



Leinster Outdoor T+F Championship Best Performances 1984-2025

Athletics Leinster

AGE	Event	CBP	Name	Club	Year
U12 Boys	4X100m Relay	55.3		Ballyskenach A.C	2001
	600m	1.42.78	Conor Liston	Mullingar Harriers A.C.	2018
	60m Hurdles	10.32	Declan Osagie	Edenderry A.C.	2017
	60m Sprint	8.24	Torir Adegoke	St. L. O'Toole A.C.	2012
	High Jump	1.43	Terence O'Neill	Kilcoole A.C.	2002
	Long Jump	4.65	Michael Carroll	D.M.P A.C.	2011
	Shot Put	10.33	Jonathan Cummins	Ardee & District A.C.	2012
	Turbo Javelin	36.05	Aaron Fennell	Boyne A.C.	2017
U13 Boys	1200m Walk	6.06.46	Gareth Glennon	Mullingar Harriers A.C.	2024
	4X100m Relay	53.55		Kilkenny City Harriers A.C.	2023
	600m	1.37.34	Shane Fitzsimons	Mullingar Harriers A.C.	2007
	60m Hurdles	9.64	Luke Morris	Newbridge A.C.	2011
	80m Sprint	10.06	Eoin Hannon	Ballyskenach A.C	2001
	High Jump	1.54	Cian McBride	Bohermeen A.C.	2013
	Javelin	42.36	Karlis Kaugars	Dunleer A.C.	2017
	Long Jump	5.11	David McDonald	Menapians A.C.	2011
	Pole Vault		No Record		
	Shot Put	12.45	Rory Nolan	Shillelagh A.C.	1997
U14 Boys	1500m	4.26.98	Shane Fitzsimons	Mullingar Harriers A.C.	2008
	2000m Walk	11.00.56	Cormac Byrne	Bree A.C.	2009
	200m Sprint	24.25	Matthew Buckley	Ratoath A.C.	2015
	300m Sprint	42.13	Jack Gilmartin	Celbridge A.C.	2022
	4x100m Relay	52.24		St. Joseph's A.C.	2014
	75m Hurdles	11.57	Tomas McGrath	St. Andrew's A.C.	2024
	800m	2:07.18	Robert Gleeson	Newbridge A.C.	2023
	80m Sprint	9.72	Calvin McCourt	Dundalk St. Gerard's A.C.	2025
	80m Sprint	9.72	Matthew Buckley	Ratoath A.C.	2015
	Discus	40.88	Jack Barrett	Dunboyne A.C.	2025
	Hammer	50.9	Paddy McGovern	Fr. Murphy A.C.	2025
	High Jump	1.69	Tomas McGrath	St. Andrew's A.C.	2024
	Javelin	44.65	Karlis Kaugars	Dunleer A.C.	2018
	Long Jump	5.62	David McDonald	Menapians A.C.	2012
	Pole Vault		No Record		
	Shot Put	14.74	Karlis Kaugars	Dunleer A.C.	2018
	Triple Jump	10.55	Adam Brennan	Dom Savio	1994
U15 Boys	80m Hurdles	12.0H	Paul Murphy	Kilmore A.C.	1999
	100m Sprint	11.64	Theo de Bonis	Ratoath A.C.	2024
	100m Sprint	11.64	Mathew Buckley	Ratoath A.C.	2016
	1500m	4.13.44	Shane Fitzsimons	Mullingar Harriers A.C.	2009
	2000m Walk	10.09.50	Oisin Lane	Mullingar Harriers A.C.	2016
	200m Sprint	23.76	David McDonald	Menapians A.C.	2013
	250m Hurdles	35.48	Kyle Byrne-Ward	Newbridge A.C.	2024
	300m Sprint	39.45	Daire CASEY POWER	St. Senan's A.C.	2022
	4x100m Relay	48.28		Crookstown Millview A.C.	2025
	800m	2.01.29	Shane Fitzsimons	Mullingar Harriers A.C.	2009
	Discus	55.03	Cian Crampton	Edenderry A.C.	2021
	Hammer	55.15	Robert Higgins	Na Fianna A.C.	2016
	High Jump	1.76	Philip Denver	Newbridge A.C.	1984
	Javelin	53.17	Tadhg O'Muircheartaigh	Dunboyne A.C.	2017
	Long Jump	6.07	David McDonald	Menapians A.C.	2013
	Pole Vault	3.2	Jamie Hyland	St. L. O'Toole A.C.	2022
	Shot Put	16.09	Cian Crampton	Edenderry A.C.	2021
	Triple Jump	12.32	Matt David Druro	Kilmore A.C.	2025
U16 Boys	100m Hurdles	14.07	Agomide Oke	St. L. O'Toole A.C.	2015
	100m Sprint	11.2H	Padraic Lewis	North Laois A.C.	1990
	1500m	4.11.9H	James Nolan	Ferbane A.C.	1992
	200m Sprint	22.63	Matias Quaglia	Kilkenny City Harriers A.C.	2024
	250m Hurdles	33.5H	Mark Kennedy	Raheen A.C.	1998
	3000m Distance	9.07.92	Ethan Bramhill	Greystones & District A.C.	2025
	3000m Walk	12.14.36	Michael Ryan	St. Joseph's A.C.	2001
	400m Sprint	50.99	Daniel Downey	Portlaoise A.C.	2024
	4x100m Relay	46.57		Kilkenny City Harriers A.C.	2012
	800m	1.55.4H	James Nolan	Ferbane A.C.	1992
	Discus	58.11	Cian Crampton	Edenderry A.C.	2022
	Hammer	58.1	John Thompson	Tullamore Harriers A.C.	1992
	High Jump	1.9	Michael Kent	D.M.P A.C.	2022
	Javelin	52.6	Tadhg O'Muircheartaigh	Dunboyne A.C.	2018
	Long Jump	6.44	David McDonald	Menapians A.C.	2014
	Pole Vault	3.4	Matthew Callinan Keenan	St. L. O'Toole A.C.	2015
	Shot Put	15.53	Cian Crampton	Edenderry A.C.	2022
	Triple Jump	12.42	Jack Forde	St. Killians A.C	2018



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AGE	Event	CBP	Name	Club	Year
U17 Boys	100m Hurdles	13.8H	John Whelan	St. Andrew's A.C.	1991
	100m Sprint	10.9H	Kevin Cogley	D.M.P A.C.	1992
	110m Hurdles	15.67	Peter Bellew	Cushinstown A.C.	2024
	1500m	4.01.0H	Nigel Brunton	Bray Striders A.C.	1988
	1500m Steeplechase	4.43.5H	Liam Walsh	Bagenalstown A.C.	1985
	2000m Steeplechase (0.914m)	6.51.50	Jack Tyas	Mullingar Harriers A.C.	2015
	2000m Steeplechase (0.838m)	6:39.03	Finn Craig	St. Michael's AC	2023
	200m Sprint	22.22	Matias Quaglia	Kilkenny City Harriers A.C.	2025
	3000m Distance	8.51.67	Jack Fenlon	St. Abban's A.C.	2021
	3000m Walk	13.18.44	Oisín Lane	Mullingar Harriers A.C.	2018
	300m Hurdles	39.29	Colin Nolan	Enniscorthy Juvenile A.C.	2011
	400m Sprint	50.54	John Fitzsimons	Kildare A.C.	2014
	4x100m Relay	43.91		Ratoath A.C.	2025
	4x400m Relay	3.37.55		St. L. O'Toole A.C.	2012
	800m	1.55.78	Neil Culhane	Ace A.C.	2021
	Discus	50.3	Eoin Sheridan	N. Westmeath A.C.	2013
	Hammer	54.36	Patrick McCabe	Dunboyne A.C.	2004
	High Jump	2	Ryan Carthy Walshe	Adamstown A.C.	2015
	Javelin	58.19	Tadhg O'Muircheartaigh	Dunboyne A.C.	2019
	Long Jump	6.7	Michael Kent	D.M.P A.C.	2023
	Pole Vault	4.42	Jamie Hyland	St. L. O'Toole A.C.	2024
	Shot Put	15.67	Oliver Jageur	Naas A.C.	2011
	Triple Jump	13.29	John Walker	Kilmore A.C.	1999
U18 Boys	100m Sprint	10.52	Paul Gill	Carbury A.C.	2002
	110m Hurdles	14.55	Alex Clarkin	Donore Harriers A.C.	2016
	1500m	4.01.5H	Andrew Walker	Newbridge A.C.	1994
	2000m Steeplechase	6.17.42	Tomas Cotter	Dunleer A.C.	2007
	2000m Steeplechase (0.838m)	6.16.55	Jacob Ciomek	Guest (Lucan Harriers A.C.)	2025
	2000m Steeplechase (0.838m)	6.27.96	Jack Garvey	Dunleer A.C.	2025
