

Leinster Novice & Master Road Race Championship
Gowran 1st May 2017

Masters Men

Pl.	Name	Club	Subcat.	BIB	Result
1	John FENLON	St. Abban's A.C.	M40	1119	19:09
2	Karoldavid CRONIN	Sportsworld A.C.	M35	1060	19:15
3	Declan POWER	Clonliffe Harriers A.C.	M45	1076	19:20
4	Pedro CALVO	Sliabh Buidhe Rovers A.C.	M40	1148	19:35
5	Michael COYLE	Newbridge A.C.	M40	1085	19:37
6	Myles GIBBONS	Sliabh Buidhe Rovers A.C.	M40	1151	19:49
7	Colm BURKE	St. Abban's A.C.	M50	1116	19:56
8	Stephen HUNTER	St. Abban's A.C.	M35	1122	19:59
9	Gareth MURRAN	Sportsworld A.C.	M35	1068	20:01
10	Patrick MALONE	Newbridge A.C.	M50	1088	20:17
11	Ciaran REILLY	Liffey Valley A.C.	M40	1058	20:29
12	Phil KILGANNON	Sportsworld A.C.	M35	1065	20:31
13	John CANNING	Newbridge A.C.	M45	1087	20:35
14	Mick BYRNE	Slí Cualann 50+	M55	1165	20:36
15	Rob O'BRIEN	Celbridge	M35	1115	20:42
16	Joe LILLIS	Sliabh Buidhe Rovers A.C.	M35	1147	20:49
17	Trevor CONROY	Sliabh Buidhe Rovers A.C.	M35	1149	20:51
18	Arnaud BENJACAR	Liffey Valley A.C.	M45	1052	20:59
19	Alan SAMMON	Newbridge A.C.	M40	1089	21:02
20	Paul BALFE	Liffey Valley A.C.	M45	1051	21:03
21	Michael CUNNINGHAM	Sportsworld A.C.	M35	1061	21:05
22	Kevin CLANCY	Drogheda & District A.C.	M50	1127	21:06
23	Ciaran KEENAN	Ballyfin A.C.	M45	1182	21:16
24	Derek SEVILLE	Sportsworld A.C.	M35	1069	21:24
25	Christy DONEGAN	Tullamore Harriers A.C. 50+	M50	1137	21:26
26	Mike GRIFFIN	Liffey Valley A.C.	M35	1056	21:29
27	Paul GIBBONS	Sliabh Buidhe Rovers A.C.	M35	1150	21:32
28	Matthew BLYTH	Liffey Valley A.C.	M40	1053	21:33
29	Leonard MOONEY	Tullamore Harriers A.C.	M35	1160	21:35
30	Shane LARKIN	Drogheda & District A.C.	M40	1128	21:37
31	Paul QUINN	Liffey Valley A.C.	M50	1057	21:39
32	Dominic HORAN	Slí Cualann 50+	M50	1163	21:41
33	John BALDWIN	Kilcoole A.C.	M55	1158	21:47
34	Darren BUTLER	Tullamore Harriers A.C.	M35	1130	21:52
35	Simon O'DWYER	Gowran A.C.	M45	1105	21:55
36	John DONEGAN	Tullamore Harriers A.C. 50+	M50	1136	21:57
37	Liam BYRNE	St. Abban's A.C.	M45	1117	21:58
38	Leonard OWENS	Tullamore Harriers A.C.	M45	1143	21:58
39	Breen MCMANUS	Naas A.C.	M40	1078	21:59
40	Martin KEENAN	Sportsworld A.C.	M45	1064	22:11
41	Brendan ABBOTT	Tullamore Harriers A.C. 50+	M50	1129	22:14
42	Justin MCKEEVER	Sportsworld A.C.	M40	1067	22:27
43	John Paul COMERFORD	Gowran A.C.	M35	1098	22:27
44	Vincent MCCORMACK	Newbridge A.C.	M45	1090	22:38
45	Martin MCDONALD	Ballyroan/Abbeyleix & District AC	M60	1123	22:43
46	Patrick BOOKLE	St. Joseph's A.C.	M50	1111	22:47
47	Liam GROGAN	Naas A.C.	M40	1077	23:05
48	Adrian CUNNINGHAM	Gowran A.C.	M35	1099	23:18
49	Anthony GILLEN	Sportsworld A.C. 50+	M50	1072	23:28

