



Leinster Outdoor Championship Records 1984-2024

Athletics Leinster

AGE	Event	CBP	Name	Club	Year
Master Men	4x400m Relay	4.22.82		St. L. O'Toole A.C.	2023
Master Men O35	110m Hurdles	16.97	Patrick Curran	Tallaght A.C.	2012
Master Men O35	400m Hurdles	60.8	Jonathan McCabe	Drogheda & District A.C.	2010
Master Men O35	100m Sprint	11.67	Stuart McQuade	Tallaght A.C.	2014
Master Men O35	200m Sprint	24.28	Peter Doherty	Ratoath Ms A.C.	2013
Master Men O35	200m Sprint	24.28	Peter Lyons	Kilkenny City Harriers A.C.	2010
Master Men O35	200m Sprint	23.77	Jer O'Donoghue	Guest (An Riocht A.C.)	2018
Master Men O35	400m Sprint	54.49	Paul Broderick	St. L. O'Toole A.C.	2022
Master Men O35	400m Sprint	54.49	Simon Everard	Crusaders A.C.	2016
Master Men O35	800m	2.02.14	Fintan Reilly	Dunleer A.C.	2010
Master Men O35	1500m	4.09.67	John Fenlon	St. Abban's A.C.	2017
Master Men O35	3000m Steeplechase	15.08.21	Matthew Ryan	Gowran A.C.	2024
Master Men O35	5000m Distance	15.15.60	Noel Kelly	Mullingar Harriers A.C.	2008
Master Men O35	5000m Walk		No Record		
Master Men O35	Discus	44.19	Ger Nagle	Star of the Sea A.C.	2009
Master Men O35	Hammer	53.26	Padraig White	Dundrum South Dublin A.C.	2021
Master Men O35	High Jump	1.75	Francois Kulik	Slí Cualann A.C.	2019
Master Men O35	Javelin	62.71	Rory Gunning	Clonliffe Harriers A.C.	2019
Master Men O35	Long Jump	5.85	Antonio Andujar	Clonliffe Harriers A.C.	2015
Master Men O35	Pole Vault	4.6	David Donegan	Clonliffe Harriers A.C.	2016
Master Men O35	Shot Put	13.54	Ger Nagle	Star of the Sea A.C.	2010
Master Men O35	Triple Jump	13.15	Antonio Andujar	Clonliffe Harriers A.C.	2015
Master Men O35	Weight for Distance 56lb	6.7	Barry Delaney	Star of the Sea A.C.	2010
Master Men O40	5000m Walk	25:23.98	David Kidd	St. L. O'Toole A.C.	2023
Master Men O40	5000m Walk	26:49.49	Colm Walsh	Mullingar Harriers A.C.	2023
Master Men O40	110m Hurdles	15.48	Garret Nolan	Lusk A.C.	2021
Master Men O40	400m Hurdles	59.82	Stephen Flavin	Slí Cualann A.C.	2008
Master Men O40	100m Sprint	11.63	Ger Hensey	Tullamore Harriers A.C.	2010
Master Men O40	100m Sprint	11.53	Glen Scullion	Guest (Mid Ulster A.C.)	2019
Master Men O40	200m Sprint	23.88	Ger Hensey	Tullamore Harriers A.C.	2010
Master Men O40	400m Sprint	52.52	B. Doherty	St. Joseph's A.C.	2000
Master Men O40	800m	2.05.35	Garry Mulligan	North East Runners A.C.	2024
Master Men O40	1500m	4.08.4H	George Maybury	Civil Service A.C.	1994
Master Men O40	3000m Steeplechase	11.53.17	Richie Faulkner	Tullamore Harriers A.C.	2014
Master Men O40	3000m Distance	9.02.1H	Eugene Coppinger	Civil Service A.C.	1999
Master Men O40	5000m Distance	15.35.84	Colm Burke	St. Abban's A.C.	2009
Master Men O40	3000m Walk	14.00.4H	P.J. Brennan	St. L. O'Toole A.C.	1994
Master Men O40	Discus	36.91	Phil Conway	Tullamore Harriers A.C.	2000
Master Men O40	Hammer	40.31	Paddy Hanily	Fr. Murphy A.C.	2005
Master Men O40	High Jump	1.7	Raymond Swan	Newbridge A.C.	2017
Master Men O40	High Jump	1.7	Werner Olivier	St. Coca's A.C.	2017
Master Men O40	Javelin	52.1	Denis Delaney	Clonliffe Harriers A.C.	2008
Master Men O40	Long Jump	5.86	George Wyatt	Dundrum South Dublin A.C.	2008
Master Men O40	Pole Vault	4	David Donegan	Clonliffe Harriers A.C.	2021
Master Men O40	Shot Put	12.82	Kieron Stout	Celbridge A.C.	2009
Master Men O40	Triple Jump	11.06	George Wyatt	Dundrum South Dublin A.C.	2010
Master Men O40	Triple Jump	11.17	Michael McDonald	Guest (Ballymena & Antrim A.C.)	2010
Master Men O40	Weight for Distance 56lb	8.01	Seamus Fitzpatrick	North Laois A.C.	2004
Master Men O45	110m Hurdles	20.21	Kevin Byrne	Dundrum South Dublin A.C.	2017
Master Men O45	400m Hurdles	70.24	Ronan Gatley	Dundrum South Dublin A.C.	2018
Master Men O45	100m Sprint	11.72	David Hayde	St. L. O'Toole A.C.	2014
Master Men O45	200m Sprint	24.29	David Hayde	St. L. O'Toole A.C.	2014
Master Men O45	400m Sprint	55.12	Ken Deavy	Kilkenny City Harriers A.C.	2005
Master Men O45	400m Sprint	54.08	Jim Phelan	Guest (Galway City Harriers A.C.)	2023
Master Men O45	800m	2.05.86	Anthony O'Rourke	Lakeshore Striders A.C.	2024
Master Men O45	1500m	4:19:93	David Kirwin	Raheny Shamrocks A.C.	2023
Master Men O45	3000m Steeplechase	12.23.06	Graham Bourne	Kilkenny City Harriers A.C.	2024
Master Men O45	5000m Distance	15.57.00	Adrian Curley	Tullamore Harriers A.C.	2014
Master Men O45	3000m Walk	15.34.91	John Joe Lawlor	St. Joseph's A.C.	2014
Master Men O45	Discus	38.25	Dave Sweeney	Slí Cualann A.C.	2009
Master Men O45	Hammer	32.74	Seamus FitzPatrick	Portlaoise A.C.	2012
Master Men O45	High Jump	1.6	Ray Swan	Newbridge A.C.	2022
Master Men O45	High Jump	1.6	Kevin Byrne	Dundrum South Dublin A.C.	2019
Master Men O45	Javelin	49.75	Andreas Purrmann	Guest (Leevale A.C.)	2017
Master Men O45	Javelin	46.65	Denis Delaney	Dunboyne A.C.	2013
Master Men O45	Long Jump	5.75	Kevin Byrne	Dundrum South Dublin A.C.	2018
Master Men O45	Pole Vault	3.2	Kevin Byrne	Dundrum South Dublin A.C.	2018
Master Men O45	Shot Put	12.18	Babu Matthew	Tullamore Harriers A.C.	2009
Master Men O45	Triple Jump	9.29	Ciaran Tobin	Trim A.C.	2008