	200m Sprint	21.74	Dean Power	Tullamore Harriers A.C.	2013
	3000m Distance	8.35.45	Lorcan Forde-Dunne	Ace A.C.	2025
	3000m Steeplechase (0.914m)	10.22.02	Philip King	Tullamore Harriers A.C.	2018
	3000m Steeplechase (0.838m)	10:21.35	Colm O'Neill	Greystones & District A.C.	2023
	400m Hurdles	54.44	Jack Mitchell	Na Fianna A.C.	2017
	400m Sprint	49.45	Harry Purcell	Trim A.C.	2013
	4x100m Relay	45.00		St. L. O'Toole A.C.	2012
	4x400m Relay	3.35.07		Celbridge A.C.	2024
	5000m Walk	0.0156113	Oisín Lane	Mullingar Harriers A.C.	2019
	800m	1.55.1H	James Nolan	Ferbane A.C.	1994
	Discus	55.4	Eoin Sheridan	N. Westmeath A.C.	2014
	Hammer	62.62	Padraig White	Dunboyne A.C.	2003
	High Jump	2.12	Donagh Mahon	Gowran A.C.	2014
	Javelin	64.41	Stephen Rice	Greystones & District A.C.	2013
	Long Jump	6.78	Derek O'Brien	St. L. O'Toole A.C.	1997
	Pole Vault	4.21	Adam Nolan	St. L. O'Toole A.C.	2021
	Shot Put	16.4	Anu Awonusi	St. L. O'Toole A.C.	2014
	Triple Jump	13.59	Jordan Hoang	Tullamore Harriers A.C.	2015
U19 Boys	100m Sprint	10.76	Dannan Long	Enniscorthy A.C.	2023
	110m Hurdles	14.8	Gavin Witter	Ratoath A.C.	2025
	1500m	3.54.8H	Andrew Walker	Newbridge A.C.	1995
	2000m Steeplechase	6.19.02	Brian Kirwan	St. L. O'Toole A.C.	2003
	200m Sprint	22.07	Jack Manning	Kilkenny City Harriers A.C.	2016
	3000m Distance	8.50.08	Jamie Wallace	Mullingar Harriers A.C.	2025
	3000m Steeplechase	9:51.55	Luke Duffy	Tullamore Harriers A.C.	2023
	400m Hurdles	54.26	Daniel Downey	Guest (Portlaoise A.C.)	2025
	400m Hurdles	54.8H	Ian Monaghan	Celbridge A.C.	1999
	400m Sprint	50.08	Jed Walshe	Ratoath A.C.	2021
	4X100m Relay	44.35		Ratoath A.C.	2023
	4x400m Relay	3:33.84		Ratoath A.C.	2022
	5000m Walk	22:34.42	Andrew Glennon	Mullingar Harriers A.C.	2023
	800m	1.53.13	Aaron Shorten	St. L. O'Toole A.C.	2021
	Discus	55.56	Marco Pons	D.M.P A.C.	2011
	Hammer	61.92	John Thompson	Tullamore Harriers A.C.	1995
	High Jump	2	Adrian O'Dwyer	Kilkenny City Harriers A.C.	2001
	Javelin	55.87	David Kelly	Kilcoole A.C.	1999
	Long Jump	7.02	Eoin Hannon	Tullamore Harriers A.C.	2007
	Pole Vault	3.62	Lee Prendergast	St. L. O'Toole A.C.	2024
	Shot Put	17.04	Theo Hanlon	Suncroft A.C.	2025
	Triple Jump	13.53	Conor Daly	St. Abban's A.C.	2012
U18 Men	Decathlon	4107	James Kelsey	Gowran A.C.	2025



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AGE	Event	CBP	Name	Club	Year
U20 Men	110m Hurdles	13.89	Adam Nolan	St. L. O'Toole A.C.	2023
	100m Sprint	10.63	Osamudiamen Jesse Osas	Ratoath A.C.	2025
	1500m	3.55.2H	Andrew Walker	Newbridge A.C.	1995
	2000m Steeplechase	6.17.0H	Liam Walsh	Bagenalstown A.C.	1987
	200m Sprint	21.59	Donal Martin	Blackrock (Dublin) A.C.	2024
	3000m Distance	8.41.6H	David Burke	Mullingar Harriers A.C.	1987
	3000m Steeplechase	9:13.77	Billy Coogan	Kilkenny City Harriers A.C.	2023
	3000m Walk	13.55.07	Andrew Carroll	Celbridge A.C.	2017
	400m Hurdles	53.28	Des O'Neill	Raheny Shamrock A.C.	2025
	400m Sprint	48.99	Fergus Hannon	Tullamore Harriers A.C.	2009
	4x100m Relay	44.34		Donore Harriers A.C.	2016
	4x100m Relay	40.99		Guest (Irish Team)	2013
	4x400m Relay	3.31.12		Ratoath A.C.	2021
	5000m Distance	16.08.76	Jason O'Byrne	Slí Cualann A.C.	2007
	5000m Walk	16.46.96	Sean Walsh	Guest (Adamstown A.C.)	2025
	5000m Walk	21.32.22	Andrew Glennon	Mullingar Harriers A.C.	2024
	800m	1.56.51	Michael Dowling	Slí Cualann A.C.	2010
	Discus	53.64	Cian Crampton	Edenderry A.C.	2025
	Hammer	67.68	James McCabe	Dunboyne A.C.	2012
	Heavy Hammer		No Record		
	High Jump	2.11	Donagh Mahon	Gowran A.C.	2014
	Javelin	60.8	Oisín Joyce	Guest (Lake District A.C.)	2022
	Javelin	55.02	Joe Diskin	Kilcoole A.C.	2001
	Long Jump	7	Michael Kent	D.M.P A.C.	2023
	Pole Vault	4.5	Michael Kent	D.M.P A.C.	2025
	Shot Put	17.38	Theo Hanlon	Suncroft A.C.	2025
	Triple Jump	14.5	Eoin Kelly	St. Abban's A.C.	2005
	Weight for Distance 35lb	7.1	Cól Ó Muirí	Fr. Murphy A.C.	2023
	Weight for Height 35lb	4.3	Conor Geraghty	Lusk A.C.	2024
U23 Men	100m Sprint	10.5	Sean Aigboboh	Tallaght A.C.	2025
Senior Men	110m Hurdles	14.04	Adam Nolan	St. L. O'Toole A.C.	2025
	100m Sprint	10.6H	Peter Lyons	Drogheda & District A.C.	1993
	100m Sprint	10.48	Mark Smyth	Raheny Shamrock A.C.	2021
	1500m	3.51.2H	M. Flynn	Tullamore Harriers A.C.	1985
	200m Sprint	21.29	Marcus Lawler	Clonliffe Harriers A.C.	2025
	3000m Steeplechase	8.54.3H	Ben Brady	Raheny Shamrock A.C.	1992
	400m Hurdles	53.1H	C. McDunphy	Raheny Shamrock A.C.	1985
	400m Sprint	47.62	Gordon Kennedy	Tullamore Harriers A.C.	2007
	400m Sprint	47.43	David Ryan	Guest (Moycarkey Coolcree A.C.)	2025
	4x100m Relay	43.24		Tullamore Harriers A.C.	2022
	4x400m Relay	3.32.1H		Tullamore Harriers A.C.	1986
	5000m Distance	14.07.9H	E. Toomey	Clonliffe Harriers A.C.	1985
	5000m Walk	20.04.29	Colin Griffen	Guest (Ballinamore A.C.)	2008
	5000m Walk	20.04.3H	Michael Lane	Mullingar Harriers A.C.	1990
	800m	01:50.4	Eoin Quinn	Mullingar Harriers A.C.	2021
	Decathlon	5347	Taiwo Adereni	Guest (Waterford A.C.)	2025
	Discus	53.38	Eoin Leen	Guest (Tralee Harriers A.C.)	2007
	Discus	52.03	Eoin Sheridan	Clonliffe Harriers A.C.	2025
	Hammer	69.04	Garry Halpin	Kilkenny City Harriers A.C.	1989
	Heavy Hammer	14.29	Robert Higgins	Na Fianna A.C.	2025
	Heavy Hammer	15.52	John O'Dwyer	Guest (Templemore A.C.)	2025
	High Jump	2.05	Ciaran Connolly	Le Cheile A.C.	2021
	High Jump	2.1	David Cussen	Guest (Old Abbey)	2022
	Javelin	65.56	Louis Wildenleven	North Laois A.C.	2001
	Javelin	73.16	Conor Cusack	Guest (Lake District A.C.)	2025
	Long Jump	7.2	Eoin Hannon	Tullamore Harriers A.C.	2010
	Long Jump	7.57	Shane Howard	Guest (Bandon A.C.)	2023
	Pole Vault	4.56	Shane Power	St. Joseph's A.C.	2021