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50	Thomas BREHENY	Liffey Valley A.C.	M55	1054	23:41
51	Jose CHAPA	Sportsworld A.C.	M45	1059	23:44
52	Shay FAULKNER	Slí Cualann 50+	M55	1164	23:48
53	Lyndon BAECOE	Gowran A.C.	M35	5125	23:50
54	Francis FLEMING	St. Abban's A.C. 50+	M60	1120	23:53
55	Adrian LANIGAN	Sportsworld A.C.	M40	1066	24:07
56	Jim BROWNE	Sportsworld A.C. 50+	M50	1071	24:11
57	Terry CLARKE	Rathfarnham	M60	5053	24:16
58	Henry REID	Naas A.C.	M45	1080	24:20
59	Danny GREEN	Slí Cualann 50+	M60	1166	24:23
60	John LEAMY	Gowran A.C.	M40	1102	24:36
61	Andrew HOLOHAN	Naas A.C.	M40	1079	24:37
62	Thomas FREEMAN	Naas A.C.	M40	1081	24:41
63	Basil CRONIN	Tullamore Harriers A.C.	M40	1132	24:43
64	Liam LENEHAN	Sportsworld A.C. 50+	M55	1074	24:51
65	Declan BRADY	Sportsworld A.C. 50+	M50	1070	24:52
66	Peter KNAGGS	Sportsworld A.C. 50+	M50	1073	25:15
67	Michael POWER	St. Joseph's A.C.	M50	1113	25:32
68	Mark HEFFERNAN	Sportsworld A.C.	M40	1062	25:41
69	Jeremy WHITTY		M45	1094	25:48
70	David FARRELL	Gowran A.C. 50+	M50	1108	25:56
71	John TODD	Tullamore Harriers A.C. 50+	M65	1145	25:59
72	Colin TOBIN	Gowran A.C.	M35	1106	26:10
73	Noel TOBIN	Sportsworld A.C. 50+	M50	1075	26:14
74	Albert KEENAN	Newbridge A.C.	M65	1093	27:09
75	Vincent MCINTYRE	Naas A.C.	M55	1083	27:10
76	Gerry HALTON	Naas A.C.	M60	1082	27:11
77	Pat COADY	Gowran A.C.	M40	1097	27:32
78	Stephen MURPHY		M45	1095	28:07
79	Rocky MERNAGH	St. Joseph's A.C.	M50	1112	29:00
80	Michael WALSH	Gowran A.C. 50+	M60	1110	29:13
81	James DELEHANTY	Gowran A.C. 50+	M50	1107	29:54
82	Patrick HARDING	St. Abban's A.C. 50+	M65	1121	31:03
83	Jim LANGAN	Tullamore Harriers A.C. 50+	M70	1135	31:26
84	John MULHALL	Gowran A.C.	M40	1104	31:44
85	Billy HARPUR	Sliabh Buidhe Rovers A.C.	M70	1152	35:31
86	Dinny WHELAN	St. Abban's A.C. 50+	M65	1162	37:11

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AGE CATEGORIES

M35

Pl.	Name	Club	Subcat.	#	Result
1	Karoldavid CRONIN	Sportsworld A.C.	M35	1060	19:15
2	Stephen HUNTER	St. Abban's A.C.	M35	1122	19:59
3	Gareth MURRAN	Sportsworld A.C.	M35	1068	20:01
4	Phil KILGANNON	Sportsworld A.C.	M35	1065	20:31
5	Rob O'BRIEN	Celbridge	M35	1115	20:42
6	Joe LILLIS	Sliabh Buidhe Rovers A.C.	M35	1147	20:49
7	Trevor CONROY	Sliabh Buidhe Rovers A.C.	M35	1149	20:51
8	Michael CUNNINGHAM	Sportsworld A.C.	M35	1061	21:05
9	Derek SEVILLE	Sportsworld A.C.	M35	1069	21:24
10	Mike GRIFFIN	Liffey Valley A.C.	M35	1056	21:29
11	Paul GIBBONS	Sliabh Buidhe Rovers A.C.	M35	1150	21:32
12	Leonard MOONEY	Tullamore Harriers A.C.	M35	1160	21:35
13	Darren BUTLER	Tullamore Harriers A.C.	M35	1130	21:52
14	John Paul COMERFORD	Gowran A.C.	M35	1098	22:27
15	Adrian CUNNINGHAM	Gowran A.C.	M35	1099	23:18
16	Lyndon BAECOE	Gowran A.C.	M35	5125	23:50
17	Colin TOBIN	Gowran A.C.	M35	1106	26:10