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AGE	Event	CBP	Name	Club	Year
Master Men O45	Weight for Distance 56lb	7.91	Seamus Fitzpatrick	North Laois A.C.	2011
Master Men O50	Pole Vault	3	Kevin Byrne	Dundrum South Dublin A.C.	2022
Master Men O50	3000m Steeplechase	11.54.46	David Dunwoody	Clonliffe Harriers A.C.	2024
Master Men O50	110m Hurdles	17.21	Kevin Byrne	Dundrum South Dublin A.C.	2024
Master Men O50	400m Hurdles	73.1	John Barron	King's River A.C.	2024
Master Men O50	100m Sprint	11.75	David Hayde	St. L. O'Toole A.C.	2019
Master Men O50	200m Sprint	24.17	David Hayde	St. L. O'Toole A.C.	2019
Master Men O50	400m Sprint	56.75	Tom Gallagher	Naas A.C.	2015
Master Men O50	800m	2.08.64	Lea Fulcher	Plant-Based A.C.	2024
Master Men O50	1500m	4.18.44	Jim Stafford	Slaney Olympic A.C.	2000
Master Men O50	5000m Distance	16:23.44	Declan Toal	North East Runners A.C.	2022
Master Men O50	3000m Walk	15.50.16	John Joe Lawlor	St. Joseph's A.C.	2016
Master Men O50	3000m Walk	14.40.39	Patrick Murphy	Guest (Castleisland A.C.)	2015
Master Men O50	Discus	36.65	Joe Kelly	Brow Rangers A.C.	2019
Master Men O50	Hammer	41.46	Paddy Hanily	Fr. Murphy A.C.	2006
Master Men O50	High Jump	1.65	Werner Olivier	St. Coca's A.C.	2024
Master Men O50	Javelin	45.4	Denis Delany	Dunboyne A.C.	2019
Master Men O50	Long Jump	5.71	Patrick Mahon	Gowran A.C.	2010
Master Men O50	Shot Put	12.58	Will Hunt-Tyrell	Croghan A.C.	2023
Master Men O50	Triple Jump	9.19	John Barron	King's River A.C.	2022
Master Men O50	Weight for Distance 35lb	10.2	Seamus Fitzpatrick	Portlaoise A.C.	2016
Master Men O55	400m Hurdles	78.71	Ronan Gatley	Dundrum South Dublin A.C.	2024
Master Men O55	100m Sprint	11.82	David Hayde	St. L. O'Toole A.C.	2024
Master Men O55	200m Sprint	25.05	David Hayde	St. L. O'Toole A.C.	2024
Master Men O55	400m Sprint	60.94	Shane Sheridan	Dundrum South Dublin A.C.	2015
Master Men O55	800m	2.11.97	Michael Counsel	Trim A.C.	2024
Master Men O55	1500m	4.36.54	Patrick Malone	Newbridge A.C.	2022
Master Men O55	5000m Distance	17.19.00	Martin McDonald	Ballyroan Abbeyleix & District AC	2014
Master Men O55	3000m Walk	15.06.00	Bobby King	Dunboyne A.C.	2005
Master Men O55	3000m Walk	14.58.40	Patrick Murphy	Guest (Castleisland A.C.)	2016
Master Men O55	Discus	34.45	Seamus Fitzpatrick	Portlaoise A.C.	2019
Master Men O55	Hammer	38.25	Paddy Hanily	Fr. Murphy A.C.	2008
Master Men O55	High Jump	1.42	John WALLACE	Ratoath A.C.	2019
Master Men O55	Javelin	40.34	Denis Delaney	Dunboyne A.C.	2022
Master Men O55	Long Jump	5.22	George Wyatt	Dundrum South Dublin A.C.	2023
Master Men O55	Shot Put	11.38	Seamus Fitzpatrick	Portlaoise A.C.	2019
Master Men O55	Triple Jump	10.6	George Wyatt	Dundrum South Dublin A.C.	2022
Master Men O55	Weight for Distance 35lb	9.41	Seamus Fitzpatrick	Portlaoise A.C.	2019
Master Men O55	110m Hurdles	19.25	Mark Woodger	Metro/St. Bridget's A.C.	2024
Master Men O60	110m Hurdles	19.97	Niall Kelly	Guest (Nenagh Olympic A.C.)	2022
Master Men O60	110m Hurdles	21.72	Earl Taylor	Dunleer A.C.	2010
Master Men O60	300m Hurdles	59.17	Mick Priest	Fr. Murphy A.C.	2014
Master Men O60	100m Sprint	12.65	Shane SHERIDAN	Dundrum South Dublin A.C.	2019
Master Men O60	200m Sprint	26.48	Shane SHERIDAN	Dundrum South Dublin A.C.	2019
Master Men O60	400m Sprint	64.18	Michael Cornyn	Dunboyne A.C.	2022
Master Men O60	400m Sprint	63.64	Tim Ryan	Guest (Dooneen A.C.)	2022
Master Men O60	800m	2.29.60	Michael Cornyn	Dunboyne A.C.	2022
Master Men O60	1500m	4.55.92	Pat Timmons	Raheny Shamrocks A.C.	2010
Master Men O60	5000m Distance	18.36.81	Martin McDonald	Ballyroan Abbeyleix & District AC	2017
Master Men O60	3000m Walk	14.45.98	Bobby King	Dunboyne A.C.	2007
Master Men O60	Discus	39.46	Phillip Conway	Crusaders A.C.	2010
Master Men O60	Hammer	43.39	Paddy Hanily	Fr. Murphy A.C.	2016
Master Men O60	High Jump	1.4	Peadar McGing	Dundrum South Dublin A.C.	2016
Master Men O60	Javelin	33.68	John Territt	St. Abban's A.C.	2023
Master Men O60	Long Jump	4.24	Willie O'Toole	St. L. O'Toole A.C.	2015
Master Men O60	Shot Put	11.78	Tom Power	Bagenalstown A.C.	2006
Master Men O60	Weight for Distance 35lb	8.8	Paddy Hanily	Fr. Murphy A.C.	2016
Master Men O60	Triple Jump	9.38	Peadar McGing	Dundrum South Dublin A.C.	2018
Master Men O65	100m Hurdles	21.72	Peadar McGing	Dundrum South Dublin A.C.	2024
Master Men O65	300m Hurdles	57.55	Peadar McGing	Dundrum South Dublin A.C.	2024
Master Men O65	100m Sprint	13.02	Shane SHERIDAN	Dundrum South Dublin A.C.	2024
Master Men O65	100m Sprint	13.87	Patrick Forbes	Guest (Mid Ulster A.C.)	2010
Master Men O65	200m Sprint	27.39	Shane SHERIDAN	Dundrum South Dublin A.C.	2024
Master Men O65	200m Sprint	29.03	Patrick Forbes	Guest (Mid Ulster A.C.)	2010
Master Men O65	400m Sprint	69.04	Patrick Timmons	Raheny Shamrocks A.C.	2015
Master Men O65	800m	2.45.14	Jim McEvoy	Lourdes A.C.	2006
Master Men O65	800m	2.36.18	Barry Morris	Guest (City of Lisburn A.C.)	2016
Master Men O65	1500m	5:28.33	Martin McDonald	Ballyroan Abbeyleix & District AC	2024
Master Men O65	3000m Distance	11.31.92	Martin McDonald	Ballyroan Abbeyleix & District AC	2024
Master Men O65	5000m Distance	22.03.54	Sean McMullin	Mullingar Harriers A.C.	2012



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AGE	Event	CBP	Name	Club	Year
Master Men O65	3000m Walk	14.37.80	Bobby King	St. Coca's A.C.	2011
Master Men O65	Discus	32.03	Murty Kelly	Brow Rangers A.C.	2013
Master Men O65	Hammer	44.75	Patsy Conboy	Brothers Pearse A.C.	2006
Master Men O65	High Jump	1.37	Mick Priest	Fr. Murphy A.C.	2016
Master Men O65	Javelin	30.28	Willie O'Toole	St. L. O'Toole A.C.	2019
Master Men O65	Long Jump	4.22	Willie O'Toole	St. L. O'Toole A.C.	2016
Master Men O65	Shot Put	10.36	Willie O'Toole	St. L. O'Toole A.C.	2019
Master Men O65	Weight for Distance 35lb	8.07	Paddy Hanily	Fr. Murphy A.C.	2019
Master Men O70	Pole Vault	2	Willie O'Toole	St. L. O'Toole A.C.	2022
Master Men O70	High Jump	0.8	Patrick Boyhan	Mullingar Harriers A.C.	2023
Master Men O70	100m Sprint	14.39	John D. Ryan	Crusaders A.C.	2010
Master Men O70	100m Sprint	14.34	Patrick Forbes	Guest (Mid Ulster A.C.)	2013
Master Men O70	200m Sprint	30.44	John D. Ryan	Crusaders A.C.	2010
Master Men O70	200m Sprint	29.64	Patrick Forbes	Guest (Mid Ulster A.C.)	2013
Master Men O70	400m Sprint	69.07	Matt Slattery	Clonliffe Harriers A.C.	2022
Master Men O70	800m	2.42.08	Jim McEvoy	Lourdes A.C.	2008
Master Men O70	1500m	5.47.74	Jim McNamara	Donore Harriers A.C.	2009
Master Men O70	3000m Distance	12.37.27	Johnjoe Murphy	Tinryland A.C.	2024
Master Men O70	5000m Distance	29.42.10	Jim Langan	Tullamore Harriers A.C.	2013
Master Men O70	3000m Walk	17:49.1	Sean McMullin	Mullingar Harriers A.C.	2019
Master Men O70	Discus	32.24	Murty Kelly	Brow Rangers A.C.	2019
Master Men O70	Hammer	35.02	Patsy Conboy	Brothers Pearse A.C.	2012
Master Men O70	Javelin	28.37	Willie O'Toole	St. L. O'Toole A.C.	2023
Master Men O70	Shot Put	11.34	Willie O'Toole	St. L. O'Toole A.C.	2021
Master Men O70	Weight for Distance 28lb	8.89	Willie O'Toole	St. L. O'Toole A.C.	2021
Master Men O70	Triple Jump	4.18	Patrick Boyhan	Mullingar Harriers A.C.	2022
Master Men O70	Long Jump	3.29	Willie O'Toole	St. L. O'Toole A.C.	2024
Master Men O75	High Jump	0.75	Patrick Boyhan	Mullingar Harriers A.C.	2024
Master Men O75	100m Sprint	16.94	Tom Clinton	Navan A.C.	2024
Master Men O75	200m Sprint	35.59	Tom Durcan	Bohermeen A.C.	2021
Master Men O75	200m Sprint	30.08	John MacDermott	Guest (Sligo A.C.)	2019
Master Men O75	400m Sprint	80.21	Jim McEvoy	Drogheda & District A.C.	2013
Master Men O75	800m	2.54.37	Jim McEvoy	Drogheda & District A.C.	2013
Master Men O75	1500m	6.22.67	Tom Durcan	Bohermeen A.C.	2022
Master Men O75	3000m Distance	13:46.87	Tom Durcan	Bohermeen A.C.	2022
Master Men O75	3000m Walk	17.33.20	Sean McMullin	Mullingar Harriers A.C.	2016
Master Men O75	Discus	28.18	Michael McGarry	Dundrum South Dublin A.C.	2010
Master Men O75	Hammer	28.64	Michael McGarry	Dundrum South Dublin A.C.	2010
Master Men O75	Shot Put	9.32	Murty Kelly	Brow Rangers A.C.	2023
Master Men O75	Weight for Distance 28lb	8.15	Tom Walsh	Mullingar Harriers A.C.	2023
Master Men O75	Triple Jump	2.52	Patrick Boyhan	Mullingar Harriers A.C.	2024
Master Men O75	Long Jump	2.32	Brian Dowling	Naas A.C.	2024
Master Men O80	1500m	8:04.43	Jim Langan	Tullamore Harriers A.C.	2023
Master Men O80	100m Sprint	19.59	Michael Ryan	Enniscorthy A.C.	2024
Master Men O80	Discus	16.11	Thomas Toner	St. Andrew's A.C.	2016
Master Men O80	Hammer	29.07	Thomas Toner	St. Andrew's A.C.	2016
Master Men O80	Shot Put	7.94	Michael McGarry	Dundrum South Dublin A.C.	2018
Master Men O80	Weight for Distance 28lb	4.84	Thomas Toner	St. Andrew's A.C.	2016
Master Men O85	200m Sprint	1:09.83	Seamus Mallin	Bray Runners A.C.	2022
Master Women	4x100m Relay	58.47		Blackrock A.C.(Louth)	2023
Master Women	4x400m Relay	4.33.35		St. L. O'Toole A.C.	2023
Master Women O35	100m Hurdles		No Record		
Master Women O35	400m Hurdles	77.38	Emily Waldron	Enniscorthy A.C.	2018
Master Women O35	100m Sprint	12.89	Snezhana Bechtina	Clonliffe Harriers A.C.	2017
Master Women O35	200m Sprint	26.54	Snezhana Bechtina	Clonliffe Harriers A.C.	2017
Master Women O35	400m Sprint	62.72	Geraldine Finegan	Dunleer A.C.	2004
Master Women O35	800m	2.22.39	Catriona Dowling	Rathfarnham W.S.A.F. A.C.	2022
Master Women O35	1500m	4.50.35	Edel Gaffney	Trim A.C.	2023
Master Women O35	3000m Steeplechase		No Record		
Master Women O35	3000m Distance	10.31.44	Michelle Cox	Newbridge A.C.	2018
Master Women O35	5000m Distance	18.48.62	Elizabeth Cuskelly	Tullamore Harriers A.C.	2008
Master Women O35	3000m Walk	17.43.07	Georgina Tuohy	Tullamore Harriers A.C.	2011
Master Women O35	5000m Walk	33.49.50	Pamela Reynolds	St. Andrew's A.C.	2003
Master Women O35	Discus	25.67	Gabriella Sztojajovszky	Metro/St. Bridget's A.C.	2018
Master Women O35	Hammer	33.9	Karen Conway	Crusaders A.C.	2015
Master Women O35	High Jump	1.4	Erika Juozapaitė	Blackrock A.C.(Louth)	2019
Master Women O35	Javelin	31.43	Geraldine Finegan	Dunleer A.C.	2005
Master Women O35	Long Jump	4.88	Geraldine Finegan	Dunleer A.C.	2003
Master Women O35	Triple Jump	10.29	Erika Juozapaitė	Blackrock A.C.(Louth)	2019
Master Women O35	Shot Put	9.93	Geraldine Finegan	Dunleer A.C.	2004