	Pole Vault	4.85	Conor Callinan	Guest (Leevale A.C.)	2025
	Shot Put	18.8	Victor Costello	Dundrum South Dublin A.C.	1992
	Triple Jump	14.95	Eoin Kelly	St. Abban's A.C.	2009
	Weight for Distance 56lb	8.36	Paul Crowe	Menapians A.C.	2005
	Weight for Height 56lb	3.50	Stephen Fee	Lusk A.C.	2024
Master Men	4x400m Relay	4.22.82		St. L. O'Toole A.C.	2023



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AGE	Event	CBP	Name	Club	Year
Master Men O35	100m Sprint	11.67	Stuart McQuade	Tallaght A.C.	2014
	110m Hurdles	16.97	Patrick Curran	Tallaght A.C.	2012
	1500m	4.09.67	John Fenlon	St. Abban's A.C.	2017
	200m Sprint	24.28	Peter Doherty	Ratoath A.C.	2013
	200m Sprint	24.28	Peter Lyons	Kilkenny City Harriers A.C.	2010
	200m Sprint	23.77	Jer O'Donoghue	Guest (An Ríocht A.C.)	2018
	3000m Steeplechase	14.47.64	Matthew Ryan	Gowran A.C.	2025
	400m Hurdles	60.8	Jonathan McCabe	Drogheda & District A.C.	2010
	400m Sprint	54.49	Paul Broderick	St. L. O'Toole A.C.	2022
	400m Sprint	54.49	Simon Everard	Crusaders A.C.	2016
	5000m Distance	15.15.60	Noel Kelly	Mullingar Harriers A.C.	2008
	5000m Walk		No Record		
	800m	2.02.14	Fintan Reilly	Dunleer A.C.	2010
	Discus	44.19	Ger Nagle	Star of the Sea A.C.	2009
	Hammer	53.26	Padraig White	Dundrum South Dublin A.C.	2021
	Heavy Hammer	7.43	Joseph Mulligan	Tullamore Harriers A.C.	2025
	High Jump	1.75	Francois Kulik	Slí Cualann A.C.	2019
	Javelin	62.71	Rory Gunning	Clonliffe Harriers A.C.	2019
	Long Jump	5.85	Antonio Andujar	Clonliffe Harriers A.C.	2015
	Pole Vault	4.6	David Donegan	Clonliffe Harriers A.C.	2016
	Shot Put	13.54	Ger Nagle	Star of the Sea A.C.	2010
	Triple Jump	13.15	Antonio Andujar	Clonliffe Harriers A.C.	2015
	Weight for Distance 56lb	6.7	Barry Delaney	Star of the Sea A.C.	2010
	Weight for Height 56lb	2.8	Joseph Mulligan	Tullamore Harriers A.C.	2025
Master Men O40	100m Sprint	11.63	Ger Hensey	Tullamore Harriers A.C.	2010
	100m Sprint	11.53	Glen Scullion	Guest (Mid Ulster A.C.)	2019
	110m Hurdles	15.48	Garret Nolan	Lusk A.C.	2021
	1500m	4.08.4H	George Maybury	Civil Service A.C.	1994
	200m Sprint	23.88	Ger Hensey	Tullamore Harriers A.C.	2010
	3000m Distance	9.02.1H	Eugene Coppinger	Civil Service A.C.	1999
	3000m Steeplechase	11.53.17	Richie Faulkner	Tullamore Harriers A.C.	2014
	3000m Walk	14.00.4H	P.J. Brennan	St. L. O'Toole A.C.	1994
	400m Hurdles	59.82	Stephen Flavin	Slí Cualann A.C.	2008
	400m Sprint	52.52	B. Doherty	St. Joseph's A.C.	2000
	5000m Distance	15.35.84	Colm Burke	St. Abban's A.C.	2009
	5000m Walk	25:23.98	David Kidd	St. L. O'Toole A.C.	2023
	800m	2.05.35	Garry Mulligan	North East Runners A.C.	2024
	Discus	36.91	Phil Conway	Tullamore Harriers A.C.	2000
	Hammer	40.31	Paddy Hanily	Fr. Murphy A.C.	2005
	Heavy Hammer	10.06	Kieran Kelly	Brow Rangers A.C.	2025
	High Jump	1.7	Raymond Swan	Newbridge A.C.	2017
	High Jump	1.7	Werner Olivier	St. Coca's A.C.	2017
	Javelin	52.1	Denis Delaney	Clonliffe Harriers A.C.	2008
	Long Jump	5.86	George Wyatt	Dundrum South Dublin A.C.	2008
	Pole Vault	4	David Donegan	Clonliffe Harriers A.C.	2021
	Shot Put	12.82	Kieron Stout	Celbridge A.C.	2009
	Triple Jump	11.06	George Wyatt	Dundrum South Dublin A.C.	2010
	Triple Jump	11.17	Michael McDonald	Guest (Ballymena & Antrim A.C.)	2010
	Weight for Distance 56lb	8.01	Seamus Fitzpatrick	North Laois A.C.	2004
	Weight for Height 56lb	3.8	Sean Maher	Brow Rangers A.C.	2025
Master Men O45	100m Sprint	11.72	David Hayde	St. L. O'Toole A.C.	2014
	110m Hurdles	20.21	Kevin Byrne	Dundrum South Dublin A.C.	2017
	1500m	4:19:93	David Kirwin	Raheny Shamrock A.C.	2023
	200m Sprint	24.29	David Hayde	St. L. O'Toole A.C.	2014
	3000m Steeplechase	11.41.54	Graham Bourne	Kilkenny City Harriers A.C.	2025
	3000m Walk	15.34.91	John Joe Lawlor	St. Joseph's A.C.	2014
	400m Hurdles	70.24	Ronan Gatley	Dundrum South Dublin A.C.	2018
	400m Sprint	55.12	Ken Deavy	Kilkenny City Harriers A.C.	2005
	400m Sprint	54.08	Jim Phelan	Guest (Galway City Harriers A.C.)	2023
	5000m Distance	15.34.96	Alexander Wallace	St. Coca's A.C.	2025
	800m	2.05.86	Anthony O'Rourke	Lakeshore Striders A.C.	2024
	Discus	38.25	Dave Sweeney	Slí Cualann A.C.	2009
	Hammer	45.54	Michéal Grace	Dunboyne A.C.	2025
	Heavy Hammer	13.58	Michéal Grace	Dunboyne A.C.	2025
	High Jump	1.6	Ray Swan	Newbridge A.C.	2022
	High Jump	1.6	Kevin Byrne	Dundrum South Dublin A.C.	2019
	Javelin	49.75	Andreas Purrmann	Guest (Leevale A.C.)	2017
	Javelin	46.65	Denis Delaney	Dunboyne A.C.	2013
	Long Jump	5.75	Kevin Byrne	Dundrum South Dublin A.C.	2018
	Pole Vault	3.2	Kevin Byrne	Dundrum South Dublin A.C.	2018
	Shot Put	12.18	Babu Matthew	Tullamore Harriers A.C.	2009



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Master Men O45	Triple Jump	9.29	Ciaran Tobin	Trim A.C.	2008
	Weight for Distance 56lb	7.91	Seamus Fitzpatrick	North Laois A.C.	2011
	Weight for Height 56lb	3.4	Colm O'Donnchadha	Lusk A.C.	2025
Master Men O50	100m Sprint	11.75	David Hayde	St. L. O'Toole A.C.	2019
	110m Hurdles	17.21	Kevin Byrne	Dundrum South Dublin A.C.	2024
	1500m	4.18.44	Jim Stafford	Slaney Olympic A.C.	2000
	200m Sprint	24.17	David Hayde	St. L. O'Toole A.C.	2019
	3000m Steeplechase	11.54.46	David Dunwoody	Clonliffe Harriers A.C.	2024
	3000m Walk	15.50.16	John Joe Lawlor	St. Joseph's A.C.	2016
	3000m Walk	14.40.39	Patrick Murphy	Guest (Castleisland A.C.)	2015
	400m Hurdles	73.1	John Barron	King's River A.C.	2024
	400m Sprint	54.85	Jim Phelan	Guest (Galway City Harriers A.C.)	2025
	400m Sprint	56.75	Tom Gallagher	Naas A.C.	2015
	5000m Distance	16:23.44	Declan Toal	North East Runners A.C.	2022
	800m	2.08.64	Lea Fulcher	Plant-Based A.C.	2024
	Discus	36.65	Joe Kelly	Brow Rangers A.C.	2019