M40

Pl.	Name	Club	Subcat.	#	Result
1	John FENLON	St. Abban's A.C.	M40	1119	19:09
2	Pedro CALVO	Sliabh Buidhe Rovers A.C.	M40	1148	19:35
3	Michael COYLE	Newbridge A.C.	M40	1085	19:37
4	Myles GIBBONS	Sliabh Buidhe Rovers A.C.	M40	1151	19:49
5	Ciaran REILLY	Liffey Valley A.C.	M40	1058	20:29
6	Alan SAMMON	Newbridge A.C.	M40	1089	21:02
7	Matthew BLYTH	Liffey Valley A.C.	M40	1053	21:33
8	Shane LARKIN	Drogheda & District A.C.	M40	1128	21:37
9	Breen MCMANUS	Naas A.C.	M40	1078	21:59
10	Justin MCKEEVER	Sportsworld A.C.	M40	1067	22:27
11	Liam GROGAN	Naas A.C.	M40	1077	23:05
12	Adrian LANIGAN	Sportsworld A.C.	M40	1066	24:07
13	John LEAMY	Gowran A.C.	M40	1102	24:36
14	Andrew HOLOHAN	Naas A.C.	M40	1079	24:37
15	Thomas FREEMAN	Naas A.C.	M40	1081	24:41
16	Basil CRONIN	Tullamore Harriers A.C.	M40	1132	24:43
17	Mark HEFFERNAN	Sportsworld A.C.	M40	1062	25:41
18	Pat COADY	Gowran A.C.	M40	1097	27:32
19	John MULHALL	Gowran A.C.	M40	1104	31:44

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M45

Pl.	Name	Club	Subcat.	#	Result
1	Declan POWER	Clonliffe Harriers A.C.	M45	1076	19:20
2	John CANNING	Newbridge A.C.	M45	1087	20:35
3	Arnaud BENJACAR	Liffey Valley A.C.	M45	1052	20:59
4	Paul BALFE	Liffey Valley A.C.	M45	1051	21:03
5	Ciaran KEENAN	Ballyfin A.C.	M45	1182	21:16
6	Simon O'DWYER	Gowran A.C.	M45	1105	21:55
7	Liam BYRNE	St. Abban's A.C.	M45	1117	21:58
8	Leonard OWENS	Tullamore Harriers A.C.	M45	1143	21:58
9	Martin KEENAN	Sportsworld A.C.	M45	1064	22:11
10	Vincent MCCORMACK	Newbridge A.C.	M45	1090	22:38
11	Jose CHAPA	Sportsworld A.C.	M45	1059	23:44
12	Henry REID	Naas A.C.	M45	1080	24:20
13	Jeremy WHITTY		M45	1094	25:48
14	Stephen MURPHY		M45	1095	28:07

M50

Pl.	Name	Club	Subcat.	#	Result
1	Colm BURKE	St. Abban's A.C.	M50	1116	19:56
2	Patrick MALONE	Newbridge A.C.	M50	1088	20:17
3	Kevin CLANCY	Drogheda & District A.C.	M50	1127	21:06
4	Christy DONEGAN	Tullamore Harriers A.C. 50+	M50	1137	21:26
5	Paul QUINN	Liffey Valley A.C.	M50	1057	21:39
6	Dominic HORAN	Slí Cualann 50+	M50	1163	21:41
7	John DONEGAN	Tullamore Harriers A.C. 50+	M50	1136	21:57
8	Brendan ABBOTT	Tullamore Harriers A.C. 50+	M50	1129	22:14
9	Patrick BOOKLE	St. Joseph's A.C.	M50	1111	22:47
10	Anthony GILLEN	Sportsworld A.C. 50+	M50	1072	23:28
11	Jim BROWNE	Sportsworld A.C. 50+	M50	1071	24:11
12	Declan BRADY	Sportsworld A.C. 50+	M50	1070	24:52
13	Peter KNAGGS	Sportsworld A.C. 50+	M50	1073	25:15
14	Michael POWER	St. Joseph's A.C.	M50	1113	25:32
15	David FARRELL	Gowran A.C. 50+	M50	1108	25:56
16	Noel TOBIN	Sportsworld A.C. 50+	M50	1075	26:14
17	Rocky MERNAGH	St. Joseph's A.C.	M50	1112	29:00
18	James DELEHANTY	Gowran A.C. 50+	M50	1107	29:54