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Master Women O35	Weight for Distance 28lb	6.17	Emma Jane Hutton	St. L. O'Toole A.C.	2018
Master Women O40	80m Hurdles	15.41	Mary Scanlon	Blackrock A.C.(Louth)	2019
Master Women O40	100m Hurdles	15.22	Niamh McGuire	Rathkenny A.C.	2015
Master Women O40	400m Hurdles	75.8	Snezhana Bechtina	Clonliffe Harriers A.C.	2023
Master Women O40	100m Sprint	13.03	Snezhana Bechtina	Clonliffe Harriers A.C.	2022
Master Women O40	200m Sprint	27.97	Snezhana Bechtina	Clonliffe Harriers A.C.	2023
Master Women O40	400m Sprint	1:00.65	Snezhana Bechtina	Clonliffe Harriers A.C.	2022
Master Women O40	800m	2:22.88	Niamh Fitzgerald	Lucan Harriers A.C.	2015
Master Women O40	1500m	04:50.6	Niamh Fitzgerald	Lucan Harriers A.C.	2017
Master Women O40	3000m Steeplechase	13.35.43	Eimear Caulfield	Lambay Sports Academy	2023
Master Women O40	3000m Distance	10.25.24	Nicola Welsh	Dunleer A.C.	2019
Master Women O40	3000m Walk	15.38.30	Georgina Touhy	Tullamore Harriers A.C.	2016
Master Women O40	Discus	27.02	Pauline Kenny	Newbridge A.C.	2010
Master Women O40	Hammer	36.44	Pauline Kenny	Newbridge A.C.	2010
Master Women O40	High Jump	1.45	Erika Juozapaite	Blackrock A.C.(Louth)	2021
Master Women O40	Javelin	21.39	Maria Macken Duffy	St. Peter's A.C.	2005
Master Women O40	Long Jump	5.4	Antoinette Stafford	D.M.P A.C.	2018
Master Women O40	Shot Put	8.9	Verena Fenlon	St. Joseph's A.C.	2010
Master Women O40	Triple Jump	10.43	Erika Juozapaite	Blackrock A.C.(Louth)	2021
Master Women O40	Weight for Distance 28lb	5.63	Erika Juozapaite	Blackrock A.C.(Louth)	2024
Master Women O45	Pole Vault	2	Alison Beck	Dundrum South Dublin A.C.	2023
Master Women O45	80m Hurdles	17.15	Margaret O'Connor	Enniscorthy A.C.	2019
Master Women O45	100m Hurdles	14.73	Niamh McGuire	Rathkenny A.C.	2016
Master Women O45	400m Hurdles	75.61	Niamh McGuire	Rathkenny A.C.	2016
Master Women O45	400m Hurdles	70.15	Michelle Lannon	Guest (Carrick-on-Shannon A.C.)	2018
Master Women O45	100m Sprint	12.72	Adina Gheorghiu	Dundrum South Dublin A.C.	2024
Master Women O45	200m Sprint	27.2	Adina Gheorghiu	Dundrum South Dublin A.C.	2024
Master Women O45	400m Sprint	65.43	Geraldine Finegan	Dunleer A.C.	2014
Master Women O45	800m	2:27.99	Bridget Clarke	Na Fianna A.C.	2013
Master Women O45	1500m	4:55.40	Zoe Quinn	Raheny Shamrocks A.C.	2023
Master Women O45	3000m Steeplechase		No Record		
Master Women O45	3000m Distance	11.47.28	Ursula Byrne	Dunshaughlin A.C.	2015
Master Women O45	3000m Distance	10.59.33	Michelle Lannon	Guest (Carrick-on-Shannon A.C.)	2018
Master Women O45	5000m Distance	22.16.89	Helen Cheshire	Dunleer A.C.	2012
Master Women O45	3000m Walk	17.01.1	Susanne O'Beirne	Guest (North Leitrim A.C.)	2022
Master Women O45	3000m Walk	16:19.13	Maggie Helen O'Connor	St. Joseph's A.C.	2018
Master Women O45	Discus	22.83	Pauline Kenny	Newbridge A.C.	2018
Master Women O45	Discus	31.26	Maureen Glanton	Guest (Skibbereen A.C.)	2011
Master Women O45	Hammer	32.97	Orlaith Read	Donore Harriers A.C.	2016
Master Women O45	High Jump	1.45	Siobheal Cummins	Ratoath A.C.	2013
Master Women O45	Javelin	21.94	Margaret O'Connor	Enniscorthy A.C.	2021
Master Women O45	Long Jump	4.55	Niamh McGuire	Rathkenny A.C.	2016
Master Women O45	Shot Put	9.78	Aine Power	Lucan Harriers A.C.	2021
Master Women O45	Triple Jump	8.23	Rosemary Gibson	Blackrock A.C.(Louth)	2021
Master Women O45	Weight for Distance 28lb	6.53	Verena Fenlon	St. Joseph's A.C.	2017
Master Women O50	80m Hurdles	16.41	Niamh McGuire	Rathkenny A.C.	2024
Master Women O50	300m Hurdles	55.16	Niamh McGuire	Rathkenny A.C.	2024
Master Women O50	100m Sprint	13.7	Dervila Hennelly	Lucan Harriers A.C.	2024
Master Women O50	200m Sprint	28.93	Dara Carr	Lambay Sports Academy	2021
Master Women O50	400m Sprint	66.97	Geraldine Finegan	North East Runners A.C.	2018
Master Women O50	800m	2:39.37	Ashling Smith	Bray Runners A.C.	2022
Master Women O50	1500m	4:58.39	Anne Glishinan	Slaney Olympic A.C.	2018
Master Women O50	3000m Distance	11.36.18	Cathryn Brady	Dundrum South Dublin A.C.	2018
Master Women O50	3000m Walk	16:38.52	Maggie Helen O'Connor	St. Joseph's A.C.	2023
Master Women O50	Discus	24.9	Katriona Power	Lucan Harriers A.C.	2023
Master Women O50	Discus	25.38	Mary Barrett	Guest (Loughrea A.C.)	2009
Master Women O50	Hammer	34.32	Jean Daly	Na Fianna A.C.	2019
Master Women O50	High Jump	1.5	Siobhéal Murray	Ratoath A.C.	2018
Master Women O50	Javelin	30.55	Geraldine Finegan	North East Runners A.C.	2018
Master Women O50	Long Jump	4.08	Margaret O'Connor	Enniscorthy A.C.	2023
Master Women O50	Shot Put	10.74	Geraldine Finegan	North East Runners A.C.	2016
Master Women O50	Triple Jump	8.17	Lucy Moore-Fox	Dundrum South Dublin A.C.	2011
Master Women O50	Weight for Distance 20lb	7.12	Katriona Power	Lucan Harriers A.C.	2023
Master Women O55	100m hurdles	14.98	Mary Barrett	Guest (Loughrea A.C.)	2014
Master Women O55	100m Sprint	13.99	Moirá Groome	Trim A.C.	2022
Master Women O55	200m Sprint	29.48	Moirá Groome	Trim A.C.	2021
Master Women O55	400m Sprint	66.49	Carol Kearney	Lucan Harriers A.C.	2022
Master Women O55	800m	2:49.26	Patricia O'Cleirigh	Raheny Shamrocks A.C.	2022
Master Women O55	1500m	5:23.25	Ann Sullivan	D.M.P A.C.	2018
Master Women O55	3000m Distance	11.27.04	Ann Sullivan	D.M.P A.C.	2018