	Hammer	41.46	Paddy Hanily	Fr. Murphy A.C.	2006
	Heavy Hammer	12.01	Francis Gleeson	Guest (Templemore A.C.)	2025
	High Jump	1.65	Werner Olivier	St. Coca's A.C.	2024
	Javelin	45.4	Denis Delany	Dunboyne A.C.	2019
	Long Jump	5.71	Patrick Mahon	Gowran A.C.	2010
	Pole Vault	3	Kevin Byrne	Dundrum South Dublin A.C.	2022
	Shot Put	12.58	Will Hunt-Tyrell	Croghan A.C.	2023
	Triple Jump	9.19	John Barron	King's River A.C.	2022
	Weight for Distance 35lb	10.2	Seamus Fitzpatrick	Portlaoise A.C.	2016
	Weight for Height 35lb		No Record		2025
Master Men O55	100m Sprint	11.82	David Hayde	St. L. O'Toole A.C.	2024
	110m Hurdles	19.25	Mark Woodger	Metro/St. Bridget's A.C.	2024
	1500m	4.36.54	Patrick Malone	Newbridge A.C.	2022
	200m Sprint	25.05	David Hayde	St. L. O'Toole A.C.	2024
	3000m Walk	15.06.00	Bobby King	Dunboyne A.C.	2005
	3000m Walk	14.58.40	Patrick Murphy	Guest (Castleisland A.C.)	2016
	400m Hurdles	78.71	Ronan Gately	Dundrum South Dublin A.C.	2024
	400m Sprint	60.94	Shane Sheridan	Dundrum South Dublin A.C.	2015
	5000m Distance	17.19.00	Martin McDonald	Ballyroan Abbeylex & District AC	2014
	800m	2.11.97	Michael Counsel	Trim A.C.	2024
	Discus	34.45	Seamus Fitzpatrick	Portlaoise A.C.	2019
	Hammer	38.25	Paddy Hanily	Fr. Murphy A.C.	2008
	Heavy Hammer	11.85	Joe Kelly	Brow Rangers A.C.	2025
	High Jump	1.50	Andrej Dmitrenko	Ratoath A.C.	2025
	High Jump	1.55	Tom O'Brien	Guest (Waterford A.C.)	2025
	Javelin	40.34	Denis Delaney	Dunboyne A.C.	2022
	Long Jump	5.22	George Wyatt	Dundrum South Dublin A.C.	2023
	Pole Vault	3.4	Andrej Dmitrenko	Clonliffe Harriers A.C.	2025
	Shot Put	11.38	Seamus Fitzpatrick	Portlaoise A.C.	2019
	Triple Jump	10.60	George Wyatt	Dundrum South Dublin A.C.	2022
	Weight for Distance 35lb	9.41	Seamus Fitzpatrick	Portlaoise A.C.	2019
	Weight for Height 35lb	4.00	Joe Kelly	Brow Rangers A.C.	2025
Master Men O60	100m Sprint	12.65	Shane Sheridan	Dundrum South Dublin A.C.	2019
	110m Hurdles	19.97	Niall Kelly	Guest (Nenagh Olympic A.C.)	2022
	110m Hurdles	21.72	Earl Taylor	Dunleer A.C.	2010
	1500m	4.55.92	Pat Timmons	Raheny Shamrock A.C.	2010
	200m Sprint	26.48	Shane Sheridan	Dundrum South Dublin A.C.	2019
	3000m Walk	14.45.98	Bobby King	Dunboyne A.C.	2007
	300m Hurdles	59.17	Mick Priest	Fr. Murphy A.C.	2014
	400m Sprint	61.7	Gerry O'Connor	Drogheda & District A.C.	2025
	5000m Distance	17.57.93	Phelim Glynn	Dunboyne A.C.	2025
	800m	2.27.71	Phelim Glynn	Dunboyne A.C.	2025
	Discus	39.46	Phillip Conway	Crusaders A.C.	2010
	Hammer	43.39	Paddy Hanily	Fr. Murphy A.C.	2016
	Heavy Hammer	12.21	John Territt	St. Abban's A.C.	2025
	High Jump	1.4	Peadar McGing	Dundrum South Dublin A.C.	2016
	Javelin	33.68	John Territt	St. Abban's A.C.	2023
	Long Jump	4.24	Willie O'Toole	St. L. O'Toole A.C.	2015
	Pole Vault	1.8	John Wallace	Ratoath A.C.	2025
	Shot Put	11.78	Tom Power	Bagenalstown A.C.	2006
	Triple Jump	9.38	Peadar McGing	Dundrum South Dublin A.C.	2018
	Weight for Distance 35lb	8.8	Paddy Hanily	Fr. Murphy A.C.	2016
	Weight for Height 35lb	4.40	Seamus Fitzpatrick	Portlaoise A.C.	2025



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AGE	Event	CBP	Name	Club	Year
Master Men O65	100m Hurdles	21.72	Peadar McGing	Dundrum South Dublin A.C.	2024
	100m Sprint	13.02	Shane Sheridan	Dundrum South Dublin A.C.	2024
	100m Sprint	13.87	Patrick Forbes	Guest (Mid Ulster A.C.)	2010
	1500m	5:28.33	Martin McDonald	Ballyroan Abbeyleix & District AC	2024
	200m Sprint	27.39	Shane Sheridan	Dundrum South Dublin A.C.	2024
	200m Sprint	29.03	Patrick Forbes	Guest (Mid Ulster A.C.)	2010
	3000m Distance	11:31.92	Martin McDonald	Ballyroan Abbeyleix & District AC	2024
	3000m Walk	14:37.80	Bobby King	St. Coca's A.C.	2011
	300m Hurdles	57.55	Peadar McGing	Dundrum South Dublin A.C.	2024
	400m Sprint	69.04	Patrick Timmons	Raheny Shamrock A.C.	2015
	5000m Distance	22:03.54	Sean McMullin	Mullingar Harriers A.C.	2012
	800m	2:45.14	Jim McEvoy	Lourdes A.C.	2006
	800m	2.21.17	David Clarke	Guest (North Belfast A.C.)	2025
	Discus	34.56	Larry O'Grady	Guest (Mourneabbey Milers A.C.)	2025
	Discus	32.03	Murty Kelly	Brow Rangers A.C.	2013
	Hammer	44.75	Patsy Conboy	Brothers Pearse A.C.	2006
	Heavy Hammer	12.49	Larry O'Grady	Guest (Mourneabbey Milers A.C.)	2025
	Heavy Hammer	6.85	Michael McCaffrey	Ratoath A.C.	2025
	High Jump	1.37	Mick Priest	Fr. Murphy A.C.	2016
	Javelin	30.28	Willie O'Toole	St. L. O'Toole A.C.	2019
	Long Jump	4.22	Willie O'Toole	St. L. O'Toole A.C.	2016
	Shot Put	10.36	Willie O'Toole	St. L. O'Toole A.C.	2019
	Triple Jump	7.78	Michael McCaffrey	Ratoath A.C.	2025
	Weight for Distance 35lb	8.07	Paddy Hanily	Fr. Murphy A.C.	2019
	Weight for Height 35lb	4.00	Larry O'Grady	Guest (Mourneabbey Milers A.C.)	2025
Master Men O70	100m Sprint	14.39	John D. Ryan	Crusaders A.C.	2010
	100m Sprint	14.34	Patrick Forbes	Guest (Mid Ulster A.C.)	2013
	1500m	5:47.74	Jim McNamara	Donore Harriers A.C.	2009
	200m Sprint	30.44	John D. Ryan	Crusaders A.C.	2010
	200m Sprint	29.64	Patrick Forbes	Guest (Mid Ulster A.C.)	2013
	3000m Distance	12:37.27	Johnjoey Murphy	Tinryland A.C.	2024
	3000m Walk	17:49.1	Sean McMullin	Mullingar Harriers A.C.	2019
	400m Sprint	69.07	Matt Slattery	Clonliffe Harriers A.C.	2022
	5000m Distance	29:42.10	Jim Langan	Tullamore Harriers A.C.	2013
	800m	2:42.08	Jim McEvoy	Lourdes A.C.	2008
	Discus	32.24	Murty Kelly	Brow Rangers A.C.	2019
	Hammer	35.02	Patsy Conboy	Brothers Pearse A.C.	2012
	Heavy Hammer	10.08	Michael Kelly	St. Abban's A.C.	2025
	High Jump	0.8	Patrick Boyhan	Mullingar Harriers A.C.	2023
	Javelin	28.37	Willie O'Toole	St. L. O'Toole A.C.	2023
	Long Jump	3.44	Willie O'Toole	St. L. O'Toole A.C.	2025
