Master Women O75	Shot Putt	4.73	Frances Mansfield	Clonliffe Harriers A.C.	2023
	200m Sprint	42.71	Mary Walsh	Tullamore Harriers A.C.	2024
	20lb Weight	3.00	Frances Mansfield	Clonliffe Harriers A.C.	2023

Up to date as of January 2025

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