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Master Women O55	3000m Walk	19.54.03	Brid Lawlor	St. Joseph's A.C.	2015
Master Women O55	Discus	24.85	Mary Barrett	Guest (Loughrea A.C.)	2018
Master Women O55	Discus	24.80	Jean Daly	Na Fianna A.C.	2024
Master Women O55	Hammer	33.72	Jean Daly	Na Fianna A.C.	2021
Master Women O55	High Jump	1.35	Siobheal MURRAY	Ratoath A.C.	2022
Master Women O55	Javelin	22.12	Jean Daly	Na Fianna A.C.	2023
Master Women O55	Long Jump	4.22	Siobh��l Murray	Ratoath A.C.	2024
Master Women O55	Shot Put	9.22	Jean Daly	Na Fianna A.C.	2023
Master Women O55	Shot Put	9.93	Mary Barrett	Guest (Loughrea A.C.)	2015
Master Women O55	Weight for Distance 28lb	6.94	Jean Daly	Na Fianna A.C.	2023
Master Women O60	High Jump	1.4	Edel Maguire	Clonliffe Harriers A.C.	2023
Master Women O60	100m Sprint	15.71	Finola Moore	Celbridge A.C.	2024
Master Women O60	200m Sprint	30.3	Edel Maguire	Clonliffe Harriers A.C.	2024
Master Women O60	400m Sprint	69.15	Edel Maguire	Clonliffe Harriers A.C.	2022
Master Women O60	800m	2:58.43	Maxine Jones	Dundrum South Dublin A.C.	2017
Master Women O60	1500m	05:30.5	Ann Sullivan	D.M.P A.C.	2019
Master Women O60	3000m Distance	11:47.5	Ann Sullivan	D.M.P A.C.	2019
Master Women O60	3000m Walk	20:26.84	Pamela Reynolds	Dunboyne A.C.	2008
Master Women O60	Discus	13.79	Betty Cunningham	Dunboyne A.C.	2011
Master Women O60	Long Jump	4.34	Edel Maguire	Clonliffe Harriers A.C.	2022
Master Women O60	Hammer	23.89	Lucy Moore-Fox	Dundrum South Dublin A.C.	2017
Master Women O60	Javelin	5.7	Betty Cunningham	Dunboyne A.C.	2011
Master Women O60	Javelin	19.38	Mary Barrett	Guest (Loughrea A.C.)	2019
Master Women O60	Shot Put	7.41	Bernie Bannon	St. Michael's AC	2019
Master Women O60	Weight for Distance 20lb	5.28	Mary Breen	St. Josephs A.C.	2023
Master Women O65	1500m	6:04.52	Mary Browne	Lucan Harriers A.C.	2023
Master Women O65	Shot Put	7.34	Lucy Moore	Dundrum South Dublin A.C.	2023
Master Women O65	Weight for Distance 20lb	5.75	Lucy Moore	Dundrum South Dublin A.C.	2023
Master Women O65	3000m Distance	14:26.50	Liz Arkins	Lucan Harriers A.C.	2023
Master Women O65	Hammer	25.67	Lucy Moore	Dundrum South Dublin A.C.	2024
Master Women O65	Long Jump	3.07	Lucy Moore	Dundrum South Dublin A.C.	2023
Master Women O65	200m Sprint	35.58	Mary McDonnell	Drogheda & District A.C.	2024
Master Women O65	400m Sprint	1:26.55	Mary Walsh	Tullamore Harriers A.C.	2011
Master Women O65	800m	3:20.37	Mary Walsh	Tullamore Harriers A.C.	2011
Master Women O65	100m Sprint	19.65	Mary Whelan	Dublin Striders A.C.	2021
Master Women O70	1500m	6:51.19	Brigid McCabe	Mullingar Harriers A.C.	2024
Master Women O70	200m Sprint	40.86	Mary Walsh	Tullamore Harriers A.C.	2021
Master Women O70	100m Sprint	39.97	Mary Walsh	Tullamore Harriers A.C.	2019
Master Women O70	3000m Walk	25:36.84	Pamela Reynolds	St. Andrew's A.C.	2019
Master Women O70	Discus	13.73	Frances Mansfield	Clonliffe Harriers A.C.	2017
Master Women O70	Hammer	15.25	Frances Mansfield	Clonliffe Harriers A.C.	2015
Master Women O75	Discus	12.57	Frances Mansfield	Clonliffe Harriers A.C.	2023
Master Women O75	Hammer	18.9	Frances Mansfield	Clonliffe Harriers A.C.	2022
Master Women O75	100m Sprint	33.93	Maire Gately	Bree A.C.	2015
Senior Men	110m Hurdles	14.4H	Sean Cahill	Cushinstown A.C.	1990
Senior Men	400m Hurdles	53.1H	C. McDunphy	Raheny Shamrocks A.C.	1985
Senior Men	100m Sprint	10.6H	Peter Lyons	Drogheda & District A.C.	1993
Senior Men	100m Sprint	10.48	Mark Smyth	Raheny Shamrock A.C.	2021
Master Women O75	200m Sprint	42.53	Mary Walsh	Tullamore Harriers A.C.	2024
Senior Men	200m Sprint	21.55	Stephen Gaffney	Rathfarnham W.S.A.F. A.C.	2015
Senior Men	400m Sprint	47.62	Gordon Kennedy	Tullamore Harriers A.C.	2007
Senior Men	800m	01:50.4	Eoin Quinn	Mullingar Harriers A.C.	2021
Senior Men	1500m	3:51.2H	M. Flynn	Tullamore Harriers A.C.	1985
Senior Men	3000m Steeplechase	8:54.3H	Ben Brady	Raheny Shamrocks A.C.	1992
Senior Men	5000m Distance	14:07.9H	E. Toomey	Clonliffe Harriers A.C.	1985
Senior Men	5000m Walk	20:04.29	Colin Griffen	Guest (Ballinamore A.C.)	2008
Senior Men	5000m Walk	20:04.3H	Michael Lane	Mullingar Harriers A.C.	1990
Senior Men	4x100m Relay	43.24		Tullamore Harriers A.C.	2022
Senior Men	4x400m Relay	3:32.1H		Tullamore Harriers A.C.	1986
Senior Men	Discus	53.38	Eoin Leen	Guest (Tralee Harriers A.C.)	2007
Senior Men	Discus	48.68	John Menton	Donore Harriers A.C.	2005
Senior Men	Hammer	69.04	Garry Halpin	Kilkenny City Harriers A.C.	1989
Senior Men	High Jump	2.05	Ciaran Connolly	Le Cheile A.C.	2021
Senior Men	High Jump	2.1	David Cussen	Guest (Old Abbey)	2022
Senior Men	Javelin	65.56	Louis Wildenleven	North Laois A.C.	2001
Senior Men	Long Jump	7.57	Shane Howard	Guest (Bandon A.C.)	2023
Senior Men	Long Jump	7.2	Eoin Hannon	Tullamore Harriers A.C.	2010
Senior Men	Pole Vault	4.56	Shane Power	St. Josephs A.C.	2021
Senior Men	Shot Put	18.8	Victor Costello	Dundrum South Dublin A.C.	1992
Senior Men	Triple Jump	14.95	Eoin Kelly	St. Abban's A.C.	2009