	Pole Vault	2.00	Willie O'Toole	St. L. O'Toole A.C.	2022
	Shot Put	11.34	Willie O'Toole	St. L. O'Toole A.C.	2021
	Triple Jump	4.18	Patrick Boyhan	Mullingar Harriers A.C.	2022
	Weight for Distance 28lb	8.89	Willie O'Toole	St. L. O'Toole A.C.	2021
	Weight for Height 28lb	3.5	Michael Kelly	St. Abban's A.C.	2025
Master Men O75	High Jump	0.75	Patrick Boyhan	Mullingar Harriers A.C.	2024
	100m Sprint	15.85	David Leech	Blackrock (Dublin) A.C.	2025
	1500m	6:22.67	Tom Durcan	Bohermeen A.C.	2022
	200m Sprint	35.09	David Leech	Blackrock (Dublin) A.C.	2025
	200m Sprint	30.08	John MacDermott	Guest (Sligo A.C.)	2019
	3000m Distance	13:46.87	Tom Durcan	Bohermeen A.C.	2022
	3000m Walk	17:33.20	Sean McMullin	Mullingar Harriers A.C.	2016
	400m Sprint	80.21	Jim McEvoy	Drogheda & District A.C.	2013
	800m	2:54.37	Jim McEvoy	Drogheda & District A.C.	2013
	Discus	28.18	Michael McGarry	Dundrum South Dublin A.C.	2010
	Hammer	28.64	Michael McGarry	Dundrum South Dublin A.C.	2010
	Heavy Hammer	9.65	Tom Walsh	Mullingar Harriers A.C.	2025
	Long Jump	2.32	Brian Dowling	Naas A.C.	2024
	Shot Put	9.32	Murty Kelly	Brow Rangers A.C.	2023
	Triple Jump	2.52	Patrick Boyhan	Mullingar Harriers A.C.	2024
	Weight for Distance 28lb	8.15	Tom Walsh	Mullingar Harriers A.C.	2023
	Weight for Height 28lb	3.9	Tom Walsh	Mullingar Harriers A.C.	2025
Master Men O80	1500m	8:04.43	Jim Langan	Tullamore Harriers A.C.	2023
	100m Sprint	19.29	Michael Ryan	Enniscorthy A.C.	2025
	200m Sprint	42.71	Michael Ryan	Enniscorthy A.C.	2025
	Discus	16.11	Thomas Toner	St. Andrew's A.C.	2016
	Hammer	29.07	Thomas Toner	St. Andrew's A.C.	2016
	Shot Put	7.94	Michael McGarry	Dundrum South Dublin A.C.	2018
Master Men O85	Weight for Distance 28lb	4.84	Thomas Toner	St. Andrew's A.C.	2016
	200m Sprint	1:09.83	Seamus Mallin	Bray Runners A.C.	2022



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AGE	Event	CBP	Name	Club	Year
U12 Girls	60m Hurdles	10.02	Mollie Scott	St. L. O'Toole A.C.	2011
	60m Sprint	8.06	Francesca Reville	Wexford	2001
	600m	1.42.59	Corrine Kenny	St. L. O'Toole A.C.	2013
	4X100m Relay	56.54		Dundalk St. Gerard's A.C.	2018
	High Jump	1.41	Ava Wilson	Bree A.C.	2022
	Long Jump	4.43	Aideen Kane	St. Killians A.C.	2009
	Shot Put	9.75	Aoibhinn McMahon	Blackrock A.C.(Louth)	2014
	Turbo Javelin	30.12	Sarah Cousins	Suncroft A.C.	2025
U13 Girls	60m Hurdles	9.54	Ruby Reynolds	Menapians A.C.	2018
	80m Sprint	10.16	Patience Jumba-Gula	Dundalk St. Gerard's A.C.	2013
	600m	1.36.82	Corrine Kenny	St. L. O'Toole A.C.	2014
	4X100m Relay	53.7		Crookstown Millview A.C.	2019
	High Jump	1.5	Ciara Deely	Kilkenny City Harriers A.C.	2012
	Javelin	30.84	Aoibhinn McMahon	Blackrock A.C.(Louth)	2015
	Long Jump	4.75	Lauren Gleeson	Kilkenny City Harriers A.C.	2011
	Pole Vault	1.9	Aoibhin McNamara	St. L. O'Toole A.C.	2025
	Shot Put	11.38	Katie Murphy	St. Peter's A.C.	2013
	1200m Walk	6.47.71	Ellie Mae Aylward	St. Senan's A.C.	2025
U14 Girls	75m Hurdles	11.58	Sive O'Toole	St. L. O'Toole A.C.	2014
	Pole Vault	1.4	Nora Entriago Bayon	Celbridge A.C.	2025
	80m Sprint	10.25	Jaiden Shaw-Hanlon	Ratoath A.C.	2024
	200m Sprint	26.14	Patience Jumba-Gula	Dundalk St. Gerard's A.C.	2014
	300m Sprint	44.09	Kate GORMLEY	Dunboyne A.C.	2019
	800m	2.15.74	Erinn LEAVY	Dunleer A.C.	2019
	1500m	4.45.43	Sinead Fitzpatrick	St. Abban's A.C.	2025
	2000m Walk	10:27.86	Emily MacHugh	Naas A.C.	2015
	4X100m Relay	52.43		Kilkenny City Harriers A.C.	2023
	Discus	29.97	Therese Kelly	Brow Rangers A.C.	2014
	Hammer	42.64	Chloe Carney	Fr. Murphy A.C.	2025
	High Jump	1.55	Ciara Deely	Kilkenny City Harriers A.C.	2013
	Javelin	34.84	Isobel Kearns	Naas A.C.	2021
	Long Jump	5.11	Lauren Gleeson	Kilkenny City Harriers A.C.	2012
	Shot Put	14.33	Aoibhinn McMahon	Blackrock A.C.(Louth)	2016
	Triple Jump	10.23	Florence Harte	Crookstown Millview A.C.	2024
U15 Girls	80m Hurdles	12.05	Shannon Sheedy	Cushinstown A.C.	2013
	250m Hurdles	36.5H	Ciara Kearns	Celbridge A.C.	1998
	100m Sprint	11.6H	Nicola Meenan	Newbridge A.C.	1989
	200m Sprint	25.0H	Nicola Meenan	Newbridge A.C.	1987
	300m Sprint	43.42	Adrianna HYRCZA	Navan A.C.	2024
	800m	2.16.56	Tara Hunt	Bohermeen A.C.	2025
	1500m	4.41.10	Lily Walsh	Mullingar Harriers A.C.	2025
	2000m Walk	10:19.52	Lily Ryan	St. Joseph's A.C.	2022
	4x100m Relay	50.41		Ratoath A.C.	2024
	Discus	37.41	Rachel Kelly	Kilkenny City Harriers A.C.	2015
	Hammer	47.32	Kathlyn Furlong	D.M.P A.C.	2013
	High Jump	1.64	Tara O'Connor	Dundalk St. Gerard's A.C.	2021
	Javelin	40.73	Aoibhinn McMahon	Blackrock A.C.(Louth)	2017
	Long Jump	5.5	Rachel Beattie	Crookstown Millview A.C.	2023
	Pole Vault	2.7	Kara Morrissey	St. L. O'Toole A.C.	2021
	Shot Put	12.92	Aoibhinn McMahon	Blackrock A.C.(Louth)	2017
	Triple Jump	10.6	Milana Sharhayeu	Ratoath A.C.	2024
U16 Girls	80m Hurdles	11.52	Molly Scott	St. L. O'Toole A.C.	2014
	250m Hurdles	36.41	Milana SHARHAYEU	Ratoath A.C.	2025
	100m Sprint	12.2H	Lorraine Lightholder	Navan A.C.	1987
	200m Sprint	24.6H	Emily Maher	Kilkenny City Harriers A.C.	1996
	400m Sprint	58.34	Grainne Moran	Dundalk St. Gerard's A.C.	2022
	800m	2:14.32	Sholah Lawrence	Ace A.C.	2023
	1500m	4.42.20	Sharon Monaghan	Fr. Murphy A.C.	2000
	2000m Walk	9:53.07	Emily MacHugh	Naas A.C.	2017
	3000m Distance	10:27.94	Dearbhla Allen	St. Peter's A.C.	2022
	4x100m Relay	49.46		Kilkenny City Harriers A.C.	2023
	Discus	33.32	Rachel Kelly	Kilkenny City Harriers A.C.	2016
	Hammer	51.12	Kathlyn Furlong	D.M.P A.C.	2014
	High Jump	1.71	Tara O'Connor	Dundalk St. Gerard's A.C.	2022
	Javelin	41.57	Aoibhinn McMahon	Blackrock A.C.(Louth)	2018
	Long Jump	5.87	Ruby Millet	St. Abban's A.C.	2016
	Pole Vault	2.62	Kara Morrissey	St. L. O'Toole A.C.	2022
