

Leinster Cross Country Day 1 2014
Ballyroan Co. Laois 19th January
Senior Men

Senior Men - 10,000m

| Finishing Position: | Name: | Club: | County: | Time: |
|----------------------------|--------------------|------------------------------------|----------------|--------------|
| 1 | Conor Dooney | Raheny Shamrock | Dublin | 33.43 |
| 2 | Simon Ryan | Raheny Shamrock | Dublin | 33.50 |
| 3 | Stephen Lawlor | St. Abban's A.C | Laois | 35.00 |
| 4 | Kevin Moriarty | Raheny Shamrock | Dublin | 35.14 |
| 5 | Brian Leahy | Raheny Shamrock | Dublin | 35.28 |
| 6 | Ian Conroy | Raheny Shamrock | Dublin | 35.52 |
| 7 | Brian Kelly | St. Abban's A.C | Laois | 36.07 |
| 8 | Rory Kavanagh | Dunboyne A.C | Meath | 36.19 |
| 9 | Darren Springs | Liffey Valley A.C. | Dublin | 36.22 |
| 10 | Colm Burke | St. Abban's A.C | Laois | 36.29 |
| 11 | Damien Lawless | Sli Cualann | Wicklow | 36.39 |
| 12 | Gavin Keogh | Donore Harriers | Dublin | 36.41 |
| 13 | Loughlin Champion | Dunboyne A.C | Meath | 36.45 |
| 14 | Damien Cauvet | Liffey Valley A.C. | Dublin | 36.47 |
| 15 | John Harkin | Tullamore Harriers | Offaly | 36.55 |
| 16 | Kieron Peters | Star of the Sea | Meath | 36.56 |
| 17 | Kenneth Nugent | Donore Harriers | Dublin | 36.57 |
| 18 | Adrian Curley | Tullamore Harriers | Offaly | 36.58 |
| 19 | Robert Miller | Ballyfin A.C | Laois | 37.00 |
| 20 | Colm Hill | Donore Harriers | Dublin | 37.13 |
| 21 | Mike Griffin | Liffey Valley A.C. | Dublin | 37.19 |
| 22 | Dave Fox | Tullamore Harriers | Offaly | 37.25 |
| 23 | James Hamm | Ballyroan Ableyleix & District A.C | Laois | 37.37 |
| 24 | Eddie Garry | Tullamore Harriers | Offaly | 37.39 |
| 25 | Myles Gibbons | Sliabh Buidhe Rovers | Wexford | 37.40 |
| 26 | Arnaud Benjacar | Liffey Valley A.C. | Dublin | 37.42 |
| 27 | Cormac Fitzpatrick | Ballyfin A.C | Laois | 37.45 |
| 28 | Martin McDonald | Ballyroan Ableyleix & District A.C | Laois | 37.51 |
| 29 | Darren Hand | Donore Harriers | Dublin | 37.53 |
| 30 | Andy Nason | Liffey Valley A.C. | Dublin | 37.58 |
| 31 | Mick Byrne | Sli Cualann | Wicklow | 38.00 |
| 32 | Colm McEvoy | St. Abban's A.C | Laois | 38.12 |
| 33 | Chris Morgan | Sli Cualann | Wicklow | 38.15 |
| 34 | Luke Forde | Dunboyne A.C | Meath | 38.19 |
| 35 | Donal Foley | Raheny Shamrock | Dublin | 38.20 |
| 36 | Gavin Curran | Liffey Valley A.C. | Dublin | 38.21 |
| 37 | Tom O'Connor | Liffey Valley A.C. | Dublin | 38.22 |
| 38 | James McCormack | Portlaoise A.C | Laois | 38.24 |
| 39 | Richard Galvin | Tullamore Harriers | Offaly | 38.28 |
| 40 | David Murray | Tullamore Harriers | Offaly | 38.30 |
| 41 | Tommy McElwaine | Sliabh Buidhe Rovers | Wexford | 38.36 |
| 42 | Denis Moynihan | Sliabh Buidhe Rovers | Wexford | 38.39 |
| 43 | Paul Lynch | Sliabh Buidhe Rovers | Wexford | 38.44 |
| 44 | Ciaran Reilly | Liffey Valley A.C. | Dublin | 38.56 |
| 45 | James Griffin | St. Abban's A.C | Laois | 39.13 |
| 46 | Brendan Beere | Liffey Valley A.C. | Dublin | 39.30 |
| 47 | John Kirwan | Ballyroan Ableyleix & District A.C | Laois | 39.33 |
| 48 | Conor Barry | St. Abban's A.C | Laois | 39.35 |
| 49 | Paul Balfe | Liffey Valley A.C. | Dublin | 40.15 |
| 50 | Jonathan Daly | Donore Harriers | Dublin | 40.34 |
| 51 | Martin Breen | Sli Cualann | Wicklow | 40.44 |
| 52 | Ciaran Elster | Ballyroan Ableyleix & District A.C | Laois | 40.47 |
| 53 | Glen Finlay | Tullamore Harriers | Offaly | 40.54 |
| 54 | Keith Gorry | Tullamore Harriers | Offaly | 40.58 |
| 55 | Dave Brophy | Tullamore Harriers | Offaly | 41.31 |
| 56 | Ian O'Kelly | Tullamore Harriers | Offaly | 42.13 |
| 57 | Brian Mc Manus | Tullamore Harriers | Offaly | 42.54 |
| 58 | Bill Porter | Sli Cualann | Wicklow | 47.01 |

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| | | | Total |
|-----------|-------------------|-----------------|-------|
| Club Team | 1,2,4,5, | Raheny Shamrock | 12 |
| | 3,7,10,32 | St. Abban's | 52 |
| | 9,14,21,26 | Liffey Valley | 70 |
| | | | Total |
| County | 1.2.4.5.6.9 | Dublin | 27 |
| | 3.7.10.19.23.27 | Laois | 89 |
| | 15.18.22.24.39.40 | Offaly | 158 |