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Senior Men	Weight for Distance 56lb	8.36	Paul Crowe	Menapians A.C.	2005
Senior Men	Weight for Height 56lb	3.50	Stephen Fee	Lusk A.C.	2024
Senior Women	100m Hurdles	13.91	Sarah Lavin	U.C.D. A.C.	2018
Senior Women	400m Hurdles	60.1H	Mary Parr	West Dublin A.C.	1985
Senior Women	100m Sprint	11.69	Joan Healy	Guest (Leevale A.C.)	2023
Senior Women	100m Sprint	11.9H	Lorraine Dunne	Newbridge A.C.	1992
Senior Women	200m Sprint	23.86	Stephanie Creaner	Drogheda & District A.C.	2015
Senior Women	400m Sprint	54.06	Jenna Bromell	Guest (Emerald A.C.)	2017
Senior Women	400m Sprint	54.7H	Joanne Cuddihy	Kilkenny City Harriers A.C.	2001
Senior Women	800m	2:07.2H	Bernie Kavanagh	Lucan Harriers A.C.	1990
Senior Women	1500m	4:20.3H	Ann Buckley	Clonliffe Harriers A.C.	1988
Senior Women	2000m Steeplechase	13:00.91	Emily Grennan	Tullamore Harriers A.C.	2013
Senior Women	3000m Steeplechase	11:10.18	Niamh Kearney	Slí Cualann A.C.	2017
Senior Women	3000m Steeplechase	10:37.42	Jessica Coyne	Guest (Dooneen A.C.)	2018
Senior Women	3000m Distance	9:21.50	Anne Keenan Buckley	North Laois A.C.	2001
Senior Women	5000m Distance	18:00.80	Claire Phelan	St.Abban's A.C.	2009
Senior Women	3000m Walk	14:40.07	Naimh O'Connor	Celbridge A.C.	2018
Senior Women	4x100m Relay	49.69		Mullingar Harriers A.C.	2018
Senior Women	4x400m Relay	4:13.2H		West Dublin A.C.	1987
Senior Women	Discus	48.2	Eileen O'Keeffe	Kilkenny City Harriers A.C.	2000
Senior Women	Discus	53.65	Claire Fitzgerald	Guest (Tralee Harriers A.C.)	2016
Senior Women	Hammer	70.13	Eileen O'Keeffe	Kilkenny City Harriers A.C.	2008
Senior Women	High Jump	1.75	Ciara Kennelly	Guest (Killarney Valley A.C.)	2023
Senior Women	High Jump	1.75	Rosemary Daniels	Na Fianna A.C.	2005
Senior Women	Javelin	49.18	Anita Fitzgibbons	Dundrum South Dublin A.C.	2016
Senior Women	Long Jump	6.17	Ruby Millett	St.Abban's A.C.	2023
Senior Women	Pole Vault	3.95	Zoe Brown	Raheny Shamrocks A.C.	2011
Senior Women	Shot Put	15.16	Marita Walton	Crusaders A.C.	1985
Senior Women	Triple Jump	12.89	Saragh Buggy	St.Abban's A.C.	2016
Senior Women	Weight for Distance 28lb	8.15	Laura Dolan	Ferbane A.C.	2017
Senior Women	Weight for Height 28lb		No Record		
U12 Boys	60m Hurdles	10.32	Declan Osagie	Edenderry A.C.	2017
U12 Boys	60m Sprint	8.24	Toriq Adegoke	St. L. O'Toole A.C.	2012
U12 Boys	600m	1:42.78	Conor Liston	Mullingar Harriers A.C.	2018
U12 Boys	4X100m Relay	55.3		Ballyskenach A.C	2001
U12 Boys	High Jump	1.43	Terence O'Neill	Kilcoole A.C.	2002
U12 Boys	Long Jump	4.65	Michael Carroll	D.M.P A.C.	2011
U12 Boys	Shot Put	10.33	Jonathan Cummins	Ardee & District A.C.	2012
U12 Boys	Turbo Javelin	36.05	Aaron Fennell	Boyne A.C.	2017
U12 Girls	60m Hurdles	10.02	Mollie Scott	St. L. O'Toole A.C.	2011
U12 Girls	60m Sprint	8.06	Francesca Reville	Wexford	2001
U12 Girls	600m	1:42.59	Corrine Kenny	St. L. O'Toole A.C.	2013
U12 Girls	4X100m Relay	56.54		Dundalk St. Gerard's A.C.	2018
U12 Girls	High Jump	1.41	Ava Wilson	Bree A.C.	2022
U12 Girls	Long Jump	4.43	Aideen Kane	St. Killians A.C	2009
U12 Girls	Shot Put	9.75	Aoibhinn McMahon	Blackrock A.C.(Louth)	2014
U12 Girls	Turbo Javelin	28.16	Enya Silkena	Dundalk St. Gerard's A.C.	2018
U13 Boys	60m Hurdles	9.64	Luke Morris	Newbridge A.C.	2011
U13 Boys	80m Sprint	10.06	Eoin Hannon	Ballyskenach A.C	2001
U13 Boys	600m	1:37.34	Shane Fitzsimons	Mullingar Harriers A.C.	2007
U13 Boys	4X100m Relay	53.55		Kilkenny City Harriers A.C	2023
U13 Boys	High Jump	1.54	Cian McBride	Bohermeen A.C.	2013
U13 Boys	Javelin	42.36	Karlis Kaugars	Dunleer A.C.	2017
U13 Boys	Long Jump	5.11	David McDonald	Menapians A.C.	2011
U13 Boys	Shot Put	12.45	Rory Nolan	Shillelagh A.C.	1997
U13 Boys	1200m Walk	6:06.46	Gareth Glennon	Mullingar Harriers A.C.	2024
U13 Girls	60m Hurdles	9.54	Ruby Reynolds	Menapians A.C.	2018
U13 Girls	80m Sprint	10.16	Patience Jumba Gula	Dundalk St. Gerard's A.C.	2013
U13 Girls	600m	1:36.82	Corrine Kenny	St. L. O'Toole A.C.	2014
U13 Girls	4X100m Relay	53.7		Crookstown Millview A.C.	2019
U13 Girls	High Jump	1.5	Ciara Deely	Kilkenny City Harriers A.C	2012
U13 Girls	Javelin	30.84	Aoibhinn McMahon	Blackrock A.C.(Louth)	2015
U13 Girls	Long Jump	4.75	Lauren Gleeson	Kilkenny City Harriers A.C	2011
U13 Girls	Shot Put	11.38	Katie Murphy	St. Peters A.C.	2013
U13 Girls	1200m Walk	7:46.72	Beth Grogan	Newbridge A.C.	2024
U14 Boys	75m Hurdles	11.57	Tomas McGrath	St. Andrew's A.C.	2024
U14 Boys	80m Sprint	9.72	Matthew Buckley	Ratoath A.C.	2015
U14 Boys	200m Sprint	24.25	Matthew Buckley	Ratoath A.C.	2015
U14 Boys	300m Sprint	42.13	Jack Gilmartin	Celbridge A.C.	2022
U14 Boys	800m	2:07.18	Robert Gleeson	Newbridge A.C.	2023



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U14 Boys	1500m	4.26.98	Shane Fitzsimons	Mullingar Harriers A.C.	2008
U14 Boys	2000m Walk	11.00.56	Cormac Byrne	Bree A.C.	2009
U14 Boys	4x100m Relay	52.24		St. Josephs A.C.	2014
U14 Boys	Discus	37.26	John Joe Kelly	Brow Rangers A.C.	2010
U14 Boys	Hammer	44.96	Tadhg O'Muircheartaigh	Dunboyne A.C.	2016
U14 Boys	High Jump	1.69	Tomas McGrath	St. Andrew's A.C.	2024
U14 Boys	Javelin	44.65	Karlís Kaugars	Dunleer A.C.	2018
U14 Boys	Long Jump	5.62	David McDonald	Menapians A.C.	2012
U14 Boys	Shot Put	14.74	Karlís Kaugars	Dunleer A.C.	2018
U14 Boys	Triple Jump	10.55	Adam Brennan	Dom Savio	1994
U14 Girls	75m Hurdles	11.58	Sive O'Toole	St. L. O'Toole A.C.	2014
U14 Girls	80m Sprint	10.25	Jaiden Shaw-Hanlon	Ratoath A.C.	2024
U14 Girls	200m Sprint	26.14	Patience Jumba-Gula	Dundalk St. Gerard's A.C.	2014
U14 Girls	300m Sprint	44.09	Kate GORMLEY	Dunboyne A.C.	2019
U14 Girls	800m	2.15.74	Erinn LEAVY	Dunleer A.C.	2019
U14 Girls	1500m	4.47.45	Lily Walsh	Mullingar Harriers A.C.	2024
U14 Girls	2000m Walk	10.27.86	Emily MacHugh	Naas A.C.	2015
U14 Girls	4X100m Relay	52.43		Kilkenny City Harriers A.C.	2023
U14 Girls	Discus	29.97	Therese Kelly	Brow Rangers A.C.	2014
U14 Girls	Hammer	37.32	Kathlyn Furlong	D.M.P A.C.	2012
U14 Girls	High Jump	1.55	Ciara Deely	Kilkenny City Harriers A.C.	2013
U14 Girls	Javelin	34.84	Isobel Kearns	Naas A.C.	2021
U14 Girls	Long Jump	5.11	Lauren Gleeson	Kilkenny City Harriers A.C.	2012
U14 Girls	Shot Put	14.33	Aoibhinn McMahon	Blackrock A.C.(Louth)	2016
U14 Girls	Triple Jump	10.23	Florence Harte	Crookstown Millview A.C.	2024
U15 Boys	80m Hurdles	12.0H	Paul Murphy	Kilmore A.C.	1999
U15 Boys	250m Hurdles	35.48	Kyle Byrne-Ward	Newbridge A.C.	2024
U15 Boys	100m Sprint	11.64	Theo de Bonis	Ratoath A.C.	2024
U15 Boys	100m Sprint	11.64	Mathew Buckley	Ratoath A.C.	2016
U15 Boys	200m Sprint	23.76	David McDonald	Menapians A.C.	2013
U15 Boys	300m Sprint	39.45	Daire CASEY POWER	St. Senan's A.C.	2022
U15 Boys	800m	2.01.29	Shane Fitzsimons	Mullingar Harriers A.C.	2009
U15 Boys	1500m	4.13.44	Shane Fitzsimons	Mullingar Harriers A.C.	2009
U15 Boys	2000m Walk	10.09.50	Oisín Lane	Mullingar Harriers A.C.	2016
U15 Boys	4x100m Relay	48.33		St. L. O'Toole A.C.	2014
U15 Boys	Discus	55.03	Cian Crampton	Edenderry A.C.	2021
U15 Boys	Hammer	55.15	Robert Higgins	Na Fianna A.C.	2016
U15 Boys	High Jump	1.76	Philip Denver	Newbridge A.C.	1984
U15 Boys	Javelin	53.17	Tadhg O'Muircheartaigh	Dunboyne A.C.	2017
U15 Boys	Long Jump	6.07	David McDonald	Menapians A.C.	2013
U15 Boys	Pole Vault	3.2	Jamie Hyland	St. L. O'Toole A.C.	2022
U15 Boys	Shot Put	16.09	Cian Crampton	Edenderry A.C.	2021
U15 Boys	Triple Jump	11.92	Scott Browne	North Laois A.C.	1989
U15 Girls	80m Hurdles	12.05	Shannon Sheedy	Cushinstown A.C.	2013
U15 Girls	250m Hurdles	36.5H	Ciara Kearns	Celbridge A.C.	1998
U15 Girls	100m Sprint	11.6H	Nicola Meenan	Newbridge A.C.	1989
U15 Girls	200m Sprint	25.0H	Nicola Meenan	Newbridge A.C.	1987
U15 Girls	300m Sprint	43.42	Adrianna HYRCZA	Navan A.C.	2024
U15 Girls	800m	2.16.88	Fiona Dillon	Thomastown A.C.	2018
U15 Girls	1500m	4.45.29	Fiona Dillon	Thomastown A.C.	2018
U15 Girls	2000m Walk	10:19.52	Lily Ryan	St. Josephs A.C.	2022
U15 Girls	4x100m Relay	50.41		Ratoath A.C.	2024
U15 Girls	Discus	37.41	Rachel Kelly	Kilkenny City Harriers A.C.	2015
U15 Girls	Hammer	47.32	Kathlyn Furlong	D.M.P A.C.	2013
U15 Girls	High Jump	1.64	Tara O'Connor	Dundalk St. Gerard's A.C.	2021
U15 Girls	Javelin	40.73	Aoibhinn McMahon	Blackrock A.C.(Louth)	2017
U15 Girls	Long Jump	5.5	Rachel Beattie	Crookstown Millview A.C.	2023
U15 Girls	Pole Vault	2.7	Kara Morrissey	St. L. O'Toole A.C.	2021
U15 Girls	Shot Put	12.92	Aoibhinn McMahon	Blackrock A.C.(Louth)	2017
U15 Girls	Triple Jump	10.6	Milana Sharhayeu	Ratoath A.C.	2024
U16 Boys	100m Hurdles	14.07	Agomide Oke	St. L. O'Toole A.C.	2015
U16 Boys	250m Hurdles	33.5H	Mark Kennedy	Raheen A.C.	1998
U16 Boys	100m Sprint	11.2H	Padraic Lewis	North Laois A.C.	1990
U16 Boys	200m Sprint	22.63	Matias Quaglia	Kilkenny City Harriers A.C.	2024
U16 Boys	400m Sprint	50.99	Daniel Downey	Portlaoise A.C.	2024
U16 Boys	800m	1.55.4H	James Nolan	Ferbane A.C.	1992
U16 Boys	1500m	4.11.9H	James Nolan	Ferbane A.C.	1992
U16 Boys	3000m Distance	9:11.61	Rhys Johnson	Naas A.C.	2023
U16 Boys	3000m Walk	12.14.36	Michael Ryan	St. Josephs A.C.	2001
U16 Boys	4x100m Relay	46.57		Kilkenny City Harriers A.C.	2012