	Shot Put	13.65	Aoibhinn McMahon	Blackrock A.C.(Louth)	2018
	Triple Jump	10.47	Lisa Aspel	Crookstown Millview A.C.	2014



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AGE	Event	CBP	Name	Club	Year
U17 Girls	100m Hurdles	14.26	Emily Lawlor	St. L. O'Toole A.C.	2023
	300m Hurdles	44.55	Claire Murphy	St. L. O'Toole A.C.	2010
	100m Sprint	12.1	Patience Jumbo-Gula	Dundalk St. Gerard's A.C.	2017
	200m Sprint	24.78	Katie Doherty	Ratoath A.C.	2023
	300m Sprint	39.88	Clíodhna Manning	Kilkenny City Harriers A.C.	2011
	400m Sprint	57.97	Ellie O'Toole	Newbridge A.C.	2015
	800m	2:13.51	Pia Langton	Kilkenny City Harriers A.C.	2023
	1500m	4:32.75	Ava O' Connor	Tullamore Harriers A.C.	2019
	2000m Steeplechase	7:14.15	Amy O'Brien	Inbhear Dee A.C.	2016
	3000m Distance	10:20.49	Anna Watson	Bray Runners A.C.	2021
	3000m Walk	14:35.40	Sarah Glennon	Mullingar Harriers A.C.	2017
	4x100m Relay	48.42		Tullamore Harriers A.C.	2023
	4x300m Relay	2:56.72		Celbridge A.C.	2000
	4x400m Relay	3:58.76		Ratoath A.C.	2025
	Discus	36.59	Niamh Fogarty	Mullingar Harriers A.C.	2015
	Hammer	53.64	Kathlyn Furlong	D.M.P A.C.	2015
	High Jump	1.67	Tara O'Connor	Dundalk St. Gerard's A.C.	2023
	Javelin	42.7	Enya Silkena	Dundalk St. Gerard's A.C.	2023
	Long Jump	5.96	Ruby Millet	St. Abban's A.C.	2017
	Pole Vault	2.7	Kara Morrissey	St. L. O'Toole A.C.	2023
	Shot Put	14.77	Aoibhinn McMahon	Blackrock A.C.(Louth)	2019
	Triple Jump	11.28	Mary Morrissey	St. L. O'Toole A.C.	1987
U18 Girls	100m Hurdles	14.13	Sive OToole	St. L. O'Toole A.C.	2018
	300m Hurdles	44.12	Clare Murphy	St. L. O'Toole A.C.	2011
	400m Hurdles	61.0H	Mandy Bloomer	Mountmellick A.C.	1993
	100m Sprint	11.9H	Lorraine Dunne	Newbridge A.C.	1989
	200m Sprint	24.74	Clíodhna Manning	Kilkenny City Harriers A.C.	2012
	300m Sprint	41.0H	Fiona Norwood	Kilkenny City Harriers A.C.	1995
	400m Sprint	57.2	Camille Madden	Greystones & District A.C.	2023
	800m	2:09.37	Pia Langton	Kilkenny City Harriers A.C.	2024
	1500m	4:45.39	Emma Hunt	Bohermeen A.C.	2025
	1500m Steeplechase	6:35.84	Roseanne Kennedy	St. Senan's A.C.	2008
	2000m Steeplechase	0:0050664	Roisin TREACY	Ashford A.C	2019
	3000m Steeplechase	7:12.76	Dearbhla Allen	St. Peter's A.C.	2024
	3000m Distance	10:03.89	Anna Watson	Bray Runners A.C.	2022
	3000m Walk	14:38.1H	Serena O'Keeffe	Kilkenny City Harriers A.C.	1998
	4x100m Relay	48.75		Ratoath A.C.	2023
	4x300m Relay	2:56.00		Kilkenny City Harriers A.C.	2002
	4x400m Relay	04:04.23		Ratoath A.C.	2023
	Discus	43.98	Niamh Fogarty	North Westmeath A.C.	2016
	Hammer	53.34	Kathlyn Furlong	D.M.P A.C.	2016
	High Jump	1.75	Phillipa Rogan	Greystones & District A.C.	2011
	Javelin	51.88	Enya Silkena	Ratoath A.C.	2024
	Long Jump	6.1	Katherine O'Connor	Dundalk St. Gerard's A.C.	2017
	Pole Vault	3.1	Kara Morrissey	St. L. O'Toole A.C.	2024
	Shot Put	14.46	Katherine O'Connor	Dundalk St. Gerard's A.C.	2017
	Triple Jump	11.51	Patience Chinda	St. Michael's AC	2024
U19 Girls	100m Hurdles	14.75	Shannen Dawkins	St. Joseph's A.C.	2014
	400m Hurdles	64.36	Ciara Kearns	Celbridge A.C.	2002
	100m Sprint	12.11	Laura Bolster	Cushinstown A.C.	2023
	200m Sprint	24.4H	Karen Shinkins	Newbridge A.C.	1994
	400m Sprint	56.23	Maria ZAKHARENKO	Kilcoole A.C.	2025
	800m	2:15.45	Maria ZAKHARENKO	Kilcoole A.C.	2025
	1500m	4:35.93	Hannah Kehoe	Thomastown A.C.	2022
	1500m Steeplechase	6:43.30	Roseanne Kennedy	St. Senan's A.C.	2008
	2000m Steeplechase	8:59.41	Dara Broe	Inbhear Dee A.C.	2010
	3000m Steeplechase	10:46.25	Dearbhla Allen	St. Peter's A.C.	2025
	3000m Distance	9:58.94	Dearbhla Allen	St. Peter's A.C.	2025
	3000m Walk	14:00.52	Niamh O'Connor	Celbridge A.C.	2018
	4x100m Relay	48.75		Ratoath A.C.	2023
	4x400m Relay	0:0027132		Ratoath A.C.	2023
	Discus	41.67	Sophie Parkinson	Gowran A.C.	2012
	Hammer	48.43	Charlotte O'Farrell	D.M.P A.C.	2011
	High Jump	1.71	Tara O'Connor	Dundalk St. Gerard's A.C.	2025
	Javelin	39.1	Ailbhe Gordon	Greystones & District A.C.	2024
	Long Jump	5.66	Lorraine O'Shea	Kilkenny City Harriers A.C.	2012
	Pole Vault	2.85	Aoibhin McDonald	St. Abban's A.C.	2023
	Shot Put	12.48	Laura Cogan	Newbridge A.C.	2007
	Triple Jump	11.78	Sarah Buggy	St. Abban's A.C.	2012
U18 Women	Decathlon	4277	Aoife Callan	Guest (Bandon A.C.)	2024



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AGE	Event	CBP	Name	Club	Year
U20 Women	100m Hurdles	14.23	Okwu Backari	Guest (Leevale A.C.)	2022
	100m Hurdles	14.34	Abigail Farrell	Donore Harriers A.C.	2025
	400m Hurdles	63.13	Nessa Millet	St. Abban's A.C.	2011
	100m Sprint	11.75	Catherine McManus	Celtic D.C.U A.C.	2011
	200m Sprint	24.52	Lauren Ryan	Guest (Dooneen A.C.)	2015
	200m Sprint	24.57	Elizabeth Morland	Cushinstown A.C.	2016
	400m Sprint	55.46	Niamh Murray	Bray Runners A.C.	2022
	800m	2.15.39	Laura Whitelaw	Mullingar Harriers A.C.	2016
	1500m	4.41.86	Anna Watson	Bray Runners A.C.	2022
	1500m Steeplechase	6.25.49	Una Britton	Slí Cualann A.C.	2006
	2000m Steeplechase	7.12.70	Fionnuala Britton	Slí Cualann A.C.	2002
	3000m Steeplechase	10.55.86	Tara Jameson	Slí Cualann A.C.	2008
	3000m Distance	10.07.61	Heather Murphy	St. Michael's AC	2023
	3000m Walk	0.0096516	Niamh O'Connor	Celbridge A.C.	2019
	5000m Walk	27.40.0H	Marie Walsh	Shelbourne A.C.	1986
	4x100m Relay	47.48		St. Joseph's A.C.	2012
	4x400m Relay	4.03.2		Ratoath A.C.	2022
	Discus	45.71	Anna Gavigan	LSA A.C.	2023
	Hammer	54.09	Aoife Hickey	Kilkenny City Harriers A.C.	2009
	High Jump	1.75	Tara O'Connor	Dundalk St. Gerard's A.C.	2023
	Heavy Hammer		No Record		
	Javelin	43.95	Ailbhe Gordon	Greystones & District A.C.	2025
	Long Jump	5.77	Sarah McCarthy	Fingallians A.C.	2011