M55

Pl.	Name	Club	Subcat.	#	Result
1	Mick BYRNE	Slí Cualann 50+	M55	1165	20:36
2	John BALDWIN	Kilcoole A.C.	M55	1158	21:47
3	Thomas BREHENY	Liffey Valley A.C.	M55	1054	23:41
4	Shay FAULKNER	Slí Cualann 50+	M55	1164	23:48
5	Liam LENEHAN	Sportsworld A.C. 50+	M55	1074	24:51
6	Vincent MCINTYRE	Naas A.C.	M55	1083	27:10

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M60

Pl.	Name	Club	Subcat.	#	Result
1	Martin MCDONALD	Ballyroan/Abbeyleix & District AC	M60	1123	22:43
2	Francis FLEMING	St. Abban's A.C. 50+	M60	1120	23:53
3	Terry CLARKE	Rathfarnham	M60	5053	24:16
4	Danny GREEN	Slí Cualann 50+	M60	1166	24:23
5	Gerry HALTON	Naas A.C.	M60	1082	27:11
6	Michael WALSH	Gowran A.C. 50+	M60	1110	29:13

M65

Pl.	Name	Club	Subcat.	#	Result
1	John TODD	Tullamore Harriers A.C. 50+	M65	1145	25:59
2	Albert KEENAN	Newbridge A.C.	M65	1093	27:09
3	Patrick HARDING	St. Abban's A.C. 50+	M65	1121	31:03
4	Dinny WHELAN	St. Abban's A.C. 50+	M65	1162	37:11

M70

Pl.	Name	Club	Subcat.	#	Result
1	Jim LANGAN	Tullamore Harriers A.C. 50+	M70	1135	31:26
2	Billy HARPUR	Sliabh Buidhe Rovers A.C.	M70	1152	35:31

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Club Results

Place	Club	Gross Points		
1	Sliabh Buidhe Rovers A.C.	43		
	Runner Name	Gross Time	Gross Points	Score
	Pedro CALVO	00:19:34	4	43
	Myles GIBBONS	00:19:48	6	43
	Joe LILLIS	00:20:49	16	43
	Trevor CONROY	00:20:50	17	43
2	Sportsworld A.C.	44		
	Runner Name	Gross Time	Gross Points	Score
	Karoldavid CRONIN	00:19:14	2	44
	Gareth MURRAN	00:20:01	9	44
	Phil KILGANNON	00:20:31	12	44
	Michael CUNNINGHAM	00:21:04	21	44
3	Newbridge A.C.	47		
	Runner Name	Gross Time	Gross Points	Score
	Michael COYLE	00:19:37	5	47
	Patrick MALONE	00:20:16	10	47
	John CANNING	00:20:35	13	47
	Alan SAMMON	00:21:01	19	47
4	St. Abban's A.C.	53		
	Runner Name	Gross Time	Gross Points	Score
	John FENLON	00:19:08	1	53
	Colm BURKE	00:19:56	7	53
	Stephen HUNTER	00:19:59	8	53
	Liam BYRNE	00:21:57	37	53
5	Liffey Valley A.C.	75		
	Runner Name	Gross Time	Gross Points	Score
	Ciaran REILLY	00:20:29	11	75
	Arnaud BENJACAR	00:20:59	18	75
	Paul BALFE	00:21:03	20	75
	Mike GRIFFIN	00:21:29	26	75
6	Tullamore Harriers A.C.	164		
	Runner Name	Gross Time	Gross Points	Score
	Leonard MOONEY	00:21:35	29	164
	Darren BUTLER	00:21:52	34	164
	Leonard OWENS	00:21:58	38	164
	Basil CRONIN	00:24:43	63	164
7	Gowran A.C.	179		
	Runner Name	Gross Time	Gross Points	Score
	Simon O'DWYER	00:21:55	35	179
	John Paul COMERFORD	00:22:26	43	179
	Adrian CUNNINGHAM	00:23:17	48	179
	Lyndon BAECOE	00:23:50	53	179

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Runner Name	8	Naas A.C.	205	
Runner Name		Gross Time	Gross Points	Score
Breen MCMANUS		00:21:58	39	205
Liam GROGAN		00:23:05	47	205
Henry REID		00:24:20	58	205
Andrew HOLOHAN		00:24:37	61	205