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U16 Boys	Discus	58.11	Cian Crampton	Edenderry A.C.	2022
U16 Boys	Hammer	58.1	John Thompson	Tullamore Harriers A.C.	1992
U16 Boys	High Jump	1.9	Michael Kent	D.M.P A.C.	2022
U16 Boys	Javelin	52.6	Tadhg O'Muircheartaigh	Dunboyne A.C.	2018
U16 Boys	Long Jump	6.44	David McDonald	Menapians A.C.	2014
U16 Boys	Pole Vault	3.4	Matthew Callinan Keenan	St. L. O'Toole A.C.	2015
U16 Boys	Shot Put	15.53	Cian Crampton	Edenderry A.C.	2022
U16 Boys	Triple Jump	12.42	Jack Forde	St. Killians A.C.	2018
U16 Girls	80m Hurdles	11.52	Molly Scott	St. L. O'Toole A.C.	2014
U16 Girls	250m Hurdles	36.6H	Grainne Redmond	Cushinstown A.C.	1993
U16 Girls	100m Sprint	12.2H	Lorraine Lightholder	Navan A.C.	1987
U16 Girls	200m Sprint	24.6H	Emily Maher	Kilkenny City Harriers A.C.	1996
U16 Girls	400m Sprint	58.34	Grainne Moran	Dundalk St. Gerard's A.C.	2022
U16 Girls	800m	2:14.32	Sholah Lawrence	Ace A.C.	2023
U16 Girls	1500m	4.42.20	Sharon Monaghan	Fr. Murphy's A.C.	2000
U16 Girls	2000m Walk	9.53.07	Emily MacHugh	Naas A.C.	2017
U16 Girls	3000m Distance	10:27.94	Dearbhla Allen	St. Peter's A.C.	2022
U16 Girls	4x100m Relay	49.46		Kilkenny City Harriers A.C.	2023
U16 Girls	Discus	33.32	Rachel Kelly	Kilkenny City Harriers A.C.	2016
U16 Girls	Hammer	51.12	Kathlyn Furlong	D.M.P A.C.	2014
U16 Girls	High Jump	1.71	Tara O'Connor	Dundalk St. Gerard's A.C.	2022
U16 Girls	Javelin	41.57	Aoibhinn McMahon	Blackrock A.C.(Louth)	2018
U16 Girls	Long Jump	5.87	Ruby Millet	St.Abban's A.C.	2016
U16 Girls	Pole Vault	2.62	Kara Morrissey	St. L. O'Toole A.C.	2022
U16 Girls	Shot Put	13.65	Aoibhinn McMahon	Blackrock A.C.(Louth)	2018
U16 Girls	Triple Jump	10.47	Lisa Aspel	Crookstown Millview A.C.	2014
U17 Boys	100m Hurdles	13.8H	John Whelan	St. Andrew's A.C.	1991
U17 Boys	110m Hurdles	15.67	Peter Bellew	Cushinstown A.C.	2024
U17 Boys	300m Hurdles	39.29	Colin Nolan	Enniscorthy Juvenile A.C.	2011
U17 Boys	100m Sprint	10.9H	Kevin Cogley	D.M.P A.C.	1992
U17 Boys	200m Sprint	22.28	Dean Power	Tullamore Harriers A.C.	2012
U17 Boys	400m Sprint	50.54	John Fitzsimons	Kildare A.C.	2014
U17 Boys	800m	1.55.78	Neil Culhane	Ace A.C.	2021
U17 Boys	1500m	4.01.0H	Nigel Brunton	Bray Striders A.C.	1988
U17 Boys	1500m Steeplechase	4.43.5H	Liam Walsh	Bagenalstown A.C.	1985
U17 Boys	2000m Steeplechase (0.838m)	6:39.03	Finn Craig	St. Michael's A.C.	2023
U17 Boys	2000m Steeplechase	6.51.50	Jack Tyas	Mullingar Harriers A.C.	2015
U17 Boys	3000m Distance	8.51.67	Jack Fenlon	St.Abban's A.C.	2021
U17 Boys	3000m Walk	13.18.44	Oisin Lane	Mullingar Harriers A.C.	2018
U17 Boys	4x100m Relay	45.05		Athlone A.C.	2024
U17 Boys	4x400m Relay	3.37.55		St. L. O'Toole A.C.	2012
U17 Boys	Discus	50.3	Eoin Sheridan	N. Westmeath A.C.	2013
U17 Boys	Hammer	54.36	Patrick McCabe	Dunboyne A.C.	2004
U17 Boys	High Jump	2	Ryan Carthy Walshe	Adamstown A.C	2015
U17 Boys	Javelin	58.19	Tadhg O'Muircheartaigh	Dunboyne A.C.	2019
U17 Boys	Long Jump	6.7	Michael Kent	D.M.P A.C.	2023
U17 Boys	Pole Vault	4.42	Jamie Hyland	St. L. O'Toole A.C.	2024
U17 Boys	Shot Put	15.67	Oliver Jageur	Naas A.C.	2011
U17 Boys	Triple Jump	13.29	John Walker	Kilmore A.C.	1999
U17 Girls	100m Hurdles	14.26	Emily Lawlor	St. L. O'Toole A.C.	2023
U17 Girls	300m Hurdles	44.55	Claire Murphy	St. L. O'Toole A.C.	2010
U17 Girls	100m Sprint	12.1	Patience Jumbo-Gula	Dundalk St. Gerard's A.C.	2017
U17 Girls	200m Sprint	24.78	Katie Doherty	Ratoath A.C.	2023
U17 Girls	300m Sprint	39.88	Clodhna Manning	Kilkenny City Harriers A.C.	2011
U17 Girls	400m Sprint	57.97	Ellie O'Toole	Newbridge A.C.	2015
U17 Girls	800m	2:13.51	Pia Langton	Kilkenny City Harriers A.C.	2023
U17 Girls	1500m	4.32.75	Ava O'Connor	Tullamore Harriers A.C.	2019
U17 Girls	2000m Steeplechase	7.14.15	Amy O'Brien	Inbhear Dee A.C.	2016
U17 Girls	3000m Distance	10.20.49	Anna Watson	Bray Runners A.C.	2021
U17 Girls	3000m Walk	14.35.40	Sarah Glennon	Mullingar Harriers A.C.	2017
U17 Girls	4x100m Relay	48.42		Tullamore Harriers A.C.	2023
U17 Girls	4x300m Relay	2.56.72		Celbridge A.C.	2000
U17 Girls	4x400m Relay	4:07.72		Ratoath A.C.	2023
U17 Girls	Discus	36.59	Niamh Fogarty	Mullingar Harriers A.C.	2015
U17 Girls	Hammer	53.64	Kathlyn Furlong	D.M.P A.C.	2015
U17 Girls	High Jump	1.67	Tara O'Connor	Dundalk St. Gerard's A.C.	2023
U17 Girls	Javelin	42.7	Enya Silkena	Dundalk St. Gerard's A.C.	2023
U17 Girls	Long Jump	5.96	Ruby Millet	St.Abban's A.C.	2017
U17 Girls	Pole Vault	2.7	Kara Morrissey	St. L. O'Toole A.C.	2023
U17 Girls	Shot Put	14.77	Aoibhinn McMahon	Blackrock A.C.(Louth)	2019