	Pole Vault	3.1	Kara Morrissey	St. L. O'Toole A.C.	2024
	Pole Vault	3.3	Una Brice	Guest (Leevale A.C.)	2021
	Shot Put	13.34	Laura Cogan	Newbridge A.C.	2006
	Triple Jump	11.69	Sophie Byrne	Crookstown Millview A.C.	2023
	Weight for Distance 20lb	6.98	Laura Murphy	Fr. Murphy A.C.	2023
	Weight for Distance 28lb	6.35	Eadaoin Coady	St. Abban's A.C.	2022
	Weight for Height 28lb	3.2	Leanne Patterson	Brow Rangers A.C.	2024
U23 Women	100m Sprint	11.91	Steffi Creaner	Celtic D.C.U A.C.	2011
Senior Women	100m Hurdles	13.91	Sarah Lavin	U.C.D. A.C.	2018
	400m Hurdles	60.88	Deirdre Murray	Na Fianna A.C.	2025
	100m Sprint	11.61	Sarah Leahy	Guest (Killarney Valley A.C.)	2025
	100m Sprint	11.8	Sive O'Toole	St. L. O'Toole A.C.	2025
	200m Sprint	23.86	Stephanie Creaner	Drogheda & District A.C.	2015
	400m Sprint	54.06	Jenna Bromell	Guest (Emerald A.C.)	2017
	400m Sprint	54.7H	Joanne Cuddihy	Kilkenny City Harriers A.C.	2001
	800m	2.07.2H	Bernie Kavanagh	Lucan Harriers A.C.	1990
	1500m	4.20.3H	Ann Buckley	Clonliffe Harriers A.C.	1988
	2000m Steeplechase	13.00.91	Emily Grennan	Tullamore Harriers A.C.	2013
	3000m Steeplechase	11.10.18	Niamh Kearney	Slí Cualann A.C.	2017
	3000m Steeplechase	10.37.42	Jessica Coyne	Guest (Dooneen A.C.)	2018
	3000m Distance	9.21.50	Anne Keenan Buckley	North Laois A.C.	2001
	5000m Distance	18.00.80	Claire Phelan	St. Abban's A.C.	2009
	3000m Walk	13.55.90	Aisling Lane	Mullingar Harriers A.C.	2025
	4x100m Relay	49.69		Mullingar Harriers A.C.	2018
	4x400m Relay	4.13.2H		West Dublin A.C.	1987
	Discus	52.3	Anna Gavigan	LSA A.C.	2025
	Discus	53.65	Claire Fitzgerald	Guest (Tralee Harriers A.C.)	2016
	Heavy Hammer	17.95	Kotryna Pacerinskaite	Guest (Fanahan McSweeney A.C.)	2025
	Hammer	70.13	Eileen O'Keeffe	Kilkenny City Harriers A.C.	2008
	High Jump	1.75	Ciara Kennelly	Guest (Killarney Valley A.C.)	2023
	High Jump	1.75	Rosemary Daniels	Na Fianna A.C.	2005
	Javelin	49.18	Anita Fitzgibbons	Dundrum South Dublin A.C.	2016
	Long Jump	6.17	Ruby Millett	St. Abban's A.C.	2023
	Pole Vault	3.95	Zoe Brown	Raheny Shamrock A.C.	2011
	Shot Put	15.16	Marita Walton	Crusaders A.C.	1985
	Triple Jump	12.89	Saragh Buggy	St. Abban's A.C.	2016
	Weight for Distance 28lb	8.15	Laura Dolan	Ferbane A.C.	2017
	Weight for Height 28lb		No Record		
Master Women	4x100m Relay	56.66		Lucan Harriers A.C.	2025
Master Women	4x400m Relay	4.33.35		St. L. O'Toole A.C.	2023



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AGE	Event	CBP	Name	Club	Year
Master Women O35	100m Hurdles		No Record		
	400m Hurdles	77.38	Emily Waldron	Enniscorthy A.C.	2018
	100m Sprint	12.89	Snezhana Bechtina	Clonliffe Harriers A.C.	2017
	200m Sprint	26.54	Snezhana Bechtina	Clonliffe Harriers A.C.	2017
	400m Sprint	62.72	Geraldine Finegan	Dunleer A.C.	2004
	800m	2.22.39	Catriona Dowling	Rathfarnham W.S.A.F. A.C.	2022
	1500m	4.50.35	Edel Gaffney	Trim A.C.	2023
	3000m Steeplechase		No Record		
	3000m Distance	10.31.44	Michelle Cox	Newbridge A.C.	2018
	5000m Distance	18.48.62	Elizabeth Cuskelly	Tullamore Harriers A.C.	2008
	3000m Walk	17.43.07	Georgina Tuohy	Tullamore Harriers A.C.	2011
	5000m Walk	33.49.50	Pamela Reynolds	St. Andrew's A.C.	2003
	Discus	25.67	Gabriella Sztojajovszky	Metro/St. Bridget's A.C.	2018
	Hammer	33.9	Karen Conway	Crusaders A.C.	2015
	Heavy Hammer		No record		
	High Jump	1.4	Erika Juozapaite	Blackrock A.C.(Louth)	2019
	Javelin	31.43	Geraldine Finegan	Dunleer A.C.	2005
	Long Jump	4.88	Geraldine Finegan	Dunleer A.C.	2003
	Triple Jump	10.29	Erika Juozapaite	Blackrock A.C.(Louth)	2019
	Shot Put	9.93	Geraldine Finegan	Dunleer A.C.	2004
	Weight for Distance 28lb	6.17	Emma Jane Hutton	St. L. O'Toole A.C.	2018
Master Women O40	80m Hurdles	15.41	Mary Scanlon	Blackrock A.C.(Louth)	2019
	100m Hurdles	15.22	Niamh McGuire	Rathkenny A.C.	2015
	400m Hurdles	75.8	Snezhana Bechtina	Clonliffe Harriers A.C.	2023
	100m Sprint	12.68	Sinead O'Connor	Metro/St. Bridget's A.C.	2025
	200m Sprint	26.33	Sinead O'Connor	Metro/St. Bridget's A.C.	2025
	400m Sprint	1:00.65	Snezhana Bechtina	Clonliffe Harriers A.C.	2022
	800m	2.22.88	Niamh Fitzgerald	Lucan Harriers A.C.	2015
	1500m	04:50.6	Niamh Fitzgerald	Lucan Harriers A.C.	2017
	Heavy Hammer	7.63	Bernie Lawless	St. Abban's A.C.	2025
	Heavy Hammer	9.64	Amy Dwyer	Guest (Templemore A.C.)	2025
	3000m Steeplechase	13.35.43	Eimear Caulfield	LSA A.C.	2023
	3000m Distance	10.25.24	Nicola Welsh	Dunleer A.C.	2019
	3000m Walk	15.38.30	Georgina Touhy	Tullamore Harriers A.C.	2016
	Discus	27.02	Pauline Kenny	Newbridge A.C.	2010
	Hammer	36.44	Pauline Kenny	Newbridge A.C.	2010
	High Jump	1.45	Erika Juozapaite	Blackrock A.C.(Louth)	2021
	Javelin	21.39	Maria Macken Duffy	St. Peter's A.C.	2005
	Long Jump	5.4	Antoinette Stafford	D.M.P A.C.	2018
	Shot Put	8.9	Verena Fenlon	St. Joseph's A.C.	2010
	Triple Jump	10.43	Erika Juozapaite	Blackrock A.C.(Louth)	2021
	Weight for Distance 28lb	5.63	Erika Juozapaite	Blackrock A.C.(Louth)	2024
Master Women O45	Heavy Hammer	8.01	Susie Mitchell	St. L. O'Toole A.C.	2025
	Pole Vault	2.31	Alison Beck	Dundrum South Dublin A.C.	2025
	80m Hurdles	17.15	Margaret O'Connor	Enniscorthy A.C.	2019
	100m Hurdles	14.73	Niamh McGuire	Rathkenny A.C.	2016
	400m Hurdles	75.61	Niamh McGuire	Rathkenny A.C.	2016
	400m Hurdles	70.15	Michelle Lannon	Guest (Carrick-on-Shannon A.C.)	2018
	100m Sprint	12.72	Adina Gheorghiu	Dundrum South Dublin A.C.	2024
	200m Sprint	27.2	Adina Gheorghiu	Dundrum South Dublin A.C.	2024
	400m Sprint	65.43	Geraldine Finegan	Dunleer A.C.	2014
	800m	2.27.99	Bridget Clarke	Na Fianna A.C.	2013
	1500m	4:55.40	Zoe Quinn	Raheny Shamrock A.C.	2023
	3000m Steeplechase		No Record		