OVER 50+ 3 TO SCORE

Runner Name	1	Slí Cualann 50+	98	
Runner Name		Gross Time	Gross Points	Score
Mick BYRNE		00:20:36	14	98
Dominic HORAN		00:21:41	32	98
Shay FAULKNER		00:23:47	52	98

Runner Name	2	Tullamore Harriers A.C. 50+	102	
Runner Name		Gross Time	Gross Points	Score
Christy DONEGAN		00:21:25	25	102
John DONEGAN		00:21:56	36	102
Brendan ABBOTT		00:22:13	41	102

Runner Name	3	Sportsworld A.C. 50+	169	
Runner Name		Gross Time	Gross Points	Score
Anthony GILLEN		00:23:27	49	169
Jim BROWNE		00:24:10	56	169
Liam LENEHAN		00:24:51	64	169

Runner Name	4	St. Abban's A.C. 50+	222	
Runner Name		Gross Time	Gross Points	Score
Francis FLEMING		00:23:52	54	222
Patrick HARDING		00:31:03	82	222
Dinny WHELAN		00:37:10	86	222

Runner Name	5	Gowran A.C. 50+	231	
Runner Name		Gross Time	Gross Points	Score
David FARRELL		00:25:55	70	231
Michael WALSH		00:29:13	80	231
James DELEHANTY		00:29:54	81	231

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County Results

Place	County Team	Gross Points	
1	Dublin	25	
Runner Name	Gross Time	Place(Cat)	Score
Karoldavid CRONIN	00:19:14	2	25
Declan POWER	00:19:19	3	25
Gareth MURRAN	00:20:01	9	25
Ciaran REILLY	00:20:29	11	25
2	Laois	39	
Runner Name	Gross Time	Place(Cat)	Score
John FENLON	00:19:08	1	39
Colm BURKE	00:19:56	7	39
Stephen HUNTER	00:19:59	8	39
Ciaran KEENAN	00:21:16	23	39
3	kildare	43	
Runner Name	Gross Time	Place(Cat)	Score
Michael COYLE	00:19:37	5	43
Patrick MALONE	00:20:16	10	43
John CANNING	00:20:35	13	43
Rob O'BRIEN	00:20:42	15	43
4	Wexford	43	
Runner Name	Gross Time	Place(Cat)	Score
Pedro CALVO	00:19:34	4	43
Myles GIBBONS	00:19:48	6	43
Joe LILLIS	00:20:49	16	43
Trevor CONROY	00:20:50	17	43
5	Offaly	164	
Runner Name	Gross Time	Place(Cat)	Score
Leonard MOONEY	00:21:35	29	164
Darren BUTLER	00:21:52	34	164
Leonard OWENS	00:21:58	38	164
Basil CRONIN	00:24:43	63	164
6	Kilkenny	179	
Runner Name	Gross Time	Place(Cat)	Score
Simon O'DWYER	00:21:55	35	179
John Paul COMERFORD	00:22:26	43	179
Adrian CUNNINGHAM	00:23:17	48	179
Lyndon BAECOE	00:23:50	53	179

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OVER 50+ COUNTY 3 TO SCORE

Place		Gross Points		
	1	Slí Cualann 50+	98	
Runner Name		Gross Time	Place(Cat)	Score
Mick BYRNE		00:20:36	14	98
Dominic HORAN		00:21:41	32	98
Shay FAULKNER		00:23:47	52	98
	2	Tullamore Harriers A.C. 50+	102	
Runner Name		Gross Time	Place(Cat)	Score
Christy DONEGAN		00:21:25	25	102
John DONEGAN		00:21:56	36	102
Brendan ABBOTT		00:22:13	41	102
	3	Sportsworld A.C. 50+	169	
Runner Name		Gross Time	Place(Cat)	Score
Anthony GILLEN		00:23:27	49	169
Jim BROWNE		00:24:10	56	169
Liam LENEHAN		00:24:51	64	169
	4	St. Abban's A.C. 50+	222	
Runner Name		Gross Time	Place(Cat)	Score
Francis FLEMING		00:23:52	54	222
Patrick HARDING		00:31:03	82	222
Dinny WHELAN		00:37:10	86	222
	5	Gowran A.C. 50+	231	
Runner Name		Gross Time	Place(Cat)	Score
David FARRELL		00:25:55	70	231
Michael WALSH		00:29:13	80	231
James DELEHANTY		00:29:54	81	231