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AGE	Event	CBP	Name	Club	Year
U17 Girls	Triple Jump	11.28	Mary Morrissey	St. L. O'Toole A.C.	1987
U18 Boys	110m Hurdles	14.55	Alex Clarkin	Donore Harriers A.C.	2016
U18 Boys	400m Hurdles	54.44	Jack Mitchell	Na Fianna A.C.	2017
U18 Boys	100m Sprint	10.52	Paul Gill	Carbury A.C.	2002
U18 Boys	200m Sprint	21.74	Dean Power	Tullamore Harriers A.C.	2013
U18 Boys	400m Sprint	49.45	Harry Purcell	Trim A.C.	2013
U18 Boys	800m	1.55.1H	James Nolan	Ferbane A.C.	1994
U18 Boys	1500m	4.01.5H	Andrew Walker	Newbridge A.C.	1994
U18 Boys	3000m Steeplechase (0.838m)	10:21.35	Colm O'Neill	Greystones & District A.C.	2023
U18 Boys	2000m Steeplechase	6.17.42	Tomas Cotter	Dunleer A.C.	2007
U18 Boys	3000m Steeplechase	10.22.02	Philip King	Tullamore Harriers A.C.	2018
U18 Boys	3000m Distance	8.45.5H	Cormac Finnerty	Mullingar Harriers A.C.	1987
U18 Boys	5000m Walk	22:28.8	Oisín Lane	Mullingar Harriers A.C.	2019
U18 Boys	4x100m Relay	45		St. L. O'Toole A.C.	2012
U18 Boys	4x400m Relay	3.35.07		Celbridge A.C.	2024
U18 Boys	Discus	55.4	Eoin Sheridan	N. Westmeath A.C.	2014
U18 Boys	Hammer	62.62	Padraig White	Dunboyne A.C.	2003
U18 Boys	High Jump	2.12	Donagh Mahon	Gowran A.C.	2014
U18 Boys	Javelin	64.41	Stephen Rice	Greystones & District A.C.	2013
U18 Boys	Long Jump	6.78	Derek O'Brien	St. L. O'Toole A.C.	1997
U18 Boys	Pole Vault	4.21	Adam Nolan	St. L. O'Toole A.C.	2021
U18 Boys	Shot Put	16.4	Anu Awonusi	St. L. O'Toole A.C.	2014
U18 Boys	Triple Jump	13.59	Jordan Hoang	Tullamore Harriers A.C.	2015
U18 Girls	100m Hurdles	14.13	Sive O'Toole	St. L. O'Toole A.C.	2018
U18 Girls	300m Hurdles	44.12	Clare Murphy	St. L. O'Toole A.C.	2011
U18 Girls	400m Hurdles	61.0H	Mandy Bloomer	Mountmellick A.C.	1993
U18 Girls	100m Sprint	11.9H	Lorraine Dunne	Newbridge A.C.	1989
U18 Girls	200m Sprint	24.74	Clíodhna Manning	Kilkenny City Harriers A.C.	2012
U18 Girls	300m Sprint	41.0H	Fiona Norwood	Kilkenny City Harriers A.C.	1995
U18 Girls	400m Sprint	57.2	Camille Madden	Greystones & District A.C.	2023
U18 Girls	800m	2.09.37	Pia Langton	Kilkenny City Harriers A.C.	2024
U18 Girls	1500m	4.46.3H	Vanessa Molloy	Shelbourne A.C.	1989
U18 Girls	1500m Steeplechase	6.35.84	Roseanne Kennedy	St. Senan's A.C.	2008
U18 Girls	2000m Steeplechase	07:17.7	Roisín TREACY	Ashford A.C.	2019
U18 Girls	3000m Steeplechase	7.12.76	Dearbhla Allen	St. Peter's A.C.	2024
U18 Girls	3000m Distance	10:03.89	Anna Watson	Bray Runners A.C.	2022
U18 Girls	3000m Walk	14.38.1H	Serena O'Keeffe	Kilkenny City Harriers A.C.	1998
U18 Girls	4x100m Relay	48.75		Ratoath A.C.	2023
U18 Girls	4x300m Relay	2.56.00		Kilkenny City Harriers A.C.	2002
U18 Girls	4x400m Relay	04:04.23		Ratoath A.C.	2023
U18 Girls	Discus	43.98	Niamh Fogarty	North Westmeath A.C.	2016
U18 Girls	Hammer	53.34	Kathlyn Furlong	D.M.P A.C.	2016
U18 Girls	High Jump	1.75	Phillipa Rogan	Greystones & District A.C.	2011
U18 Girls	Javelin	51.88	Enya Silkena	Ratoath A.C.	2024
U18 Girls	Long Jump	6.1	Katherine O'Connor	Dundalk St. Gerard's A.C.	2017
U18 Girls	Pole Vault	3.1	Kara Morrissey	St. L. O'Toole A.C.	2024
U18 Girls	Shot Put	14.46	Katherine O'Connor	Dundalk St. Gerard's A.C.	2017
U18 Girls	Triple Jump	11.51	Patience Chinda	St. Michael's A.C.	2024
U19 Boys	110m Hurdles	15.09	Adam Nolan	St. L. O'Toole A.C.	2022
U19 Boys	400m Hurdles	54.8H	Ian Monaghan	Celbridge A.C.	1999
U19 Boys	100m Sprint	10.76	Dannan Long	Enniscorthy A.C.	2023
U19 Boys	200m Sprint	22.07	Jack Manning	Kilkenny City Harriers A.C.	2016
U19 Boys	400m Sprint	50.08	Jed Walshe	Ratoath A.C.	2021
U19 Boys	800m	1.53.13	Aaron Shorten	St. L. O'Toole A.C.	2021
U19 Boys	1500m	3.54.8H	Andrew Walker	Newbridge A.C.	1995
U19 Boys	2000m Steeplechase	6.19.02	Brian Kirwan	St. L. O'Toole A.C.	2003
U19 Boys	3000m Steeplechase	9:51.55	Luke Duffy	Tullamore Harriers A.C.	2023
U19 Boys	3000m Distance	8.51.0H	Pearse Hickey	Celbridge A.C.	1996
U19 Boys	5000m Walk	22:34.42	Andrew Glennon	Mullingar Harriers A.C.	2023
U19 Boys	4X100m Relay	44.35		Ratoath A.C.	2023
U19 Boys	4x400m Relay	3:33.84		Ratoath A.C.	2022
U19 Boys	Discus	55.56	Marco Pons	D.M.P A.C.	2011
U19 Boys	Hammer	61.92	John Thompson	Tullamore Harriers A.C.	1995
U19 Boys	High Jump	2	Adrian O'Dwyer	Kilkenny City Harriers A.C.	2001
U19 Boys	Javelin	55.87	David Kelly	Kilcoole A.C.	1999
U19 Boys	Long Jump	7.02	Eoin Hannon	Tullamore Harriers A.C.	2007
U19 Boys	Pole Vault	3.62	Lee Prendergast	St. L. O'Toole A.C.	2024
U19 Boys	Shot Put	16.04	Andrew Cooper	Gowran A.C.	2024
U19 Boys	Triple Jump	13.53	Conor Daly	St. Abban's A.C.	2012
U19 Girls	100m Hurdles	14.75	Shannen Dawkins	St. Josephs A.C.	2014