	3000m Distance	11.47.28	Ursula Byrne	Dunshaughlin A.C.	2015
	3000m Distance	10.59.33	Michelle Lannon	Guest (Carrick-on-Shannon A.C.)	2018
	5000m Distance	22.16.89	Helen Cheshire	Dunleer A.C.	2012
	3000m Walk	17.01.1	Susanne O'Beirne	Guest (North Leitrim A.C.)	2022
	3000m Walk	16:19.13	Maggie Helen O'Connor	St. Joseph's A.C.	2018
	Discus	22.83	Pauline Kenny	Newbridge A.C.	2018
	Discus	31.26	Maureen Glanton	Guest (Skibbereen A.C.)	2011
	Hammer	32.97	Orlaith Read	Donore Harriers A.C.	2016
	High Jump	1.45	Alison Beck	Dundrum South Dublin A.C.	2025
	High Jump	1.45	Siobheal Cummins	Ratoath A.C.	2013
	Javelin	22.53	Mary Scanlon	Blackrock A.C.(Louth)	2025
	Long Jump	4.55	Niamh McGuire	Rathkenny A.C.	2016
	Shot Put	9.78	Aine Power	Lucan Harriers A.C.	2021
	Triple Jump	8.23	Rosemary Gibson	Blackrock A.C.(Louth)	2021
	Weight for Height 28lb	2.4	Susie Mitchell	St. L. O'Toole A.C.	2025
	Weight for Distance 28lb	6.53	Verena Fenlon	St. Joseph's A.C.	2017



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Master Women O50	80m Hurdles	16.24	Niamh McGuire	Rathkenny A.C.	2025
	300m Hurdles	55.16	Niamh McGuire	Rathkenny A.C.	2024
	100m Sprint	13.7	Dervila Hennelly	Lucan Harriers A.C.	2024
	200m Sprint	28.93	Dara Carr	LSA A.C.	2021
	400m Sprint	66.97	Geraldine Finegan	North East Runners A.C.	2018
	800m	2.39.37	Ashling Smith	Bray Runners A.C.	2022
	1500m	4.58.39	Anne Glishinan	Slaney Olympic A.C.	2018
	3000m Distance	11:33.69	Sandra O'Reilly	St. L. O'Toole A.C.	2025
	3000m Walk	16:28.54	Maggie Helen O'Connor	St. Joseph's A.C.	2025
	Discus	24.9	Katriona Power	Lucan Harriers A.C.	2023
	Discus	25.38	Mary Barrett	Guest (Loughrea A.C.)	2009
	Hammer	34.32	Jean Daly	Na Fianna A.C.	2019
	Heavy Hammer	11.79	Katriona Power	Lucan Harriers A.C.	2025
	High Jump	1.5	Siobh��l Murray	Ratoath A.C.	2018
	Javelin	30.55	Geraldine Finegan	North East Runners A.C.	2018
	Long Jump	4.08	Margaret O'Connor	Enniscorthy A.C.	2023
	Shot Put	10.74	Geraldine Finegan	North East Runners A.C.	2016
	Triple Jump	8.17	Lucy Moore-Fox	Dundrum South Dublin A.C.	2011
	Weight for Distance 20lb	7.12	Katriona Power	Lucan Harriers A.C.	2023
	Weight for Height 20lb	4.4	Katriona Power	Lucan Harriers A.C.	2025
Master Women O55	100m hurdles	14.98	Mary Barrett	Guest (Loughrea A.C.)	2014
	100m Sprint	13.99	Moir�� Groome	Trim A.C.	2022
	200m Sprint	29.48	Moir�� Groome	Trim A.C.	2021
	400m Sprint	66.49	Carol Kearney	Lucan Harriers A.C.	2022
	800m	2.49.26	Patricia O'Leirigh	Raheny Shamrock A.C.	2022
	1500m	5.23.25	Ann Sullivan	D.M.P A.C.	2018
	3000m Distance	11.27.04	Ann Sullivan	D.M.P A.C.	2018
	3000m Walk	19.54.03	Brid Lawlor	St. Joseph's A.C.	2015
	Discus	25.03	Jean Daly	Na Fianna A.C.	2025
	Heavy Hammer	10.52	Jean Daly	Na Fianna A.C.	2025
	Hammer	33.92	Jean Daly	Na Fianna A.C.	2025
	High Jump	1.35	Siobheal MURRAY	Ratoath A.C.	2022
	Javelin	22.12	Jean Daly	Na Fianna A.C.	2023
	Long Jump	4.22	Siobh��l Murray	Ratoath A.C.	2024
	Shot Put	9.54	Verena Fenlon	St. Joseph's A.C.	2025
	Shot Put	9.93	Mary Barrett	Guest (Loughrea A.C.)	2015
	Weight for Distance 20lb	3.6	Verena Fenlon	St. Joseph's A.C.	2025
	Weight for Distance 28lb	6.94	Jean Daly	Na Fianna A.C.	2023
Master Women O60	High Jump	1.4	Edel Maguire	Clonliffe Harriers A.C.	2023
	100m Sprint	15.12	Carol Kearney	Lucan Harriers A.C.	2025
	200m Sprint	30.3	Edel Maguire	Clonliffe Harriers A.C.	2024
	400m Sprint	69.15	Edel Maguire	Clonliffe Harriers A.C.	2022
	800m	2.58.43	Maxine Jones	Dundrum South Dublin A.C.	2017
	1500m	05:30.5	Ann Sullivan	D.M.P A.C.	2019
	3000m Distance	11:47.5	Ann Sullivan	D.M.P A.C.	2019
	3000m Walk	20.26.84	Pamela Reynolds	Dunboyne A.C.	2008
	Discus	13.79	Betty Cunningham	Dunboyne A.C.	2011
	Long Jump	4.34	Edel Maguire	Clonliffe Harriers A.C.	2022
	Hammer	23.89	Lucy Moore-Fox	Dundrum South Dublin A.C.	2017
	Heavy Hammer	7.79	Mary Breen	St. Joseph's A.C.	2025
	Javelin	11.34	Olive Mannion	Tullamore Harriers A.C.	2025
	Javelin	19.38	Mary Barrett	Guest (Loughrea A.C.)	2019
	Shot Put	7.41	Bernie Bannon	St. Michael's AC	2019
	Weight for Distance 20lb	5.28	Mary Breen	St. Joseph's A.C.	2023
Master Women O65	1500m	6:04.52	Mary Browne	Lucan Harriers A.C.	2023
	Javelin	15.53	Lucy Moore	Dundrum South Dublin A.C.	2025
	Heavy Hammer	9.97	Lucy Moore	Dundrum South Dublin A.C.	2025
	Shot Put	7.46	Lucy Moore	Dundrum South Dublin A.C.	2025
	Weight for Distance 20lb	5.75	Lucy Moore	Dundrum South Dublin A.C.	2023
	3000m Distance	14:26.50	Liz Arkins	Lucan Harriers A.C.	2023
	Hammer	25.67	Lucy Moore	Dundrum South Dublin A.C.	2024
	Long Jump	3.07	Lucy Moore	Dundrum South Dublin A.C.	2023
	200m Sprint	34.14	Deirdre McFerran	Drogheda & District A.C.	2025
	400m Sprint	1.26.55	Mary Walsh	Tullamore Harriers A.C.	2011
	800m	3.20.37	Mary Walsh	Tullamore Harriers A.C.	2011
	100m Sprint	19.65	Mary Whelan	Dublin Striders A.C	2021



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AGE	Event	CBP	Name	Club	Year
Master Women O70	1500m	6:51.19	Brigid McCabe	Mullingar Harriers A.C.	2024
	200m Sprint	40.86	Mary Walsh	Tullamore Harriers A.C.	2021
	100m Sprint	39.97	Mary Walsh	Tullamore Harriers A.C.	2019
	3000m Walk	25.36.84	Pamela Reynolds	St. Andrew's A.C.	2019
	Discus	13.73	Frances Mansfield	Clonliffe Harriers A.C.	2017
	Hammer	15.25	Frances Mansfield	Clonliffe Harriers A.C.	2015
Master Women O75	Discus	12.57	Frances Mansfield	Clonliffe Harriers A.C.	2023
	Hammer	18.9	Frances Mansfield	Clonliffe Harriers A.C.	2022
	200m Sprint	42.53	Mary Walsh	Tullamore Harriers A.C.	2024
	100m Sprint	33.93	Maire Gately	Bree A.C.	2015
Up to date as of July 2025 For any queries with CBP list please contact: Dave at athleticsleinsteroutdoorsec@gmail.com					