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AGE	Event	CBP	Name	Club	Year
U19 Girls	400m Hurdles	64.36	Ciara Kearns	Celbridge A.C.	2002
U19 Girls	100m Sprint	12.11	Laura Bolster	Cushinstown A.C.	2023
U19 Girls	200m Sprint	24.4H	Karen Shinkins	Newbridge A.C.	1994
U19 Girls	400m Sprint	57.55	Niamh Murphy	Ratoath A.C.	2024
U19 Girls	800m	2.15.55	Emma O'Brien	Inbhear Dee A.C.	2017
U19 Girls	1500m	4:35.93	Hannah Kehoe	Thomastown A.C.	2022
U19 Girls	1500m Steeplechase	6.43.30	Roseanne Kennedy	St. Senan's A.C.	2008
U19 Girls	2000m Steeplechase	8.59.41	Dara Broe	Inbhear Dee A.C.	2010
U19 Girls	3000m Steeplechase	11.41.75	Lauren Dermody	Castlecomer A.C.	2015
U19 Girls	3000m Distance	10:00.06	Hannah Kehoe	Thomastown A.C.	2022
U19 Girls	3000m Walk	14.00.52	Niamh O'Connor	Celbridge A.C.	2018
U19 Girls	4x100m Relay	48.75		Ratoath A.C.	2023
U19 Girls	4x400m Relay	03:54.4		Ratoath A.C.	2023
U19 Girls	Discus	41.67	Sophie Parkinson	Gowran A.C.	2012
U19 Girls	Hammer	48.43	Charlotte O'Farrell	D.M.P A.C.	2011
U19 Girls	High Jump	1.7	Mary-Kate Lanigan	Kilkenny City Harriers A.C.	2010
U19 Girls	High Jump	1.7	Leona Byrne	St. L. O'Toole A.C.	2005
U19 Girls	High Jump	1.7	Sharon Kinsella	St.Abban's A.C.	1995
U19 Girls	Javelin	39.1	Ailbhe Gordon	Greystones & District A.C.	2024
U19 Girls	Long Jump	5.66	Lorraine O'Shea	Kilkenny City Harriers A.C.	2012
U19 Girls	Pole Vault	2.85	Aoibhin McDonald	St.Abban's A.C.	2023
U19 Girls	Shot Put	12.48	Laura Cogan	Newbridge A.C.	2007
U19 Girls	Triple Jump	11.78	Sarah Buggy	St.Abban's A.C.	2012
U20 Men	110m Hurdles	13.89	Adam Nolan	St. L. O'Toole A.C.	2023
U20 Men	400m Hurdles	53.48	Alan Miley	St. L. O'Toole A.C.	2021
U20 Men	100m Sprint	10.69	Killian Curran	Blackrock (Dublin) A.C.	2024
U20 Men	200m Sprint	21.59	Donal Martin	Blackrock (Dublin) A.C.	2024
U20 Men	400m Sprint	48.99	Fergus Hannon	Tullamore Harriers A.C.	2009
U20 Men	800m	1.56.51	Michael Dowling	Slí Cualann A.C.	2010
U20 Men	1500m	3.55.2H	Andrew Walker	Newbridge A.C.	1995
U20 Men	2000m Steeplechase	6.17.0H	Liam Walsh	Bagenalstown A.C.	1987
U20 Men	3000m Steeplechase	9:13.77	Billy Coogan	Kilkenny City Harriers A.C.	2023
U20 Men	3000m Distance	8.41.6H	David Burke	Mullingar Harriers A.C.	1987
U20 Men	5000m Distance	16.08.76	Jason O'Byrne	Slí Cualann A.C.	2007
U20 Men	3000m Walk	13.55.07	Andrew Carroll	Celbridge A.C.	2017
U20 Men	5000m Walk	21.32.22	Andrew Glennon	Mullingar Harriers A.C.	2024
U20 Men	4x100m Relay	44.34		Donore Harriers A.C.	2016
U20 Men	4x100m Relay	40.99		Guest (Irish Team)	2013
U20 Men	4x400m Relay	3.31.12		Ratoath A.C.	2021
U20 Men	Discus	50.96	Eoin Sheridan	North Westmeath A.C	2016
U20 Men	Hammer	67.68	James McCabe	Dunboyne A.C.	2012
U20 Men	High Jump	2.11	Donagh Mahon	Gowran A.C.	2014
U20 Men	Javelin	60.8	Oisin Joyce	Guest (Lake District A.C.)	2022
U20 Men	Javelin	55.02	Joe Diskin	Kilcoole A.C.	2001
U20 Men	Long Jump	7.00	Michael Kent	D.M.P A.C.	2023
U20 Men	Pole Vault	4.2	Matthew Callinan Keenan	St. L. O'Toole A.C.	2018
U20 Men	Pole Vault	4.2	Adam Nolan	St. L. O'Toole A.C.	2021
U20 Men	Pole Vault	4.3	Conor Callinan	Guest (Leevale A.C.)	2021
U20 Men	Shot Put	14.44	Willie Tyrell	St. Benedict's A.C.	1990
U20 Men	Triple Jump	14.5	Eoin Kelly	St.Abban's A.C.	2005
U20 Men	Weight for Distance 35lb	7.1	Cól Ó Muirí	Fr. Murphy A.C.	2023
U20 Men	Weight for Height 35lb	4.30	Conor Geraghty	Lusk A.C.	2024
U20 Women	100m Hurdles	14.23	Okwu Backari	Guest (Leevale A.C.)	2022
U20 Women	100m Hurdles	14.53	Elizabeth Morland	Cushinstown A.C.	2013
U20 Women	400m Hurdles	63.13	Nessa Millet	St.Abban's A.C.	2011
U20 Women	100m Sprint	11.75	Catherine McManus	Celtic D.C.U A.C.	2011
U20 Women	200m Sprint	24.52	Lauren Ryan	Guest (Dooneen A.C.)	2015
U20 Women	200m Sprint	24.57	Elizabeth Morland	Cushinstown A.C.	2016
U20 Women	400m Sprint	55.46	Niamh Murray	Bray Runners A.C.	2022
U20 Women	800m	2.15.39	Laura Whitelaw	Mullingar Harriers A.C.	2016
U20 Women	1500m	4.41.86	Anna Watson	Bray Runners A.C.	2022
U20 Women	1500m Steeplechase	6.25.49	Una Britton	Slí Cualann A.C.	2006
U20 Women	2000m Steeplechase	7.12.70	Fionnuala Britton	Slí Cualann A.C.	2002
U20 Women	3000m Steeplechase	10.55.86	Tara Jameson	Slí Cualann A.C.	2008
U20 Women	3000m Distance	10.07.61	Heather Murphy	St.Michael's A.C.	2023
U20 Women	3000m Walk	13:53.9	Niamh O'Connor	Celbridge A.C.	2019
U20 Women	5000m Walk	27.40.0H	Marie Walsh	Shelbourne A.C.	1986
U20 Women	4x100m Relay	47.48		St. Joseph's A.C.	2012
U20 Women	4x400m Relay	4.03.2		Ratoath A.C.	2022
U20 Women	Discus	45.71	Anna Gavigan	LSA	2023



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U20 Women	Hammer	54.09	Aoife Hickey	Kilkenny City Harriers A.C.	2009
U20 Women	High Jump	1.75	Tara O'Connor	Dundalk St. Gerard's A.C.	2023
U20 Women	Javelin	40.42	Grace Casey	Eire Og Corra Choill A.C.	2016
U20 Women	Long Jump	5.77	Sarah McCarthy	Fingallians A.C.	2011
U20 Women	Pole Vault	3.1	Kara Morrissey	St. L. O'Toole A.C.	2024
U20 Women	Pole Vault	3.3	Una Brice	Guest (Leevale A.C.)	2021
U20 Women	Shot Put	13.34	Laura Cogan	Newbridge A.C.	2006
U20 Women	Triple Jump	11.69	Sophie Byrne	Crookstown Millview A.C.	2023
U20 Women	Weight for Distance 20lb	6.98	Laura Murphy	Fr. Murphy A.C.	2023
U20 Women	Weight for Distance 28lb	6.35	Eadaoin Coady	St.Abban's A.C.	2022
U20 Women	Weight for Height 28lb	3.20	Leanne Patterson	Brow Rangers A.C.	2024
U23 Men	110m Hurdles	14.9H	Sean Cahill	Cushinstown A.C.	1988
U23 Men	400m Hurdles	54.2H	Colin Byrne	St.Abban's A.C.	1999
U23 Men	100m Sprint	10.5H	Paul Walsh	Donore Harriers A.C.	1988
U23 Men	200m Sprint	21.52	Rob Daly	Dundrum South Dublin A.C.	2000
U23 Men	400m Sprint	49.9H	Stephen Newman	Ashbourne A.C.	1989
U23 Men	800m	1.53.83	Brian Kelly	St.Abban's A.C.	2011
U23 Men	1500m	3.59.5H	Niall Murphy	Kildare A.C.	1988
U23 Men	3000m Steeplechase	9.14.30	Gareth Coughlan	Fr. Murphy A.C.	2002
U23 Men	5000m Distance	15.19.5H	Thomas McGrath	Mullingar Harriers A.C.	1987
U23 Men	5000m Walk	21.10.0H	Pierce O'Callaghan	U.C.D. A.C.	1996
U23 Men	4x400m Relay	3.24.60		Clonliffe Harriers A.C.	1990
U23 Men	4x100m Relay	44.6		Tullamore Harriers A.C.	1988
U23 Men	Discus	47.78	John Menton	Donore Harriers A.C.	1991
U23 Men	Hammer	58.38	Padraic White	U.C.D. A.C.	2006
U23 Men	High Jump	1.93	Seamus Cahill	Cushinstown A.C.	1987
U23 Men	Javelin	65.4	Joe Diskin	Slí Cualann A.C.	2003
U23 Men	Long Jump	6.88	Thomas Nolan	Newbridge A.C.	1989
U23 Men	Pole Vault	4.6	Ian Rogers	Clonliffe Harriers A.C.	2010
U23 Men	Shot Put	13.88	Keith Gilligan	North Laois A.C.	2003
U23 Men	Triple Jump	14.28	Eoin Kelly	St.Abban's A.C.	2009
U23 Men	Weight for Distance 35lb	9.8	Adrian O'Dwyer	Kilkenny City Harriers A.C.	2003
U23 Women	Weight for Distance 28lb	7.25	Kiana Nolan	St. L. O'Toole A.C.	2023
U23 Women	100m hurdles	15.29	Sandra Lawler	Celbridge A.C.	2010
U23 Women	400m hurdles	62.3H	Paula Carthy	Clondalkin A.C.	1987
U23 Women	100m Sprint	11.91	Steffi Creaner	Celtic D.C.U A.C.	2011
U23 Women	200m Sprint	24.0H	Marisa Smyth	Boyne A.C.	1990
U23 Women	400m Sprint	58.18	Ciara McCallion	Clonliffe Harriers A.C.	2008
U23 Women	800m	2.13.4H	Catriona O'Brien	Rathfarnham W.S.A.F. A.C.	1995
U23 Women	1500m	4.33.67	Rachael Smith	St. Coca's A.C.	2014
U23 Women	3000m Distance	9.49.00	Fionnuala Britton	Slí Cualann A.C.	2004
U23 Women	3000m Walk	13.55.00	Marie Walsh	Shelbourne A.C.	1989
U23 Women	4x400m Relay	4.08.50		Mullingar Harriers A.C.	1990
U23 Women	4x100m Relay	52		Rathfarnham W.S.A.F./Ajax A.C.	1989
U23 Women	Discus	44.84	Eileen O'Keeffe	Kilkenny City Harriers A.C.	2002
U23 Women	Hammer	59.88	Eileen O'Keeffe	Kilkenny City Harriers A.C.	2002
U23 Women	High Jump	1.69	Fiona Kavanagh	St. L. O'Toole A.C.	1991
U23 Women	Javelin	40.64	Anita White	Dublin Striders A.C	2004
U23 Women	Long Jump	5.65	Leona Byrne	St. L. O'Toole A.C.	2007
U23 Women	Shot Put	12.72	B. Wall	Cushinstown A.C.	1986
U23 Women	Triple Jump	11.03	Jenny Reilly	Na Fianna A.C.	2008

Up to date as of July 2024

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